

# St. Joseph Parish



RAISED HIS EYES TO  
**HEAVEN.**

— JOHN 17:1 —

SEVENTH SUNDAY OF EASTER

6180 E. Willow Street Long Beach, CA 90815

T: (562) 594-4657 F: (562) 431-7424

Office Hours: Monday-Friday 9:00 a.m. to 4:00 p.m. (Closed Noon - 1:00 for lunch)

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# Letter From Our Pastor

Dear Parish Family:

Welcome to the Ascension of the Lord! Over two decades ago, many Archdioceses in this country transferred the Feast from Thursday to the following Sunday in order that we the faithful could celebrate the fullness of the Pascal Mystery: the suffering, death, Resurrection, and Ascension of the Lord. According to Scripture, the Lord ascended into the heavens on the 40<sup>th</sup> day after Easter. What is significant about the number 40 in the Bible? The great flood during Noah's time had the ark tossed about in the storm and the winds for 40 days and 40 nights. This length of time allowed Noah and his family to reflect on the mission that was going to be theirs when the storm ended and they walked on dry land. After the chosen people were set free from the grasp of Pharaoh in Egypt, they wandered for 40 years in the desert allowing this stubborn people to understand that it was God who set them free and their mission was to be faithful to God. Before Jesus began his public life, he spent 40 days in the desert discerning His mission and what it would cost. During those 40 days Jesus had to confront doubts and the temptation to serve himself rather than God His Father. After the Resurrection, the risen Christ spent 40 days appearing to his disciples preparing them for the mission. After He ascended before them, they had a mandate - Go! Proclaim the Gospel! Evangelize! We have that same mandate through the power of the Holy Spirit as we are called to carry the Gospel to others and bring others to a hope that the world cannot give!

One of the greatest joys in Parish life is to celebrate young people's reception of Holy Communion for the first time. This weekend is First Communion Sunday at all our Masses. The second-grade students in our faith formation program and the students in our school have equally divided themselves up between our weekend Masses to celebrate First Communion. Here at Saint Joseph's, the celebration of First Communion is not a class event, but a Parish and family event. Please pray for these young disciples and for their families that they will always accept the invitation of the Lord to "Take and eat and Take and drink!"

Next Sunday, our joyous Easter season concludes with the 50<sup>th</sup> day and the celebration of Pentecost. This week, invoke the name of God, the Holy Spirit and you will be filled. Next Sunday, the liturgical color is red, a symbol of fire, passion, and the ongoing presence of the Holy Spirit and peace in our lives. If you have any red article of clothing or garment, please wear it to Mass next Sunday! Wear red! **Come Holy Spirit!**

May the Holy Spirit be all over you and your family!

Msg. Kevin

# Weekly Prayer

## Sunday's Readings

### First Reading:

When they entered the city  
they went to the upper room where they were staying.  
(Acts 1:13)

### Psalm:

I believe that I shall see the good things of the Lord in the  
land of the living. (Ps 27)  
Or Alleluia.

### Second Reading:

If you are insulted for the name of Christ, blessed are you,  
for the Spirit of glory and of God rests upon you. (1 Pt 4:14)

### Gospel:

Jesus raised his eyes to heaven and said,  
"Father, the hour has come.  
Give glory to your son, so that your son may glorify you,  
just as you gave him authority over all people,  
so that your son may give eternal life to all you gave  
him." (Jn 17:1-2)

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## Live The Liturgy Inspiration of the Week

Eternal life, Jesus tells us, is about knowing God.  
It's not about power or accomplishment. It's not  
earned or won. It's not a prize, and it's certainly  
not a finish line. It's a relationship — one that is  
ours to begin. How will we know God this week?

## Observances for the week of May 17, 2026

- Sunday:** The Ascension of the Lord; 7th Sunday of Easter;  
*World Communications Day*
- Monday:** St. John I, Pope and Martyr
- Wednesday:** St. Bernardine of Siena, Priest
- Thursday:** St. Christopher Magallanes, Priest, and  
Companions, Martyrs
- Friday:** St. Rita of Cascia, Religious
- Next Sunday:** Pentecost Sunday



## Virtues, Explained!

The virtue of loyalty is closely linked to the virtue of obedience, wherein we freely submit ourselves to rightful authority. We are called to be loyal to our bishops, to Scripture and Tradition, to the teaching authority of the Church, and to the Christian way of life.

## Blessing for Communications

Dear Jesus,  
On this World Communications Day,  
bless each of us as we communicate,  
whether by conversation, email,  
text, post, letter, or phone. May our  
words bring peace, comfort, healing,  
promise, joy, and love. May we bring  
your blessing wherever we go.  
Amen.

# Worship & Meditation

## Readings for the week of May 17, 2026

### Sunday:

Acts 1:1-11/Ps 47: 2-3, 6-7, 8-9/Eph 1:17-23/Mt 28:16-20

### Monday:

Acts 19:1-8/Ps 68:2-3ab, 4-5acd, 6-7ab/  
Jn 16:29-33

### Tuesday:

Acts 20:17-27/Ps 68:10-11, 20-21/  
Jn 17:1-11a

### Wednesday:

Acts 20:28-38/ Ps 68:29-30, 33-35a,  
35bc-36ab/Jn 17:11b-19

### Thursday:

Acts 22:30; 23:6-11/Ps 16:1-2a and 5, 7-8,  
9-10, 11/Jn 17:20-26

### Friday:

Acts 25:13b-21/Ps 103:1-2, 11-12, 19-20ab/  
Jn 21:15-19

### Saturday:

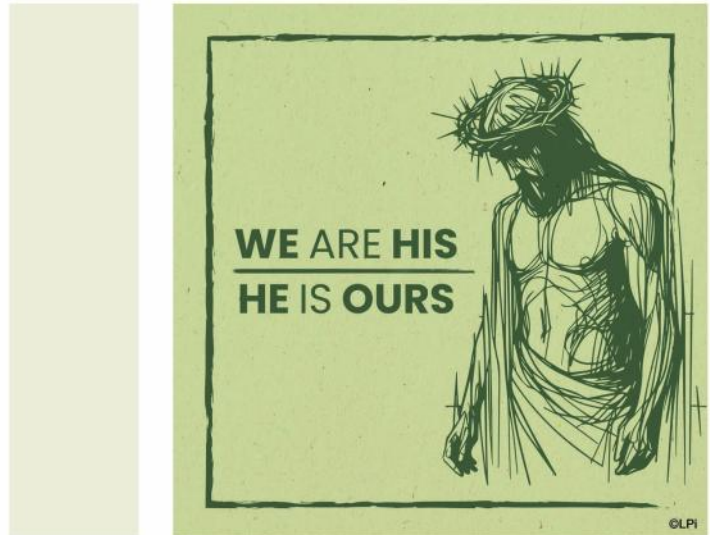
Acts 28:16-20, 30-31/Ps 11:4, 5 and 7/  
Jn 21:20-25

### Next Sunday:

**Vigil:** Gn 11:1-9 or Ex 19:3-8a, 16-20b or  
Ez 37:1-14 or Jl 3:1-5/Ps 104:1-2, 24 and  
35, 27-28, 29b-30/Rom 8:22-27/Jn 7:37-  
39 or, for the **Extended Vigil:** Gn 11:1-9/  
Ex 19:3-8a, 16-20b/Ez 37:1-14/Jl 3:1-5/  
Rom 8:22-27/Jn 7:37-39 (see Lectionary  
for Mass Supplement, 62) **Day:** Acts 2:1-  
11/Ps 104:1 and 24, 29-30, 31 and 34/  
1 Cor 12:3b-7, 12-13/Jn 20:19-23



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

Not long after my brother's first child was born, a beautiful little girl named Mary Elise, I asked him what it was like. Was he nervous? Overwhelmed? He said, "When I first held her, I was in such shock. I think I just said, 'I am your dad. I am your dad.'" That moment marked a deep transformation for him. He was not just holding a baby; he was stepping into a new identity. Over the years, I have seen him live his fatherhood with quiet sacrifice, joy, and faithfulness. It started with that moment of truth.

This, I propose, is a glimpse of what Jesus means when he prays, **"Consecrate them in the truth."** (John 17:17) To be consecrated is to be set apart in love, not taken out of the world. Consecration sends us into it with a new identity, always one that binds us to him and to others in love. Our bond to Jesus and others is the deep truth that he continually renews.

Whenever we speak deep truths about ourselves, we experience this renewal: "I have sinned;" "I need help;" "I forgive you;" "I take you as my husband;" "I believe in one God..." Whether in confession, in the liturgy, or in a recovery group, truth heals and transforms.

And the deepest truth of all? That we belong to the Risen and Ascended Christ. Our lives are no longer just ours. We are his and he is ours.

Name one truth you need to step into more deeply, about yourself, someone else, or God. Maybe put it on a note on your mirror. Let that truth consecrate you this week.

— *Father John Muir*

SUNDAY, MAY 17, 2026 | SEVENTH SUNDAY OF EASTER

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# VACATION BIBLE CAMP



**Exploring The Nature of God**

**This camp is open to kids grades TK-5th**

**When: June 22nd- June 26th 2026**

**Where: St. Joseph Church  
6180 E Willow St. Long Beach Ca 90815**

**Time: 9:00am to 12 noon.**

**Cost: \$75**



**To register, scan the QR code for an easy process! For any questions please contact: Marc Leon - (562)598-0519 Ext 1**

"Grab your hiking boots and take a step through the misty air of Rainforest Falls, overflowing with wild waterfalls, towering trees, and colorful creatures. Beneath a canopy of chattering birds and howling monkeys, kids plunge into a lifelong adventure of discovering the nature of God. They'll explore what it means to be rooted in relationship with God, their creator, a refuge in life's storms.

**This is a community event hosted by:**

- St. Joseph
- St. Cornelius
- Our Lady of Refuge

ST. JOSEPH PARISH  
LONG BEACH

# HIGH SCHOOL CONFIRMATION PROGRAM



**SESSIONS: BI-WEEKLY**

**MOST HOLIDAY WEEKENDS OFF**

**TIME: 11:00AM - 12:15PM**

**MASS AS A CLASS: 12:30PM - 1:30PM**

**SCAN TO REGISTER!**



**VISIT OUR WEBSITE TO  
REGISTER TODAY!**

**ENROLLING  
NOW!**



ST.JOSEPHYM

**WWW.STJOSEPHLB.ORG**

**(562)598-0519 EXT 2**



YOUTH EVENT LEADERSHIP TEAM

# YOUTH MINISTRY **VOLUNTEERING**

At St. Joseph Catholic Church, our youth ministry is growing, and we're looking for caring adults who want to make a difference in the lives of teens.

Just bring:

- ♥ A heart for youth
- ♥ A love for Christ
- ♥ A willingness to serve

## **Volunteer Opportunities:**

- Event Helpers
- Retreat Chaperones
- Hospitality & Snacks
- Small Group Leaders
- Preparing Arts & Crafts Activities
- Games & Social Time
- Youth - Led Devotionals
- Outreach Opportunities

**CALL: (562)598-0519 EXT 2**  
**EMAIL: LIZ@STJOSEPHLB.ORG**



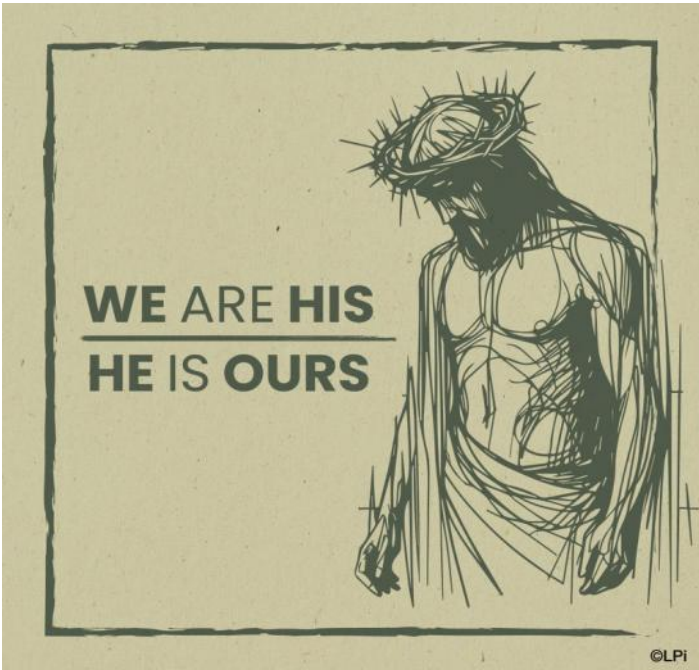


**“May God bless us with enough foolishness to believe that we really can make a difference in this world, so that we are able, with God's grace, to do what others claim cannot be done.”**  
 - Four-fold Franciscan Blessing

**May 21 7:00 PM: Committee Meeting:** Help us decide what activities to sponsor and organizations to support in our next program year beginning July 1.

**May 30-31 Homeless Kit Drive:** Provide daily necessities to people experiencing homelessness. Shopping lists will be available on May 23.

*For many fulfilling ways to serve, please call **Tim Clark (562) 431-4385.***



**FRIDAY TRI TIP DINNER 5-8PM**

**SMG**

**EVENT SCHEDULE**

**LIVE BANDS**

**GORETTI FEST**

**FAMILY - FOOD - FUN!!!**

**SILENT AUCTION**

**ST. MARIA GORETTI CHURCH**  
 3954 Palo Verde Avenue, Long Beach

**MAY 15: 5-11PM    MAY 16: 11AM-10PM    MAY 17: 12-7PM**

<b>FRIDAY</b>	<p>5-10PM - Food Booths, Beer Garden, Silent Auction (Hall)</p> <p>5-6PM - DJ (On Stage)</p> <p>5-8PM - Games, Craft Booths &amp; Inflatables (on the Field)</p> <p>5-8PM - Tri Tip Dinner (Hall)</p> <p>6-8PM - Grunge Pit - Seattle Grunge (On Stage)</p> <p>8-10PM - Almost Famous - Classic Hard rock (On Stage)</p>
<b>SATURDAY</b>	<p>11AM-10PM - Food Booths, Beer Garden, Silent Auction (Hall)</p> <p>11AM Hawaiian Dancers "Na Pua" of Buena Park (On Stage)</p> <p>12-1PM Lina Hayek, Acoustical Guitar (On Stage)</p> <p>12-8PM - Games, Craft Booths &amp; Inflatables (on the Field)</p> <p>1-2PM - Webby Dance (On Stage)</p> <p>1:30-3PM - Doggie Pageant</p> <p>3-5PM - Mr. Ginge Merkin Honky Tonk (On Stage)</p> <p>5-7PM - In Tyme Top 40</p> <p>7-8PM - Country Line Dancing Class (On Stage)</p> <p>8-10PM - The Rhythm Rangers Blues, Rock &amp; Country (On Stage)</p>
<b>SUNDAY</b>	<p>12-7PM - Food Booths, Beer Garden, Silent Auction (Hall)</p> <p>12-1PM - Folklorico Dancers Oropeza Elementary School (On Stage)</p> <p>1-2PM - Jason Curiel Top Hits (On Stage)</p> <p>2-3PM - SMG Children's Choir   SMG Cheerleaders (On Stage)</p> <p>3-4PM - Karaoke (On Stage)</p> <p>4-5PM - Folklorico Danza Teocult and Group (On Stage)</p> <p>5-6PM - Country Line Dance Class - Meghan Belmares (On Stage)</p> <p>6-7PM - The Sunday Sound Acoustic (On Stage)</p> <p>6-7PM - The Sunday Sound (On Stage)</p> <p>7PM - OPPORTUNITY DRAWING (On Stage) &amp; GoretFest Closes</p>

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## Did You Know?

### Know the signs of potential abuse for vulnerable adults

Keeping children from harm is essential, but it is just as important to prioritize the protection of vulnerable adults. A vulnerable adult is someone who, due to a physical, mental, emotional, or behavior condition, may not be able to protect themselves from harm or exploitation. Warning signs of abuse can include injuries, signs of apparent malnutrition or dehydration, soiled clothing or bedding, anxiety, and unclean living conditions. By understanding the reality of vulnerable adult abuse, considering our own behavior, learning warning signs and communicating concerns – we can strive to protect other who may not be in a position to protect themselves. For more information, read the VIRTUS® article “Continuing Our Efforts to Protect Vulnerable Adults” at [lacatholics.org/did-you-know](http://lacatholics.org/did-you-know).

# St. Joseph Senior Group Meeting

The next meeting will be on  
**Monday, June 8** in the beautiful new  
**St. Joseph Center!**

 **Activities from 10:00 am to 1:30 pm!**



**Bingo, Poker,  
Card Games,  
Mexican Train  
& More!**

**Bring One, Take One Table of Books & Puzzles!**



**50/50  
Raffle Tickets  
Available!**

**Trip Info &  
Schedules  
Available!**

**Bring Your Brown Bag Lunch!**

**Coffee, Tea, Water  
& Goodies Provided!**



We look forward to seeing all our members and  
new friends who would like to join us!

**Annual Dues: \$20**

## IMPORTANT NOTICE

There will not be a meeting  
of the Senior Group on  
May 25 because of Memorial Day.

The next Senior Group  
meeting will be on **June 8**.



Any questions?  
Contact Marilyn North (562) 519-0154

## Meditation



St. Joseph's Meditation Group currently meets every Tuesday evening at 7:00PM via Zoom. Our weekly session is based on the teachings of Fr.

John Main, OSB. Meditation is an age-old Christian practice and open to everyone. No experience is required and beginners are welcome.

For more information, contact Frank McKown at (310) 633-1744 or [frmckown@gmail.com](mailto:frmckown@gmail.com)

# ALL SOULS CATHOLIC CEMETERY

4400 Cherry Ave ~ Long Beach  
(562)424-8601

## MEMORIAL DAY MASS

★ **Monday, May 25, 2026** ★

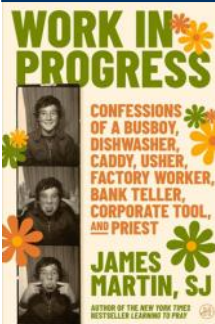
**10:00 a.m.**

*Principal Celebrant*

**Bishop Marc Trudeau,  
D.D., V.G.**

**ALL ARE WELCOME!**

## Book Club



Our next Book Club meeting is  
**Wednesday, May 20th at 7pm**  
on Zoom

**Work in Progress: Confessions  
of a busboy, dishwasher,  
caddy, usher, factory worker,  
bank teller, corporate tool, and  
priest** by James Martin

In this funny, wise and inspiring memoir, Jesuit priest James Martin reminisces about the summer jobs that prepared him for his calling and reminds readers “of the ways that grace works through all our lives, no matter who we are or how ordinary our daily activities may seem.”

All are welcome. For more info, email  
[agoodlife@msn.com](mailto:agoodlife@msn.com)



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LEO XIV

## **GENERAL AUDIENCE**

*Saint Peter's Square*  
*Wednesday, 13 May 2026*  
**[Multimedia]**

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*Dear brothers and sisters, good morning and welcome!*

The Second Vatican Council chose to dedicate the last chapter of the Dogmatic Constitution on the Church to the Virgin Mary (cf. *Lumen gentium*, 52-69). She “is hailed as a pre-eminent and singular member of the Church, and as its type and excellent example in faith and charity” (LG, 53). These words invite us to understand how in Mary, who under the action of the Holy Spirit welcomed and brought forth the Son of God made flesh, we can recognize both the model and the pre-eminent member and mother of the entire ecclesial community.

By allowing Herself to be shaped by the work of Grace, which came to fulfilment in Her, and by welcoming the gift of the Most High with Her faith and Her virginal love, Mary is the perfect model of what the whole Church is called to be: a creature of the Word of the Lord and mother of the children of God, begotten in docility to the action of the Holy Spirit. Furthermore, as She is the believer par excellence, in whom we are offered the perfect form of unconditional openness to the divine mystery within the communion of God’s holy people, Mary is an excellent member of the ecclesial community. Finally, inasmuch as She brings forth children in the Son, loved in the eternal Beloved who came among us, Mary is the mother of the whole Church, which can turn to her with filial confidence, in the certainty of being heard, protected and loved.

One might express the sum of these characteristics of the Virgin Mary by referring to Her as a woman who is the icon of the Mystery. The word woman highlights the historical reality of this young daughter of Israel, to whom it was granted to live the extraordinary experience of becoming the mother of the Messiah. The expression icon emphasizes that, in Her, the twofold movement of descent and ascent is fulfilled: in Her, both God's gratuitous election and Her free consent of faith in Him shine forth. Mary is therefore the woman who is the icon of the Mystery, that is, of the divine plan of salvation, once hidden and now revealed in its fullness in Jesus Christ.

The Council has left us a clear teaching on the unique place reserved to the Virgin Mary in the work of Redemption (cf. *Lumen gentium*, 60-62). It recalls that the sole Mediator of salvation is Jesus Christ (cf. 1 Tim 2:5-6), and that his Mother Most Holy "in no way impedes, but rather fosters the immediate union of the faithful with Christ (cf. *LG*, 60). At the same time, "predestined from eternity by that decree of divine providence which determined the incarnation of the Word to be the Mother of God, the Blessed Virgin ... in this singular way ... cooperated by Her obedience, faith, hope and burning charity in the work of the Saviour in giving back supernatural life to souls. Wherefore She is our mother in the order of grace" (*ibid.*, 61).

The mystery of the Church is also reflected in the Virgin Mary: in Her, the people of God find the representation of their origin, their model and their homeland. In the Mother of the Lord, the Church contemplates her own mystery, not only because she finds in Her the model of virginal faith, maternal charity and the spousal covenant to which she is called, but also and above all because in Her she recognizes her own archetype, the ideal figure of what she is called to be.

As we can see, the reflections on the Virgin Mother collected in *Lumen gentium* teach us to love the Church and to serve within her the fulfilment of the Kingdom of God, which is coming and which will be fully realized in glory.

Let us be challenged, therefore, by the sublime model who is Mary, Virgin and Mother, and let us ask Her to help us, through Her intercession, to respond to what is asked of us through Her example: do I live my participation of the Church with humble and active faith? Do I recognize in her the community of the covenant that God has given me to respond to His infinite love? Do I feel that I am a living part of the Church, in obedience to the pastors given by God? Do I look to Mary as a model, an outstanding member and Mother of the Church, and ask Her to help me be a faithful disciple of her Son?

Sisters and brothers, may the Holy Spirit, who descended upon Mary and is invoked by us humbly and trustfully, grant us the grace to live these wonderful realities to the full. And, having reflected deeply on the Constitution *Lumen gentium*, let us ask the Virgin to obtain this gift for us: that love for the Holy Mother Church may grow in all of us. So be it!

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### **Special greetings:**

I greet the English speaking pilgrims and visitors taking part in today's audience, in particular the groups from England, Ireland, Tanzania, India, Indonesia, Canada and the United States of America. Today we remember the memorial of Our Lady of Fatima. On this day, forty-five years ago, an attempt was made on the life of *Pope John Paul II*, and for these reasons, I dedicated my catechesis today to the Blessed Virgin Mary. At the same time, we will soon celebrate the Lord's Ascension, which marks the entrance of his humanity into heaven. As we await Jesus' second coming in glory, may we, like the Apostles, entrust ourselves to the Blessed Virgin. Upon you and your families, I willingly invoke the joy and peace of Christ the Lord. God bless you!

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### **Summary of the Holy Father's words:**

Dear brothers and sisters, in our catechesis today we contemplate Mary, whom the final chapter of the Dogmatic Constitution *Lumen Gentium* recognizes as *model*, *perfect member*, and as *mother*. Docile to the Father's will, her son's work of redemption and the promptings of the Holy Spirit, Mary is the *model* of what the Church is meant to be. Her unconditional "yes" shows us how to be *members* of the Church. As our *mother* by grace, she is the one to whom we can turn with filial trust, in the certainty of being heard, protected, and loved. In a special way, Mary cooperated in the work of salvation, through obedience, faith, hope, and ardent charity, to restore through her Son, the supernatural life of souls. Let us be challenged by Mary's example of humility, active faith and obedience. Let us generously respond in love, magnifying God in our hearts, and receiving strength from the sacraments. Let us ask Mary to help us be faithful disciples of her Son.

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# Parish Directory

**PASTOR: MSGR. KEVIN KOSTELNIK**

*stjoseph@stjosephlb.org*

<b>Deacon Shane Cuda</b>		sfcuda@yahoo.com
<b>Deacon Tom Halliwell</b>		dcntom@stjosephlb.org
<b>Deacon Joe Lumsdaine</b>		deaconcouple@gmail.com
<b>Sr. Eva</b> (Director of Adult Faith Formation)		sreva@stjosephlb.org
Office Manager	Brenda Pineda	(562) 594-4657
Office Assistant	Joyce Castaneda	(562) 594-4657
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Finance Council	George Zuluaga	Zuluaga@aol.com
Safeguard The Children	Parish Office	(562) 594-4657
Parish Bulletin Editor	Brenda Pineda	bulletin@stjosephlb.org
Website Coordinator	Mike Santy	mike@stjosephlb.org

## **St. Joseph School: Margaret Alvarez, Principal**

(562) 596-6115      [sjknights.net](http://sjknights.net)      Fax: (562) 596-6725

Assistant Principal:      Madison Alba

## **Religious Education: Marc Leon, DRE**

(562) 598-0519      [marc@stjosephlb.org](mailto:marc@stjosephlb.org)

Administrative Assistant:	Michelle Johnson	(562)596-6115
High School Ministry & Confirmation:	Liz Moreno	(562) 596-6115
OCIA: Sr. Eva	sreva@stjosephlb.org	(562) 596-6115

## **Parish Ministries & Organizations**

Baptism Preparation	Brenda Pineda	(562) 594-4657
Director of Music	Vivian Doughty	(562) 594-4657
Eucharistic Ministry	Tonet Risko	riskotonet@yahoo.com
Lectors	Steve Koppenheffer	lectorsstjosephlb@gmail.com
Esther Ministry	Virginia Young	estherministry1@gmail.com
Hospitality Ministry	Deborah Rollinger	(562) 594-4657
Movement For A Better World	Tim Clark	(562) 431-4385
Senior Group	Donna Luciene	(562) 810-5244
Knights Of Columbus	Marty Vezzetti	(702) 401-5247
Natural Family Planning	Greg & Beth Gath	(562) 377-5877
Boy Scouts	Jeff Baer	(562) 537-6722
Sacristans	Joe Dang	(562) 431-1876
Homebound Ministry	Patty Brunter	pjbstampin@aol.com
Bereavement Ministry	May Pace	(562) 833-6370
Cursillo	Tom & Marie Newton	tjn8343@gmail.com
Parish Fair	Pete Wroblicky	sjspringfair@gmail.com
Environment	Jessica Gil	bpax.g4@gmail.com
Altar Servers	Monica Wissuchek	stjfamilyaltarservers@gmail.com
Welcome CRHP	Diane Ohde	stjlbwelcome@gmail.com
Book Club	Mary Anne Silvestri	agoodlife@msn.com
Meditation	Frank McKown	frmckown@gmail.com

## Mass Schedule

### Saturday Vigil

5:00 p.m.

### Sunday

**Mass on the Grass  
Outdoors**

8:30 a.m.

### **Indoor Mass**

10:30 a.m.

12:30 p.m.

### Daily Mass (M-W)

8:00 a.m.

## Reconciliation

### Saturdays

3:45-4:30 p.m.

## Adoration

### First Fridays

8:00-9:00 a.m.

### Third Tuesdays

7:00-8:00 p.m.

