



**Hot Meals**

- 1 Christian Outreach. 515 E. 3rd St, LB 90802 562-432-1440  
Breakfast: 7 days: 7-8AM. Dinner: M-F 4:30-5:30 PM Lunch: Sat. 11:30AM-1:00PM
- 2 Wherever He Goes. 1001 E. 3rd, LB 90802 562-331-4433 Breakfast: 3rd Sun. 8-10AM  
Beacon for Him. 439 W. Anaheim, LB 90813 562-591-2299  
Breakfast: Mondays 9AM-12PM.
- 3 Spiritual Truth East. 717 PCH, LB 90806 562-489-1017  
Snack/Lunch Monday and Thursday 11AM-3PM  
Urban Community Outreach Ctr. 241 Cedar Ave, LB 90802 562-582-1000  
Hot Meal Every Sunday 12:30PM-4:00PM
- 4 St. Francis Center. 1041 E. 7th St, LB 90813 562-434-3408 M-F Dinner: 5PM
- 5 Second Samoan Church. 655 Cedar Ave, LB 90802. 562-628-9282  
Dinner: Wed 6:00PM. Hot Lunch: 2nd/3rd/4th Monday 12:00PM
- 6 First Baptist. 1000 Pine Ave, LB 90813 Last Sun: Hot Meal, 2-3:30PM. 562-432-8447  
Samaritan House: LB Rescue Mission. 1335 Pacific Ave, LB 90813  
Hot Lunch: M-TH 12:00PM Hot Dinner: Every Day @ 5:30PM 562-591-1292
- 7 LB Friends Church. 850 Atlantic Ave, LB 90813 Dinner: Sunday , 5PM 562-437-1566
- 8 Catholic Charities. 123 E. 14th St, LB 90813 562-591-1351  
Sandwiches: Tuesday/Wednesday 10:00AM
- 9 St Luke's Episcopal Church. 525 E. 7th St. LB 90813 2nd/4th Saturday Lunch:  
11:00AM-1:00PM. 1st/3rd Saturday Breakfast: 8:00AM-11:00PM 562-436-4047
- 10 Calvary Baptist Church, 14722 Clark Ave, Bellflower 9070 562-925-3706  
Every Saturday: hot breakfast, clothes, and a shower

**Groceries and Food Banks**

- 1 N. Long Beach Ministry. 5239 Atlantic Ave, LB 90805 562-822-9957  
Friday 10AM-12:30PM Arrive 8AM-10AM for sign-up
- 2 West Side Baptist. 1490 W 23rd, LB 90810 562-426-2775  
4th Thursday 11AM-2PM
- 3 Iglesia Cristiana Emmanuel. 1309 E. 3rd St. LB 90802 562-225-7350  
2nd and Last Saturday 9AM-11AM
- 4 Calvary Chapel North LB. 5600 Linden Ave, LB 90805 562-422-1635  
2nd/4th Wednesday, 8:30AM
- 5 St. Gregory. 6201 Willow, LB 90815 562-420-1311  
1st Wednesday, 9:30AM-12PM Photo ID
- 6 Parkcrest Church. 3936 Woodruff, LB 90808 562-421-9374  
4th Thursday (not Nov/Dec) 10AM-11AM.
- 7 Stevenson Food Bank 515 Lime, LB 90802 562-674-8131 1st/3rd Friday 1:30-3:30PM
- 8 Salvation Army. 3092 Long Beach Blvd, LB 90807 562-247-3525  
Thursday (closed Dec) 11:30AM-11:45AM
- 9 First Baptist Church. 1000 Pine, LB 90813 562-432-8447 Mondays, 9:30AM-11AM.  
Latin American Center. 1330 Gundry LB 90813 562-570-4006  
2nd/4th Saturday, 9AM-12PM
- 10 Shalom Service Center. 2131 Long Beach Blvd, LB 90806 562-591-2214  
Monday-Friday 9AM-4:30PM
- 11 Centro Shalom. 2131 Long Beach Blvd, LB 90806 562-591-2214 T/TH 8AM-10AM.
- 12 Marian Outreach Center. 2344 Cota, LB 90810 562-989-1954  
Thursday 10AM-1:30PM
- 13 Carson Assembly of God. 4102 Cherry Ave, LB 90807 562-424-8412 Sun. 12:30-3PM.  
Christian Outreach in Action. 515 E. 3rd Street, LB 90801 562-432-1440  
Tuesday and Thursday 9AM-12PM.
- 14 Lutheran Social Services. 1611 Pine Ave, LB 90813 562-599-1321  
Monday, Tuesday, Thursday 10AM-12PM and 12:30PM-2PM Wed. 11AM-2PM.
- 15 Catholic Charities. 123 E. 14th St, LB 90813 562-591-1351  
Tuesday and Thursday 9:30AM-12PM. and 1:30PM-3PM
- 16 Grace Memorial Baptist. 1029 E. 19th St, LB 90813 562-591-4774  
1st/3rd Monday 9AM-12PM
- 17 Emmanuel Presbyterian 4017 E. 6th Street, LB 90814 562-439-8946  
3rd Saturday 9-11AM
- 18 7th St. Church. 668 N. Obispo Ave, LB 90814 562-434-3408  
4th Saturday 8:30AM-12:30PM and 10AM-12:30PM
- 19 HMHY (Help Me Help You). 2640 Santa Fe, LB 90810 562-674-8131  
2nd/4th Wednesday 1:30PM-3PM
- 20 Lakewood First United Methodist. 4300 Bellflower, Lakewood 90713 562-425-1219  
Saturdays 9AM-11AM
- 21 LBCC Student Health—Over the Counter Nutrition (protein bars/water).  
A1010 LAC and GG117 PPC. 562-938-4210. M-TH 8AM-5PM. F 8AM-12PM
- 22 Burns Community Center. 5510 Clark Ave, Lakewood 90712 562-925-7512  
If you call two days in advance, they will prepare a bag of groceries for you
- 23 Rosewood Christian Reformed. 10115 Rose St, Bellflower 90706 562-804-4778  
Fridays 3PM-4PM
- 24 Cityline Church Food Bank. 6236 Woodruff Ave, Lakewood 90713 562-925-0251  
Third Saturday of each Month. (Call for time)
- 25 California Outreach. 15929 Garfield Ave, Paramount 90723 714-927-7258  
Mondays @ 5PM
- 26 Cottonwood Church. 4505 Katella, Los Alamitos 90720 714-947-5300 Appt only.  
Sunday 9AM-11:45AM; Thursday 10:45AM-12:45PM; Wednesday 10AM-1:45PM
- 27 St. Isadore. Heart of the City. 10941 Reagan St, Los Alamitos, CA 90720 562-596-9918  
2nd/3rd Saturday. 8:00AM-11:00AM Food /clothing. Must show ID

Please note that all information is current as of October 2016. Please call resource listed to confirm services. LBCC Office of Student Affairs October 2016



	Sun	Mon	Tue	Wed	Thu	Fri	Sat
breakfast	1 2	1 3 18	1 15 4	1 13	1 12 23	19 1	1
	1 27	9 16 11	17 16 12 11	5 21 17 15	15 16 27	10	
lunch	8 5 7	23 4 9 7	11 3 9 23	11 9 11 6	4 9 11 3	9 11 23	1 12 28
			21	23 8 2		24	25
dinner	14 9 10	26 9 6 1	9 6 1	9 6 7 1	6 9 1	9 1	9

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