

St. Joseph Parish



ALL WE
HAVE.

— MATTHEW 14:17 —

EIGHTEENTH SUNDAY IN ORDINARY TIME

©LPI

6180 E. Willow Street Long Beach, CA 90815

T: (562) 594-4657 F: (562) 431-7424

Office Hours: Monday-Friday 9:00 a.m. to 4:00 p.m. (Closed Noon - 1:00 for lunch)

stjosephlb.org



Letter From Our Pastor

Dear Parish Family:

Welcome to the 18th Sunday in Ordinary Time! In this weekend's Gospel, the crowd of over 5,000 men, women and children all eat and were satisfied! All four Gospels narrate this important story. Jesus saw the large crowds and his heart was moved with pity for them. Jesus noticed them. You don't have to be a part of a large crowd for Jesus to notice you. The Lord knows you and sees you! Pray for the grace to recognize him in your life during these summer days!

Last weekend we celebrated our Mission Co-Operative Sunday. We were reminded that we serve as disciples of Jesus Christ, and we are called to proclaim the Gospel to the world. We welcomed Fr. John Bosco to Saint Joseph and your response to his message was overwhelming! The collection for the four Masses totaled over \$12,000.00 and much more has been coming in this week. Thank you for supporting the mission of Fr. John and the Church in the Diocese of Nyundo in Rwanda, Africa.

The Solemnity of the Assumption of Mary on August 15 is not a Holyday this year since it falls on a Saturday so there is no obligation.

As we continue to complete summer projects and upgrade our facilities, this coming week we are replacing the five main distribution panels in the school which supplies electricity to the buildings on campus. These are the original panels built in 1955, and they are old, rusted, corroded and dangerous. They need to be replaced and updated. Therefore, starting this Wednesday morning, the power will be shut off on campus and will remain turned off until sometime Friday. This will affect operations on campus including the following:

- No 8:00 a.m. Mass on Wednesday, August 5th in the Church.
- No First Friday Adoration on Friday, August 7th in the Church.
- All campus buildings including the Parish Life Center and parish offices will be closed Wednesday, August 5th thru Fri. August 7th.
- The School offices will also be closed the same days!

We apologize for the inconvenience and thank you for your patience and understanding as we complete this important project in the development and upgrade of our beautiful Saint Joseph's campus!

Summer Blessings,
Msgr. Kevin

Weekly Prayer

Sunday's Readings

First Reading:

Thus says the LORD:
All you who are thirsty,
come to the water! (Is 55:1)

Psalm:

The hand of the Lord feeds us; he answers all our needs. (Ps 145)

Second Reading:

For I am convinced that neither death, nor life,
nor angels, nor principalities,
nor present things, nor future things,
nor powers, nor height, nor depth,
nor any other creature will be able to separate us
from the love of God in Christ Jesus our Lord. (Rom 8:38-39)

Gospel:

Taking the five loaves and the two fish, and looking up to heaven,
he said the blessing, broke the loaves,
and gave them to the disciples,
who in turn gave them to the crowds. (Mt 14:19)

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The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997,
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Live The Liturgy Inspiration of the Week

When Jesus multiplied the loaves and fishes, he didn't create only what was needed — there were leftovers that could be saved and shared again. God is lavish in bestowing His grace upon us. He always gives enough to share.

Observances for the week of August 2, 2026

Sunday: 18th Sunday in Ordinary Time
Tuesday: St. John Vianney, Priest
Wednesday: The Dedication of the Basilica of St. Mary Major
Thursday: The Transfiguration of the Lord
Friday: St. Sixtus II, Pope, and Companions, Martyrs; St. Cajetan, Priest
Saturday: St. Dominic, Priest
Next Sunday: 19th Sunday in Ordinary Time



Virtues, Explained!

Respect, wrote the theologian Fr. Romano Guardini, is the “everyday form of reverence.” It is an admiration of the sacredness of a thing, and so respect for those made in God’s image flows naturally from our primary respect for God Himself.

Blessing of God’s Provision

Dear God,
Thank You for the ways You have always provided in the past, and be with us in these days as well. Bless our community — every family, every home, every person entrusted to our parish’s care. Provide for our needs — bodily, emotional, financial, mental, and spiritual — in Your holy and sacred name.
Amen.

Worship & Meditation

Readings for the week of August 2, 2026

Sunday:

Is 55:1-3/Ps 145:8-9, 15-16, 17-18/
Rom 8:35, 37-39/Mt 14:13-21

Monday:

Jer 28:1-17/Ps 119:29, 43, 79, 80, 95, 102/
Mt 14:22-36

Tuesday:

Jer 30:1-2, 12-15, 18-22/Ps 102:16-18, 19-21,
29, 22-23/Mt 14:22-36 or Mt 15:1-2, 10-14

Wednesday:

Jer 31:1-7/Jer 31:10, 11-12ab, 13/Mt 15:21-28

Thursday:

Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/
2 Pt 1:16-19/Mt 17:1-9

Friday:

Na 2:1, 3; 3:1-3, 6-7/Dt 32:35cd-36ab,
39abcd, 41/Mt 16:24-28

Saturday:

Hb 1:12-2:4/Ps 9:8-9, 10-11, 12-13/
Mt 17:14-20

Next Sunday:

1 Kgs 19:9a, 11-13a/Ps 85:9ab and 10, 11-12,
13-14/Rom 9:1-5/Mt 14:22-33



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Gospel Meditation

Encourage Deeper Understanding of Scripture

In his song, "Lose Yourself," the artist Eminem raps, **"the mood all changed."**

We all know that moment when the mood changes, when life turns from lighthearted to deadly serious. That happens in today's Gospel. Jesus has just heard that John the Baptist, his cousin, forerunner, and friend, has been murdered. As Matthew tells us, **"When Jesus heard of it, he withdrew in a boat to a deserted place by himself."** Until now, he had been teaching in parables and healing quietly. But John's death signals a new phase. The shadow of the Cross begins to fall. Evil shows its teeth.

And how does Jesus respond? Not with rage or despair. He goes to a lonely place to go into deep communion with his Father. From that silence comes action. He feeds the multitude. Out of grief comes generosity. Out of sorrow, life.

This is the rhythm of every disciple's life. When tragedy or violence breaks our hearts, we face a choice. We can react, or we can retreat into prayer — like and with Christ. This is the hidden place where pain becomes compassion and compassion becomes self-gift.

Lord Jesus, when life intensifies, draw me into Your quiet strength. In that hidden place with You and the Father, turn my heartbreak into the bread of love for the world. Amen.

— Father John Muir

SUNDAY, AUGUST 2, 2026 | 18TH SUNDAY IN ORDINARY TIME

©LPi

St. Joseph Parish
O.C.I.A.

“Come and see, come and hear”

Another opportunity: If you or someone you know is interested in hearing
about being a Catholic

THERE WILL BE AN OPPORTUNITY TO INQUIRE,
ASK QUESTIONS WITH SR.EVA

TUESDAY, AUGUST 18, 2026
7PM - 8PM

LOCATION:
PARISH LIFE CENTER

ALL ARE WELCOME!

Email: SREVA@GMAIL.COM





YOUTH EVENT LEADERSHIP TEAM

YOUTH MINISTRY

VOLUNTEERING

At St. Joseph Catholic Church, our youth ministry is growing, and we're looking for caring adults who want to make a difference in the lives of teens.

Just bring:

- ♥ A heart for youth
- ♥ A love for Christ
- ♥ A willingness to serve

Volunteer Opportunities:

- Event Helpers
- Retreat Chaperones
- Hospitality & Snacks
- Small Group Leaders
- Preparing Arts & Crafts Activities
- Games & Social Time
- Youth - Led Devotionals
- Outreach Opportunities



CALL: (562)598-0519 EXT 2
EMAIL: LIZ@STJOSEPHLB.ORG

ST. JOSEPH PARISH
LONG BEACH

HIGH SCHOOL CONFIRMATION PROGRAM



SESSIONS: BI-WEEKLY

MOST HOLIDAY WEEKENDS OFF

TIME: 11:00AM - 12:15PM

MASS AS A CLASS: 12:30PM - 1:30PM

SCAN TO REGISTER!



**VISIT OUR WEBSITE TO
REGISTER TODAY!**

**ENROLLING
NOW!**



ST.JOSEPHYM

WWW.STJOSEPHLB.ORG
(562)598-0519 EXT 2



ST. JOSEPH CHURCH

YOUNG ADULT MINISTRY

COMING SOON IN AUGUST!

AGES: 18 - 25

KNOW SOMEONE WHO'S INTERESTED?
Come and See!

Sunday, August 23, 2026

Location:

St. Joseph Center - Meeting Room @11:00AM

(Followed by 12:30PM Mass together)

INFORMATION: LIZ@STJOSEPHLB.ORG

ST. JOSEPH PARISH

Parish Office

CLOSED

for Scheduled Maintenance



WEDNESDAY,
AUGUST 5
through
FRIDAY,
AUGUST 7



We will reopen on
MONDAY, AUGUST 10
at our usual business hours.

Thank you for your understanding and support!

TEE OFF FOR THE HEART

20TH ANNUAL
DON GATH & JEAN BARBAZETTE
MEMORIAL GOLF TOURNAMENT

CELEBRATING AMERICA'S
★ ★ ★ 250TH ★ ★ ★

WEDNESDAY SEPTEMBER 16, 2026

EL DORADO PARK GOLF COURSE
2400 N. STUDEBAKER RD.
LONG BEACH, CA 90815

Golf. Give. Change Lives.

Enjoy a day of golf,
community, and impact
supporting mothers
and babies in need.



Precious Life Shelter

562-431-5025
preciouslifeshtelter.org
P.O. Box 414
Los Alamitos, CA 90720
plsinfo@preciouslifeshtelter.org



Register Today

Precious Life Shelter
Saving Babies, One Mother At A Time
Precious Life Shelter is a
501 (c) 3 private, non-profit agency.
Our Federal Tax ID number is
51-0187577.

NATURAL FAMILY PLANNING

Designed by God
Guided by Love
Open to Life

NFP celebrates God's
design for married love
and the gift of life.



An educational campaign
of the United States
Conference of Catholic Bishops

NFP RESEARCH REVEALS MANY SPIRITUAL AND HUMAN BENEFITS:



Improved
Couple
Communication



Lower
Divorce
Rates



More
Openness
to Life

A woman can gain a deeper knowledge of her reproductive health when charting her fertility. This information can be used by physicians to catch root causes of issues that may harm a woman's fertility.



*Live God's Plan.
Love with Confidence.*

FOR MORE INFORMATION
OR TO REGISTER FOR A CLASS:

Greg and Beth Gath
562-377-5877
bethgath@gmail.com
www.ccli.org

"God's plan for married love is total, faithful, and fruitful." – Pope St. John Paul II



“Be the change you want to see in the world.” -Mahatma Gandhi

Aug. 15-16 Food from the Heart: Collecting food for families and homeless served by Catholic Charities of Long Beach.

Essential Home Furnishings: We have a vibrant ministry to provide home furnishings requested by families in need. We are currently seeking queen beds, dressers, sofas, and funds for appliance repairs. Non-profit donation receipts are available. Can you help? For many opportunities to serve, call Tim Clark, (562) 431-4385.

YOU ARE INVITED TO

WELCOME

CHRIST RENEWS HIS PARISH

A PARISH RETREAT WEEKEND
at St. Joseph Church

TAKE THIS OPPORTUNITY TO GROW IN YOUR FAITH
AND BUILD LASTING FRIENDSHIPS IN OUR PARISH COMMUNITY.

**WOMEN'S
RETREAT WEEKEND**

OCTOBER 10 & 11, 2026

Women's retreat full and taking waitlist only.

**MEN'S
RETREAT WEEKEND**

OCTOBER 24 & 25, 2026

NO COST • MEALS INCLUDED • SPACE LIMITED

➤ SIGN UP NOW! ➤

Scan the QR Code
or visit
stjosephlb.org/welcome-christ-renews/#register

Did You Know?

Domestic Violence and Children

Understanding the Impact.
Offering Hope. Building a Safer Future.

AWARENESS. COMPASSION. HEALING.
Together, we can break the cycle.

Join us for the Retreat
Cosmic Fire/Human Heart:
A Spiritual Journey with Saint Hildegard and Dom Hélder Câmara

September 12th, 9 am - 5 pm
Monrovia, California

Flavio José Rocha and Kathleen Bond, Maryknoll Lay Missioners
& Social Educators

Learn More and Register
hmenton@aol.com

Domestic violence and child abuse

Children can suffer from short- and long-term consequences of growing up in a home with domestic violence. The State of California has laws in place to protect children against physical, verbal, and emotional violence done in any home. Any safe adult with a reasonable concern that a child is witnessing domestic violence or being harmed in his or her home, should report to Child Protective Services (CPS) or the appropriate authorities to have the situation investigated for the child's safety. For more information, read the VIRTUS® article "Domestic Violence: Part 1" at lacatholics.org/did-you-know.

St. Joseph Senior Group Meeting

The next meeting will be on
Monday, August 10
 in the beautiful new
St. Joseph Center!

Activities from 10:00 am to 1:30 pm!

Join us for an
ICE CREAM Social!
 Cool Treats,
 Great Friends &
 Good Times!

Everyone will enjoy delicious ice cream!

Bingo, Poker, Card Games, Mexican Train & More!

Bring One, Take One Table of Books & Puzzles!

50/50 Raffle Tickets Available!

Bring Your Brown Bag Lunch!
 Coffee, Tea, Water & Goodies Provided!

We look forward to seeing all our members and new friends who would like to join us!

Annual Dues: \$20

Any questions?
 Contact Marilyn North (562) 519-0154



Patti Outwater

Funeral Mass at St. Joseph Parish
 Saturday, August 8th at 9:30 am

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

May the souls of all the faithful departed, through the mercy of God, rest in peace.

~Amen~

GriefShare®

GRIEF SHARE
Starts
AUGUST 4!

GriefShare is a caring community for anyone navigating the journey of grief.

You don't have to go through grief alone. GriefShare is a safe place to find understanding, encouragement, and hope—while walking alongside others who truly care.

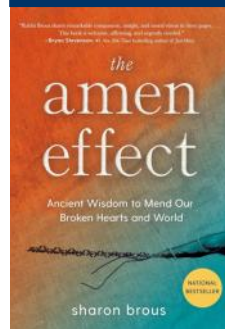
We're here for you.
 We're in this together.

Our next 13-week session begins
Tuesday, August 4

You don't have to go through grief alone. We're here for you.
 HOPE • HEALING • ENCOURAGEMENT

We look forward to walking alongside you on your grief journey.
griefshare.org

Book Club



Our next Book Club meeting is
Wednesday, August 19th at 7pm on Zoom

The Amen Effect: Ancient Wisdom to Mend Our Broken Hearts and World by Sharon Brous.

From one the most prominent rabbis in Los Angeles, an inspiring book about what it will take, in a time of loneliness and isolation, social rupture and alienation, to mend our broken hearts and rebuild our society.

All are welcome. For more info, email
agoodlife@msn.com

Parish Directory

PASTOR: MSGR. KEVIN KOSTELNIK

stjoseph@stjosephlb.org

Deacon Shane Cuda		sfcuda@yahoo.com
Deacon Tom Halliwell		dcntom@stjosephlb.org
Deacon Joe Lumsdaine		deaconcouple@gmail.com
Sr. Eva (Director of Adult Faith Formation)		sreva@stjosephlb.org
Office Manager	Brenda Pineda	(562) 594-4657
Office Assistant	Joyce Castaneda	(562) 594-4657
Pastoral Council	Shelley Padilla	(562) 594-4657
Finance Council	George Zuluaga	Zuluaga@aol.com
Safeguard The Children	Parish Office	(562) 594-4657
Parish Bulletin Editor	Brenda Pineda	bulletin@stjosephlb.org
Website Coordinator	Mike Santy	mike@stjosephlb.org

St. Joseph School: Margaret Alvarez, Principal

(562) 596-6115 **sjknights.net** Fax: (562) 596-6725
 Assistant Principal: Madison Alba

Religious Education: Marc Leon, DRE

(562) 598-0519 **marc@stjosephlb.org**
 Administrative Assistant: Michelle Johnson (562) 598-0519
 High School Ministry & Confirmation: Liz Moreno (562) 598-0519
 OCIA: Sr. Eva sreva@stjosephlb.org (562) 598-0519

Parish Ministries & Organizations

Baptism Preparation	Brenda Pineda	(562) 594-4657
Director of Music	Vivian Doughty	(562) 594-4657
Eucharistic Ministry	Tonet Risko	riskotonet@yahoo.com
Lectors	Steve Koppenheffer	lectorsstjosephlb@gmail.com
Esther Ministry	Virginia Young	estherministry1@gmail.com
Hospitality Ministry	Deborah Rollinger	(562) 594-4657
Movement For A Better World	Tim Clark	(562) 431-4385
Senior Group	Donna Luciene	(562) 810-5244
Knights Of Columbus	Marty Vezzetti	(702) 401-5247
Natural Family Planning	Greg & Beth Gath	(562) 377-5877
Boy Scouts	Jeff Baer	(562) 537-6722
Sacristans	Joe Dang	(562) 431-1876
Homebound Ministry	Patty Brunter	pjbstampin@aol.com
Bereavement Ministry	May Pace	(562) 833-6370
Cursillo	Tom & Marie Newton	tjn8343@gmail.com
Parish Fair	Pete Wroblicky	sjspringfair@gmail.com
Environment	Jessica Gil	bpax.g4@gmail.com
Altar Servers	Monica Wissuchek	stjfamilyaltarserver@gmail.com
Welcome CRHP	Diane Ohde	stjlbwelcome@gmail.com
Book Club	Mary Anne Silvestri	agoodlife@msn.com
Meditation	Frank McKown	frmckown@gmail.com

Mass Schedule

Saturday Vigil

5:00 p.m.

Sunday

Mass on the Grass

Outdoors

8:30 a.m.

Indoor Mass

10:30 a.m.

12:30 p.m.

Daily Mass (M-W)

8:00 a.m.

Reconciliation

Saturdays

3:45-4:30 p.m.

Adoration

First Fridays

8:00-9:00 a.m.

Third Tuesdays

7:00-8:00 p.m.

