St. Joseph Parish



6180 E. Willow Street Long Beach, CA 90815

T: (562) 594-4657 **F:** (562) 431-7424

Office Hours: Monday-Friday 9:00 a.m. to 4:00 p.m. (Closed Noon - 1:00 for lunch) stjosephlb.org



Dear Parish Family:

Welcome to the 22nd Sunday in Ordinary Time. This weekend's readings focus on the virtue of humility. We live in a culture that rarely values humility. Humility is not belittling yourself or thinking you are inferior. Humility is to recognize that you are gifted and talented and the source of all we have is God. When someone praises you or thanks you because you showed kindness or did a good deed or you were generous, you should quietly say a prayer because the praise belongs to God.

Thank you for your prayers as I joined 300 Priests in La Quinta for our Convocation this past week. The priestly fraternity was refreshing and the presentations followed by table conversations were inspiring and uplifting. The monsoons slowly crept into the Coachella valley and every day we had rain, thunderstorms, and lightning!

On Wednesday morning we were all shattered with the news that two children were killed and 17 injured in the Minneapolis Catholic school shooting. This appears to be the first of its kind involving a Catholic school since the 1999 Columbine High school massacre in Colorado. Pope Leo, Archbishop Gomez and Catholic leaders across the country have issued their condolences and offered prayers in solidarity with the Church in Minnesota. This horrific act of violence occurred in Church while elementary school children were praying at their First Mass of the new school year. We must pray and work hard to make sure that this violence which has become routine will end. Please join me in praying for the two children who lost their lives, all of those who were injured along with their families, the students, faculty and entire Parish community of Annunciation Church in Minneapolis.

May this traditional end of summer weekend, be an occasion of rest and peace and may all your labors give thanks and praise to God and his Son Jesus Christ through the workings of the Holy Spirit.

End of Summer Blessings, Msgr. Kevin



Weekly Prayer

Sunday's Readings

First Reading:

Humble yourself the more, the greater you are, and you will find favor with God. (Sir 3:18)

Psalm:

God, in your goodness, you have made a home for the poor. (Ps 68)

Second Reading:

You have not approached that which could be touched and a blazing fire and gloomy darkness. (Heb 12:18)

Gospel:

"For every one who exalts himself will be humbled, but the one who humbles himself will be exalted." (Lk 14:11)

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Live The Liturgy Inspiration of the Week

"When you hold a banquet, invite the poor," Jesus instructs. "Blessed indeed will you be because of their inability to repay you." Each of us has our own banquet to offer, our own gifts to share. Who will we invite?

Observances for the week of August 31, 2025

Sunday: 22nd Sunday in Ordinary Time

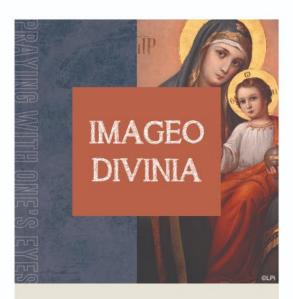
Monday: Labor Day

Wednesday: St. Gregory the Great, Pope and

Doctor of the Church

Next Sunday: 23rd Sunday in Ordinary Time;

Grandparents' Day



Devotions, Explained!

Imago divina (Latin for "divine image") is an extension of the ancient practice of lectio divina (literally, "divine lesson"). Imago divina is, in a sense, praying with one's eyes, using the medium of artwork to assist in lifting the mind to God.

Prayer for Humility

Dear God.

Mold my heart after Yours. Help me to see myself as You see me: surrounded by Your love. Help me to see others as You see them as well. Give me knowledge of your ways, today and always.

Amen.

©LPi SUNDAY, AUGUST 31, 2025 | 22ND SUNDAY IN ORDINARY TIME

Worship & Meditation

Readings for the week of August 31, 2025

Sunday:

Sir 3:17-18, 20, 28-29/Ps 15:2-3, 3-4, 4-5 (1a)/Heb 12:18-19, 22-24a/Lk 14:1, 7-14

Monday:

1 Thes 4:13-18/Ps 96:1 and 3, 4-5, 11-12, 13/Lk 4:16-30

Tuesday:

1 Thes 5:1-6, 9-11/Ps 27:1, 4, 13-14/ Lk 4:31-37

Wednesday:

Col 1:1-8/Ps 52:10, 11/Lk 4:38-44

Thursday:

Col 1:9-14/Ps 98:2-3ab, 3cd-4, 5-6/ Lk 5:1-11

Friday:

Col 1:15-20/Ps 100:1b-2, 3, 4, 5/Lk 5:33-39

Saturday:

Col 1:21-23/Ps 54:3-4, 6 and 8/Lk 6:1-5

Next Sunday:

Wis 9:13-18b/Ps 90:3-4, 5-6, 12-13, 14-17 (1)/Phlm 9-10, 12-17/Lk 14:25-33



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Gospel Meditation

Encourage Deeper Understanding of Scripture

Once I was invited to a group meeting with Pope Francis. Entering the room, I paused, eyeing the seats next to the Pope's fancy chair. Someone saw my paralysis and invited me to sit in the seat farthest from what I wanted. Hiding my disappointment, I sat. We waited. To our surprise, an aid pointed out that those seats were still empty and invited me and another to have them. We calmly but gleefully strode across the room and sat. Pope Francis entered, and we enjoyed two hours of amazingly uplifting conversation.

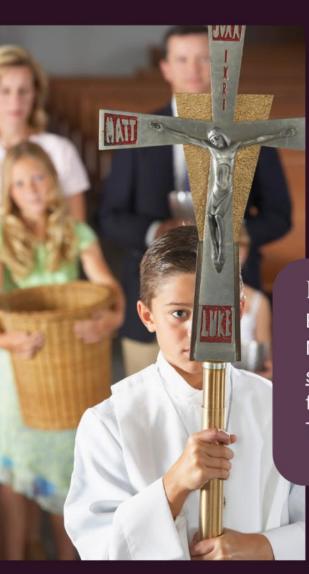
Jesus says this week to us: "When you are invited, go and take the lowest place so that when the host comes to you he may say, 'My friend, move up to a higher position.' Then you will enjoy the esteem of your companions at the table" (Luke 14:10). This is not about how to score free seat upgrades. Rather, it is a wise pattern for the whole of life. It is how to live free from the anxiety of constantly grasping for status and recognition.

Jesus perfectly embodies his seat-taking advice. He eschews his glorious throne for the lowest: death on a cross, that lonely chair we all deserve. In his resurrection, he calls us up higher to his marvelous banquet seats. This week, perhaps we should look for opportunities to choose the lowest seat. We'll be pleasantly surprised when we do.

Father John Muir

SUNDAY, AUGUST 31, 2025 | 22ND SUNDAY IN ORDINARY TIME

Join Our Altar Server Ministry!



We are seeking additional families to serve as altar servers at all Masses.
Catholic liturgy is the Work of the People, and families who attend St. Joseph are encouraged to serve together in this meaningful ministry.

Interested?

Email Monica Wissuchek, the Altar Server Ministry Coordinator, at stjfamilyaltarservers@gmail.com to register for the upcoming training.
Training Session:

• Date: September 20th

Families will meet with Monsignor Kevin prior to serving and will be scheduled for liturgies throughout the year. Monica will work with each family to accommodate their needs.

We hope you will join us in this special service!



Now accepting students for:

First Communion

Quest (3rd, 4th, 5th graders)

Middle School



Director of Faith Formation: Marc Leon









HIGH SCHOOL CONFIRMATION PROGRAM







SESSIONS: BI-WEEKLY SUNDAYS

MOST HOLIDAY WEEKENDS OFF

TIME: 11:00AM - 12:00PM

BREAK: 12:00PM - 12:20PM

MASS AS A CLASS: 12:30PM - 1:30PM





Sunday, September 14th!

(562)598-0519 EXT 2

EXPLORE HOW TO LIVE AS A CHRISTIAN
IN THE MIDST OF A PAGAN CULTURE IN

First Corinthians

AN 11-PART BIBLE STUDY FEATURING

TIM GRAY



Dates - Times - Location

Starting Wednesday September 10th at 9:00am in the PLC (Sr. Eva) and Thursday, September 11th at 7:00pm on Zoom (Mike and Chris)

Cost – Registration
The cost for the study guide is \$20.
Please register by sending email to sreva@stjospehlb.org or mike@stjosephlb.org.

For More Information

Contact: Mike at mike@stjosephlb.org
or Sr. Eva at sreva@stjosephlb.org.

St. Paul's first letter to the Corinthians addresses many of the same topics in the news headlines today: scandals, promiscuity, debates and controversies, and issues related to prosperity versus poverty. Clearly, the struggles faced by the early Christians are in many ways similar to our own.

First Corinthians: The Church and the Christian Community explores the key elements of the gospel message that Paul introduced to a new and growing Church. Presenter Tim Gray examines Paul's advice for living an authentic Christian life in a pagan culture, as well as his teachings about the nature of grace, the Church as the body of Christ, and the most powerful gift of all—the Eucharist.

This study has given me a renewed love of the Word, a desire to learn more, and most of all a closeness to Jesus that I have not experienced before.

-Linda F.







Calling All Men

Welcome Christ Renews His
Parish Men's Retreat
Only a few weeks away
Sept. 27th, Saturday 8am – 9pm
Sept. 28th, Sunday 8am – 3pm
Reconnect. Recharge. Refocus.

Held here at St. Joseph Parish Life Center, Join us for a weekend designed specifically for men. Enjoy inspiring talks, fellowship & delicious food.

Experience personal growth, brotherhood and take time to refocus on what really matters.

Sign up today!
This retreat will change your life.

Come for the journey.
Leave with new strength and purpose.

To learn more and to sign up,
visit our parish website Or
https://stjosephlb.org/welcome-Christ-renews/



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Natural Family Planning



Have you ever thought about what unnatural birth control methods really do to your body?

To your marriage?

The Couple-to-Couple League has the answers and more. Attend a short course and learn a natural method of family planning that is safe, effective, and morally acceptable. Great for achieving as well as postponing pregnancy.

A new online course starts

Tuesday, September 9th.

For more information and registration, visit www.ccli.org or contact Deacon Greg and Beth Gath at (562) 377-5877 or beth.google.com.



"If you want peace, work for justice."
-Pope Paul VI

Homeless Ministry – Thank you to everyone who support our Homeless Kit Drives. 120 of our most vulnerable are being served this weekend.

Sept 16 6:30 PM - Committee Meeting: As we begin our 40th year of channeling the generosity of our St. Joseph parish community to the poor and marginalized of Long Beach, help us inspire our upcoming activities.

Sept 27-28 - Feed-a-Baby Food

Drive: Collecting non-perishable baby food and products for Catholic Charities, Elizabeth Ann Seton Residence, and New Life Beginnings of Long Beach.

Opportunities! Are you inspired to shepherd faith among our supported brethren? Chaplain wanted. Stipends and formation, available. For this and many other opportunities to serve, call Tim Clark, (562) 431-4385.



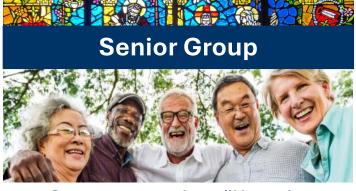
Meditation The World Community for Christian Meditation

St. Joseph's Meditation Group currently meets every Tuesday evening at 7:00PM via Zoom. Our weekly session is based on the teachings of Fr. John Main, OSB. Meditation is an age-old Christian practice and open to everyone. No experience is required and beginners are welcome. For more information, contact Frank McKown at (310) 633-1744 or frmckown@gmail.com



What having a "healthy caution" toward adults can mean, part 2

Having a healthy caution towards adults means requiring all adults to follow safety rules, outlined in policies or codes of conduct, no matter what position they hold in an organization. Adults must also be willing to look at their own behavior and ensure that it is aligned with safety policies and practices. Monitoring the behavior of all adults and speaking up if something is uncomfortable or unsettling — no matter what the relationship between the adults is — it's critical to keeping children safe. For more information, read the VIRTUS® article "Why Should We Have a Healthy Caution Toward Adults" at lacatholics.org/did-you-know.



Our next get together will be at the El Dorado Restaurant on Monday, September 8th at 9:30 am.

Please join us for a nice time catching up with old friends and meeting new friends. When you arrive, tell the server that you are with St. Joseph and he/she will direct you to the area we are gathering in. Everyone will order and pay for his/her own breakfast. We look forward to seeing you there. For future reference, we meet there on the 2nd Monday of every month, at the same time. Looking forward to seeing you!



Ladies of the parish! Please join your sisters in Christ for a refreshing and peaceful weekend with the Carmelite sisters at Sacred Heart Retreat House. Our parish weekend is September 12-14, 2025.

Registration is open now. To register go to sacredheartretreathouse.com/retreats.

If you have any questions or need help registering please contact Marie Newton by phone at 562-209-1298.

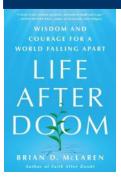
This is a wonderful time of spiritual renewal. Don't delay as the weekend fills up quickly.

NEW VIDEO SESSION: LOSS OF A SPOUSE

Losing a spouse is a unique and life-altering pain. If you are grieving, you don't have to face it alone. Our bereavement group offers a supportive space for focused encouragement and healing.



Book Club



Our next Book Club meeting is **Wednesday, November 19th** at 7pm on Zoom

Life After Doom: Wisdom and Courage for a World Falling Apart by Brian D. McLaren

"Blending insights from philosophers, poets, scientists, and theologians, *Life After Doom* explores the complexity of hope, the necessity of grief, and the need for new ways of thinking, becoming, and belonging in turbulent times." Life After Doom: Wisdom and Courage for a World Falling Apart: McLaren, Brian D.: 9781250893277: Amazon.com: Books

All are welcome. For more info, email agoodlife@msn.com

Parish Directory

PASTOR: MSGR. KEVIN KOSTELNIK

stjoseph@stjosephlb.org

Deacon Shane Cuda sfcuda@yahoo.com **Deacon Tom Halliwell** dcntom@stjosephlb.org Sr. Eva (Director of Adult Faith Formation) sreva@stjosephlb.org Office Manager Brenda Pineda (562) 594-4657 Office Assistant Joyce Castaneda (562) 594-4657 Pastoral Council Shelley Padilla (562) 594-4657 Finance Council George Zuluaga Zuluaga@aol.com Safeguard The Children Parish Office (562) 594-4657 Parish Bulletin Editor Brenda Pineda bulletin@stjosephlb.org Website Coordinator Mike Santy mike@stjosephlb.org

St. Joseph School: Margaret Alvarez, Principal

(562) 596-6115 sjknights.net Fax: (562) 596-6725

> **Assistant Principal:** Madison Alba

Religious Education: Marc Leon, DRE

(562) 598-0519 marc@stjosephlb.org

Administrative Assistant: Michelle Johnson (562)596-6115 High School Ministry & Confirmation: Liz Moreno (562) 596-6115 (562) 596-6115 OCIA: Sr. Eva sreva@stjosephlb.org

Parish Ministries & Organizations

Baptism Preparation Brenda Pineda (562) 594-4657 **Director of Music** Vivian Doughty (562) 594-4657 **Eucharistic Ministry** Tonet Risko riskotonet@yahoo.com Steve Koppenheffer Lectors lectorsstjosephlb@gmail.com **Esther Ministry** Virginia Young estherministry1@gmail.com **Hospitality Ministry** Deborah Rollinger (562) 594-4657 Movement For A Better World Tim Clark (562) 431-4385 Senior Group Marilyn North (562) 519-0154 **Knights Of Columbus** Marty Vezzetti (702) 401-5247 **Natural Family Planning** Greg & Beth Gath (562) 377-5877 **Boy Scouts** Jeff Baer (562) 537-6722 Sacristans Joe Dang (562) 493-2198 **Homebound Ministry Patty Brunter** pjbstampin@aol.com Bereavement Ministry (562) 833-6370 May Pace Cursillo Tom & Marie Newton tjn8343@gmail.com Parish Fair Pete Wroblicky sjspringfair@gmail.com Environment Jessica Gil bpax.g4@gmail.com Altar Servers Monica Wissuchek stjfamilyaltarservers@gmail.com Welcome CRHP Diane Ohde stilbwelcome@gmail.com **Book Club** Mary Anne Silvestri agoodlife@msn.com

Frank McKown

Mass Schedule

Saturday Vigil 5:00 p.m.

Sunday Mass on the Grass **Outdoors** 8:30 a.m.

> **Indoor Mass** 10:30 a.m.

12:30 p.m.

Daily Mass (M-W) 8:00 a.m.

Reconciliation

Saturdays 3:45-4:30 p.m.

Adoration

First Fridays 8:00-9:00 a.m.



Meditation

frmckown@gmail.com



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