

# St. Joseph Parish



**RECEIVE**  
THE HOLY SPIRIT.

— JOHN 20:22 —

PENTECOST SUNDAY

©LPI

6180 E. Willow Street Long Beach, CA 90815

T: (562) 594-4657 F: (562) 431-7424

Office Hours: Monday-Friday 9:00 a.m. to 4:00 p.m. (Closed Noon - 1:00 for lunch)

[stjosephlb.org](http://stjosephlb.org)



## Letter From Our Pastor

Dear Parish Family:

**HAPPY PENTECOST! COME HOLY SPIRIT! WEAR RED TO MASS THIS PENTECOST WEEKEND!!** In the Gospel narrative, Jesus' Resurrection happened not on the third day, but on the first day of the New Creation. Pentecost is often celebrated as the Birthday of the Church. This first day is when Jesus breathed His Spirit into the disciples and God continues to breathe His Spirit into us. May the Spirit help each of us discern the gifts that are made known in our lives through our love and service of others. Let's pray that the real renewal of the Holy Spirit today will lead to greater unity and charity among all people!!

This weekend you will see a large cross with numerous envelopes attached to the wood of the cross. We are preparing homeless kits for distribution on the fifth Sunday of the month. If you take an envelope, please go shopping this week and fill up with small basic toiletry articles and you will see the list of items needed. Please return it next Sunday. Thank you for taking care of the homeless.

As we enter the season of graduations, we applaud and lift up to the Lord all the graduates of Saint Joseph's community. Whether they graduated in eighth grade, high school or college, may the Lord bless their accomplishments and guide them to fulfill the Lord's will and plan in their young lives.

Memorial Day weekend is the traditional start of summer and let's remember the purpose of this weekend is to honor and mourn all the U.S. Military personnel who died while serving in the Armed Forces. May they rest in peace!

Blessings,  
Msgr. Kevin



# Weekly Prayer

## Sunday's Readings

### First Reading:

Then there appeared to them tongues as of fire,  
which parted and came to rest on each one of them.  
And they were all filled with the Holy Spirit. (Acts 2:3-4)

### Psalm:

Lord, send out your Spirit, and renew the face of the earth. (Ps 104)  
Or Alleluia.

### Second Reading:

As a body is one though it has many parts,  
and all the parts of the body, though many, are one body,  
so also Christ. (1 Cor 12:12)

### Gospel:

Jesus said to them again, "Peace be with you.  
As the Father has sent me, so I send you." (Jn 20:21)

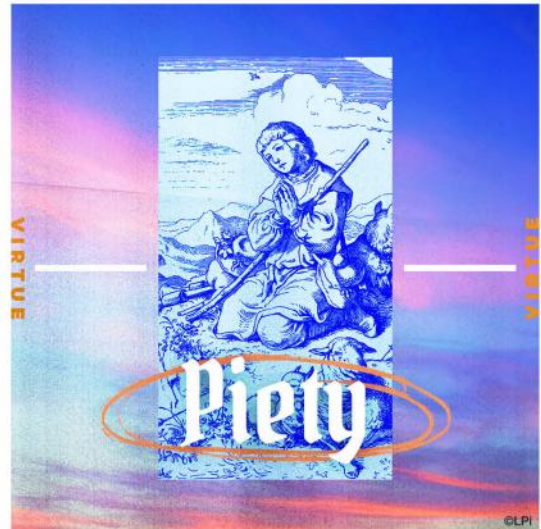
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## Live The Liturgy Inspiration of the Week

Today, Jesus calls the Holy Spirit "the Advocate." The Latin for lawyer is "advocatus." Like a lawyer, the Holy Spirit defends us. The Holy Spirit guides us. So, when you're in trouble, don't forget: ask for your lawyer, and do what he tells you.

## Observances for the week of May 24, 2026

<b>Sunday:</b>	Pentecost Sunday
<b>Monday:</b>	Blessed Virgin Mary, Mother of the Church; <i>Memorial Day</i>
<b>Tuesday:</b>	St. Philip Neri, Priest
<b>Wednesday:</b>	St. Augustine of Canterbury, Bishop
<b>Friday:</b>	St. Paul VI, Pope
<b>Next Sunday:</b>	The Most Holy Trinity



## Virtues, Explained!

"Piety denotes the reverence which we give to our faith and to our country," writes St. Thomas Aquinas. "And since God is the Father of all, the worship of God is also called piety."

## Pentecost Prayer

Come Holy Spirit,  
Descend upon us and fill us with the  
fire of Your love!  
Remind us of Your dreams for us,  
ignite us with new zeal,  
place new visions on our hearts,  
and the grace to work alongside You.  
Amen.

# Worship & Meditation

## Readings for the week of May 24, 2026

### Sunday:

**Vigil:** Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/Ps 104:1-2, 24 and 35, 27-28, 29b-30/Rom 8:22-27/Jn 7:37-39 or, for the **Extended Vigil:** Gn 11:1-9/ Ex 19:3-8a, 16-20b/Ez 37:1-14/Jl 3:1-5/ Rom 8:22-27/ Jn 7:37-39 (see Lectionary for Mass Supplement, 62) **Day:** Acts 2:1-11/Ps 104:1 and 24, 29-30, 31 and 34/ 1 Cor 12:3b-7, 12-13/Jn 20:19-23

### Monday:

Gn 3:9-15, 20 or Acts 1:12-14/Ps 87:1-2, 3 and 5, 6-7/Jn 19:25-34

### Tuesday:

1 Pt 1:10-16/ Ps 98:1, 2-3ab, 3cd-4/ Mk 10:28-31

### Wednesday:

1 Pt 1:18-25/ Ps 147:12-13, 14-15, 19-20/ Mk 10:32-45

### Thursday:

1 Pt 2:2-5, 9-12/ Ps 100:2, 3, 4, 5/ Mk 10:46-52

### Friday:

1 Pt 4:7-13/ Ps 96:10, 11-12, 13/Mk 11:11-26

### Saturday:

Jude 17, 20b-25/ Ps 63:2, 3-4, 5-6/ Mk 11:27-33

### Next Sunday:

Ex 34:4b-6, 8-9/Dn 3:52, 53, 54, 55, 56/ 2 Cor 13:11-13/Jn 3:16-18



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

*"He breathed on them and said to them, 'Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained.'" (John 20:22-23)*

For those of us who go to confession regularly, there is often a familiar frustration: "Why do I keep confessing the same sins?" It can feel like a loop, cleansed but unchanged.

Pentecost reveals a hopeful perspective. When the Risen Jesus breathes on his ashamed and fearful disciples and gives them the Holy Spirit, he echoes Genesis, when God breathes life into Adam. This is not just primarily the removal of guilt, but new creation.

In confession, we receive more than forgiveness. We receive a fresh outpouring, the breath of the Spirit, and a renewed mission. Jesus does not say to us, "You're forgiven, now go back to your old life." He says, so to speak, **"As the Father has sent me, so I send you."** (John 20:21)

That is why penance is not just saying a few prayers. It is reorientation. It is the Spirit summoning us to live differently: with mercy and healing.

Just as Adam was sent into the world, and the Apostles were sent out after Pentecost, so too we are sent from the confessional — not just clean, but consecrated.

**Pentecost Challenge:** After your next confession, ask the Holy Spirit for one way you can participate in Christ's healing will for you. Then take one small, concrete step, and do not look back.

— *Father John Muir*

SUNDAY, MAY 24, 2026 | PENTECOST SUNDAY

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# VACATION BIBLE CAMP



**This camp is open to kids grades TK-5th**

**When: June 22nd- June 26th 2026**

**Where: St. Joseph Church  
6180 E Willow St. Long Beach Ca 90815**

**Time: 9:00am to 12 noon.**

**Cost: \$75**



**To register, scan the QR code for an easy process! For any questions please contact: Marc Leon - (562)598-0519 Ext 1**

"Grab your hiking boots and take a step through the misty air of Rainforest Falls, overflowing with wild waterfalls, towering trees, and colorful creatures. Beneath a canopy of chattering birds and howling monkeys, kids plunge into a lifelong adventure of discovering the nature of God. They'll explore what it means to be rooted in relationship with God, their creator, a refuge in life's storms.

**This is a community event hosted by:**

- St. Joseph
- St. Cornelius
- Our Lady of Refuge

ST. JOSEPH PARISH  
LONG BEACH

# HIGH SCHOOL CONFIRMATION PROGRAM



**SESSIONS: BI-WEEKLY**

**MOST HOLIDAY WEEKENDS OFF**

**TIME: 11:00AM - 12:15PM**

**MASS AS A CLASS: 12:30PM - 1:30PM**

**SCAN TO REGISTER!**



**VISIT OUR WEBSITE TO  
REGISTER TODAY!**

**ENROLLING  
NOW!**



ST.JOSEPHYM

**WWW.STJOSEPHLB.ORG**

**(562)598-0519 EXT 2**



YOUTH EVENT LEADERSHIP TEAM

# YOUTH MINISTRY **VOLUNTEERING**

At St. Joseph Catholic Church, our youth ministry is growing, and we're looking for caring adults who want to make a difference in the lives of teens.

Just bring:

- ♥ A heart for youth
- ♥ A love for Christ
- ♥ A willingness to serve

## **Volunteer Opportunities:**

- Event Helpers
- Retreat Chaperones
- Hospitality & Snacks
- Small Group Leaders
- Preparing Arts & Crafts Activities
- Games & Social Time
- Youth - Led Devotionals
- Outreach Opportunities

**CALL: (562)598-0519 EXT 2**  
**EMAIL: LIZ@STJOSEPHLB.ORG**



# LOVE *is a* TRANSFORMATIVE FORCE

Movement For A Better World



“Let us love God, but let it be with the strength of our arms and the sweat of our brows.” -St. Vincent de Paul

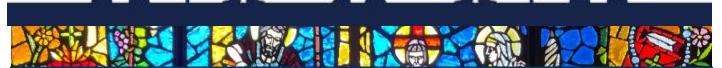
**May 30-31 Homeless Kit Drive:** Take a shopping list *today* and return next week! Provide daily necessities to people experiencing homelessness. Travel sizes work best! Oversized items are put to good use in other ways.

Can you help receive, inspect, and store kits? For these and many other opportunities, call Tim Clark (562) 431-4385.



PARISH OFFICE IS  
CLOSED ON MONDAY  
IN HONOR OF  
**MEMORIAL DAY**

REMEMBER & HONOR

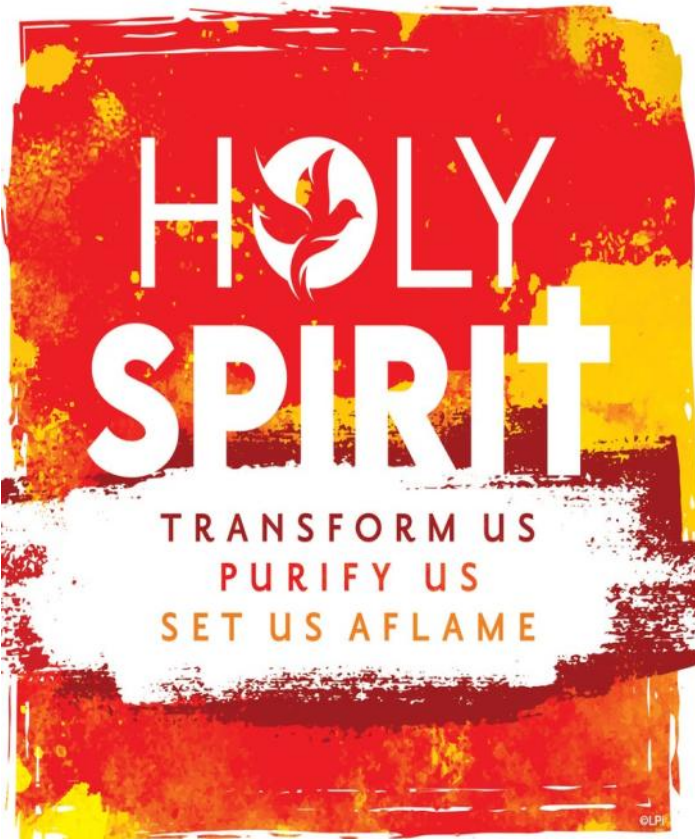


## Did You Know?



### Digital Safety Video Series

The National Center for Missing & Exploited Children debuted a new video series called Into the Cloud™ discussing online safety for children. The video series presents digital safety lessons in a fun and age-appropriate manner including strategies for handling cyberbullying, recognizing and reporting unsafe/inappropriate interactions and content, and preventing online exploitation. To watch the series in both English and Spanish visit [missingkids.org/netsmartz/intothecloud](https://missingkids.org/netsmartz/intothecloud).



# St. Joseph Senior Group Meeting

The next meeting will be on  
**Monday, June 8** in the beautiful new  
**St. Joseph Center!**

**Activities from 10:00 am to 1:30 pm!**



**Bingo, Poker,  
Card Games,  
Mexican Train  
& More!**

**Bring One, Take One Table of Books & Puzzles!**



**50/50  
Raffle Tickets  
Available!**

**Trip Info &  
Schedules  
Available!**

**Bring Your Brown Bag Lunch!**

**Coffee, Tea, Water  
& Goodies Provided!**

We look forward to seeing all our members and  
new friends who would like to join us!

**Annual Dues: \$20**

## IMPORTANT NOTICE

There will not be a meeting  
of the Senior Group on  
May 25 because of Memorial Day.  
The next Senior Group  
meeting will be on **June 8**.



Any questions?  
Contact Marilyn North (562) 519-0154

## Meditation



St. Joseph's Meditation Group currently meets every Tuesday evening at 7:00PM via Zoom. Our weekly session is based on the teachings of Fr.

John Main, OSB. Meditation is an age-old Christian practice and open to everyone. No experience is required and beginners are welcome.

For more information, contact Frank McKown at (310) 633-1744 or [frmckown@gmail.com](mailto:frmckown@gmail.com)

# ALL SOULS CATHOLIC CEMETERY

4400 Cherry Ave ~ Long Beach  
(562)424-8601

## MEMORIAL DAY MASS

★ Monday, May 25, 2026 ★

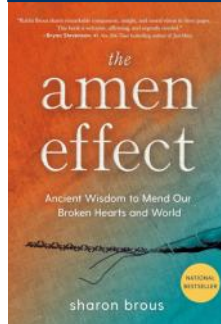
**10:00 a.m.**

*Principal Celebrant*

**Bishop Marc Trudeau,  
D.D., V.G.**

**ALL ARE WELCOME!**

## Book Club



Our next Book Club meeting is Wednesday, August 19th at 7pm on Zoom

**The Amen Effect: Ancient Wisdom to Mend Our Broken Hearts and World** by Sharon Brous.

From one of the most prominent rabbis in Los Angeles, an inspiring book about what it will take, in a time of loneliness and isolation, social rupture and alienation, to mend our broken hearts and rebuild our society.

All are welcome. For more info, email [agoodlife@msn.com](mailto:agoodlife@msn.com)



AR - DE - EN - ES - FR - HR - IT - PL - PT - ZH\_TW

LEO XIV

## **GENERAL AUDIENCE**

*Saint Peter's Square*  
*Wednesday, 20 May 2026*

[**Multimedia**]

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### **Initial Greeting of the Holy Father to His Holiness Aram I, Catholicos of Cilicia**

In the name of the Father, and of the Son, and of the Holy Spirit. Peace be with you.

Brothers and sisters, I am very happy to welcome His Holiness Aram I, Catholicos of Cilicia of the Armenian Apostolic Church, together with the distinguished delegation accompanying him. This fraternal visit represents an important opportunity to strengthen the bonds of unity that already exist between us, as we move towards full communion between our Churches.

Your Holiness, in these days when we prepare for Pentecost, I invoke the grace of the Holy Spirit upon your pilgrimage to the tombs of the Apostles Peter and Paul, and I invite all those present to pray fervently to the Lord that your visit and meetings may constitute a further step on the path towards full unity. Let us also pray for peace in Lebanon and the Middle East, once again torn apart by violence and war.

Your Holiness, I wish to express my particular gratitude for your constant personal commitment to ecumenism, especially to the international theological dialogue between the Catholic Church and the Oriental Orthodox Churches.

Welcome, Your Holiness, dear bishops and dear friends! Together, let us invoke the intercession of Saint Gregory the Illuminator, Saint Gregory of Nareg, Saint Nerses the Gracious and, above all, the Virgin Mother of God, that they may enlighten our path towards the fullness of that unity we all desire.

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**Catechesis. The Documents of the Second Vatican Council. III. Constitution Sacrosanctum Concilium. 1. The liturgy in the mystery of the Church**

*Dear brothers and sisters, good morning and welcome!*

Today we are beginning a new series of catecheses on the first Document issued by the Second Vatican Council: the Constitution on the sacred liturgy, *Sacrosanctum Concilium* (SC).

In drafting this Constitution, the Council Fathers sought not only to undertake a reform of the rites, but to lead the Church to contemplate and deepen that living bond which constitutes and unites her: the mystery of Christ. Indeed, the liturgy touches the very heart of this mystery: it is at once the space, the time and the context in which the Church receives her very life from Christ. For in the liturgy, “the work of our redemption is accomplished” (SC, 2), which makes us a chosen lineage, a royal priesthood, a holy nation, a people whom God has acquired for Himself (cf. 1 Pet 2:9).

As manifested by the threefold renewal – biblical, patristic and liturgical – that the Church underwent through the course of the twentieth century, the Mystery in question does not designate an obscure reality, but God’s salvific plan, hidden from all eternity and revealed in Christ, according to Saint Paul’s affirmation (cf. Eph 3:2-6). Here, then, is the Christian Mystery: the Paschal event, that is to say, the passion, death, resurrection and glorification of Christ, which is made sacramentally present to us precisely in the liturgy, so that every time we take part in the assembly gathered “in his name” (cf. Mt 18:20) we are immersed in this Mystery.

Christ Himself is the inner source of the mystery of the Church, the holy people of God, born from His side pierced on the cross. In the holy liturgy, through the power of His Spirit, He continues to act. He sanctifies and unites the Church, His bride, to His offering to the Father. He exercises His utterly unique priesthood, He who is present in the proclaimed Word, in the sacraments, in the ministers who celebrate, in the gathered community and, in the highest degree, in the Eucharist (cf. *SC*, 7). Thus, according to Saint Augustine (cf. *Sermon*, 272), in celebrating the Eucharist the Church receives the Body of the Lord and becomes what she receives: she becomes the Body of Christ, "a dwelling place of God in the Spirit" (*Eph* 2:22). This is the "work of our redemption", which conforms us to Christ and builds us up in communion.

In the holy liturgy, this communion is achieved through "rites and prayers" (*SC*, 48). The rituality of the Church expresses her faith – in accordance with the familiar saying *lex orandi, lex credendi* – and at the same time shapes ecclesial identity: the proclaimed Word, the celebration of the Sacrament, the gestures, the silences, the space – all this represents and gives form to the people gathered by the Father, the Body of Christ, the Temple of the Holy Spirit. Every celebration thus becomes a true epiphany of the Church in prayer, as Saint John Paul II recalled (Apostolic Letter *Vicesimus quintus annus*, 9).

If the liturgy is at the service of the mystery of Christ, one understands why it has been defined as "the summit toward which the activity of the Church is directed ... the font from which all her power flows" (*SC*, 10). It is true that the action of the Church is not limited to the liturgy alone; however, all her activity (preaching, service to the poor, the accompaniment of human realities) converges towards this "summit". Conversely, the liturgy sustains the faithful by immersing them ever and anew in the Pasch of the Lord and thus, through the proclamation of the Word, the celebration of the sacraments and communal prayer, they are refreshed, encouraged and renewed in their commitment to faith and in their mission. In other words, the participation of the faithful in the liturgical action is at once "internal" and "external".

This also means that it is called to unfold in a tangible way throughout daily life, in an ethical and spiritual dynamic, so that the liturgy celebrated is translated into life and demands a faithful existence, capable of making concrete what has been experienced in the celebration: it is in this way that our life becomes a "living sacrifice, holy and acceptable to God", fulfilling our "spiritual worship" (*Rom* 12:1).

In this way, "the liturgy daily builds up those who are within into a holy temple of the Lord (1 Cor, 2), and forms an open community, welcoming to all. Indeed, it is inhabited by the Holy Spirit, it introduces us into the life of Christ, it makes us His Body and, in all its dimensions, it represents a sign of the unity of the entire human race in Christ. As [Pope Francis](#) said, "the world still does not know it, but everyone is invited to the supper of the wedding of the Lamb (Rev 19:9)" (Apostolic Letter *Desiderio desideravi*, 5).

Dear friends, let us allow ourselves to be shaped inwardly by the rites, symbols, gestures and above all the living presence of Christ in the liturgy, which we will have the opportunity to explore in the coming Catecheses.

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### **Special greetings:**

I greet this morning all the English-speaking pilgrims and visitors taking part in today's Audience, particularly the groups from England, Ireland, Tanzania, India, Japan, Malaysia, the Philippines, Vietnam, Canada and the United States of America, as well as the Patrons of the Arts in the Vatican Museums from Canada. Upon all of you, and upon your families, invoke the joy and peace of the risen Jesus! God bless you!

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### **Summary of the Holy Father's words:**

Dear Brothers and Sisters, as we continue our series of catecheses on the Second Vatican Council, today we consider the Dogmatic Constitution on the Sacred Liturgy, *Sacrosanctum Concilium*. This document teaches that the liturgy immerses us in the mystery of Christ's passion, death, resurrection and glorification. Through liturgical rites and prayers, and by the power of the Spirit, Jesus exercises his priesthood and sanctifies the Church, his spouse, uniting her to his own oblation to the Father. Indeed, Christ is present in the word that is proclaimed, in the sacraments, in the ministers, in the community, and most of all in the Eucharist. Let us allow ourselves to be shaped from within by the rites, symbols, gestures and above all by the living presence of Christ in the liturgy, which we will have further opportunity to explore.

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# Parish Directory

**PASTOR: MSGR. KEVIN KOSTELNIK**

*stjoseph@stjosephlb.org*

<b>Deacon Shane Cuda</b>		sfcuda@yahoo.com
<b>Deacon Tom Halliwell</b>		dcntom@stjosephlb.org
<b>Deacon Joe Lumsdaine</b>		deaconcouple@gmail.com
<b>Sr. Eva</b> (Director of Adult Faith Formation)		sreva@stjosephlb.org
Office Manager	Brenda Pineda	(562) 594-4657
Office Assistant	Joyce Castaneda	(562) 594-4657
Pastoral Council	Shelley Padilla	(562) 594-4657
Finance Council	George Zuluaga	Zuluaga@aol.com
Safeguard The Children	Parish Office	(562) 594-4657
Parish Bulletin Editor	Brenda Pineda	bulletin@stjosephlb.org
Website Coordinator	Mike Santy	mike@stjosephlb.org

**St. Joseph School: Margaret Alvarez, Principal**

(562) 596-6115      [sjknights.net](http://sjknights.net)      Fax: (562) 596-6725  
 Assistant Principal:      Madison Alba

**Religious Education: Marc Leon, DRE**

(562) 598-0519      [marc@stjosephlb.org](mailto:marc@stjosephlb.org)

Administrative Assistant:      Michelle Johnson      (562)596-6115  
 High School Ministry & Confirmation:      Liz Moreno      (562) 596-6115  
 OCIA:      Sr. Eva      sreva@stjosephlb.org      (562) 596-6115

**Parish Ministries & Organizations**

Baptism Preparation	Brenda Pineda	(562) 594-4657
Director of Music	Vivian Doughty	(562) 594-4657
Eucharistic Ministry	Tonet Risko	riskotonet@yahoo.com
Lectors	Steve Koppenheffer	lectorsstjosephlb@gmail.com
Esther Ministry	Virginia Young	estherministry1@gmail.com
Hospitality Ministry	Deborah Rollinger	(562) 594-4657
Movement For A Better World	Tim Clark	(562) 431-4385
Senior Group	Donna Luciene	(562) 810-5244
Knights Of Columbus	Marty Vezzetti	(702) 401-5247
Natural Family Planning	Greg & Beth Gath	(562) 377-5877
Boy Scouts	Jeff Baer	(562) 537-6722
Sacristans	Joe Dang	(562) 431-1876
Homebound Ministry	Patty Brunter	pjbstampin@aol.com
Bereavement Ministry	May Pace	(562) 833-6370
Cursillo	Tom & Marie Newton	tjn8343@gmail.com
Parish Fair	Pete Wroblicky	sjspringfair@gmail.com
Environment	Jessica Gil	bpax.g4@gmail.com
Altar Servers	Monica Wissuchek	stjfamilyaltarservers@gmail.com
Welcome CRHP	Diane Ohde	stjlbwelcome@gmail.com
Book Club	Mary Anne Silvestri	agoodlife@msn.com
Meditation	Frank McKown	frmckown@gmail.com

## Mass Schedule

**Saturday Vigil**

**5:00 p.m.**

**Sunday**

**Mass on the Grass  
Outdoors**

**8:30 a.m.**

**Indoor Mass**

**10:30 a.m.**

**12:30 p.m.**

**Daily Mass (M-W)**

**8:00 a.m.**

## Reconciliation

**Saturdays**

**3:45-4:30 p.m.**

## Adoration

**First Fridays**

**8:00-9:00 a.m.**

**Third Tuesdays**

**7:00-8:00 p.m.**

