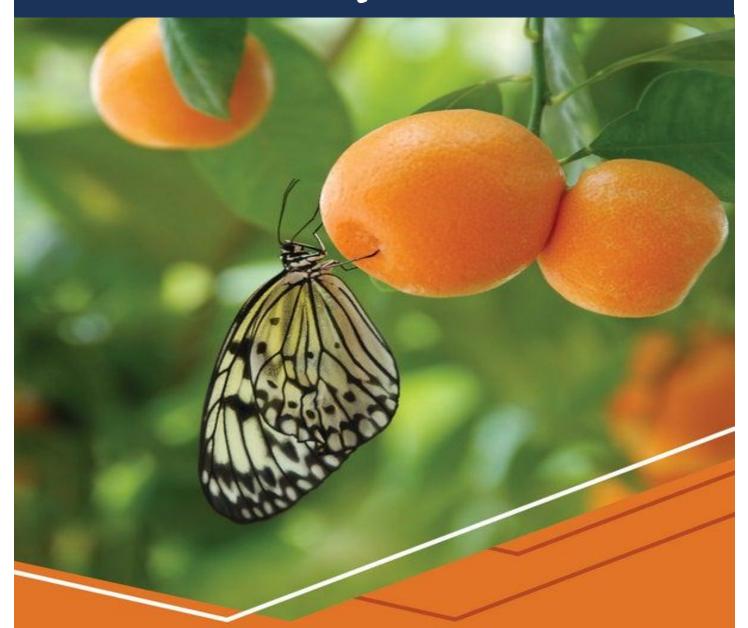
## St. Joseph Parish



#### 8th SUNDAY IN ORDINARY TIME

"A good tree does not bear rotten fruit, nor does a rotten tree bear good fruit. A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks." - Lk 6:43, 45

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Office Hours: Monday-Friday 9:00 a.m. to 4:00 p.m. (Closed Noon - 1:00 for lunch) stjosephlb.org



#### March 5, 2025

8:00 AM - Holy Mass with distribution of Ashes indoors.

12:00 PM - Holy Mass with distribution of Ashes indoors.

5:00 PM - Holy Mass with Distribution of Ashes indoors.

6:15 PM - 7:15 PM - Drive-thru in the parking lot - Distribution of Ashes. Please see the map below for driving instructions in the parking lot.

Let's make it a GREAT LENT at St. Joseph's!! Blessings, Msgr. Kevin





#### Dear Parish Family:

Welcome to the 8<sup>th</sup> Sunday of Ordinary Time – our Last Sunday of Ordinary time until June! Once again, we hear a challenging teaching from Jesus who says:" Why do you notice the splinter in your brother's eye, but do not perceive the wooden beam in your own?" These words remind us that we all need a lot of humility to recognize that we are all blind in some ways, and that we need one another's discerning and helpful guidance. Let's also recognize that we may need to cultivate our awareness that the fault we dislike and criticize in someone else is very often a reflection of our very selves. May the teaching of Jesus cause us to grow in our discipleship with the Lord!

As I write this, Pope Francis is still hospitalized and the Vatican reports that our Holy Father is showing "slight improvement". We are joining the whole world in praying for Pope Francis and for all those who are caring for him.

Happy Mardi Gras – feast this Tuesday and fast on Wednesday! The Holy Season of Lent draws near. See our Ash Wednesday schedule just above this letter. Lent is the annual journey providing all of us, with a beautiful opportunity to experience a renewed wonder of our Savior Jesus Christ through spiritual disciplines. What is God preparing you for during these 40 days? Where does your spirit need growth and new life? How will you honor and celebrate the three primary disciplines of Lent: prayer, fasting, and almsgiving? Let's pray for one another, so that our Lenten journey will encourage, heal and renew each other! Scroll down to see other Lenten activities that we encourage you to participate in here at Saint Joseph's.

This weekend we will again provide a little spiritual resource booklet to accompany you during these 40 days! *Daily Reflections for Lent, Not by Bread Alone, 2025* is written by Daniel P. Horan OFM. Father Horan serves as the Director of the Center for the Study of Spirituality and Professor of Philosophy, Religious Studies and Theology at Saint Mary's College in Notre Dame, Indiana. I think you'll find his spiritual reflections practical and inspiring!

Welcome Retreat! This weekend we are praying for the 25 women who are participating in the *Women's Welcome Retreat #4.* Pray that these women of our parish will be renewed and grow in their discipleship, and love for Jesus Christ!

During the next few weeks, you will be hearing more about our Annual Parish Fair scheduled for April 4,5,6. It's only a month away and thank you for your support!

Next Saturday night we spring forward one hour to daylight savings time! Sunrise and sunset will be one hour later!

I am praying for you, as we commence our Lenten journeys, Msgr. Kevin



# Beyond Chocolate, Digging Deeper into Lent.



Sr. Eva & Msgr. Kevin

Monday - March 17 | 7 PM - 8:30 PM

Followed by a St. Patrick's Party in the courtyard.

Location: St. Joseph Church 6180 E Willow St. Long Beach, CA 90815 (562)594-4657

# Lenten Guidelines and Practices

#### **Lenten Fasting and Abstinence**

Ash Wednesday and Good Friday are obligatory days of universal fast and abstinence. Fasting is obligatory for all who have completed their 18th year until the beginning of their 60th year. Fasting allows for one full meal and two smaller meals not to equal one full meal. Abstinence from meat is obligatory for all who have completed their 14th year of age.

fridays in Lent are obligatory days of abstinence from meat for all who have completed their 14th year. As always, anyone for whom fasting or abstinence would pose a health risk is excused. For example, pregnant women (breastfeeding mothers) or people receiving medical treatment are not

or people receiving medical treatment are not obligated to fast. Nevertheless, people especially in this category are invited to practice another form of fasting besides food.

#### Weekly Prayer

#### **Sunday's Readings**

#### First Reading:

Praise no one before he speaks, for it is then that people are tested. (Sir 27:7)

#### Psalm:

Lord, it is good to give thanks to you. (Ps 92)

#### Second Reading:

But thanks be to God who gives us the victory through our Lord Jesus Christ. (1 Cor 15:57)

#### Gospel:

"A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks." (Lk 6:45)

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## Live The Liturgy Inspiration of the Week

Remove the beam from your own eye, Jesus reminds us, before removing the splinter from your brother's. This doesn't mean we should not help each other to be holy. But holiness must come from within. If we don't have it, we can't share it. Are we looking hard enough at our own souls?

## Observances for the week of March 2, 2025

**Sunday:** 8th Sunday in Ordinary Time **Monday:** St. Katharine Drexel, Virgin

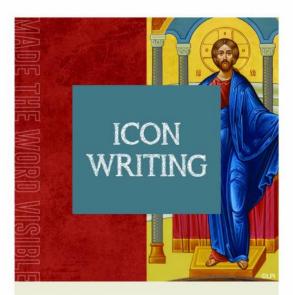
Tuesday: St. Casimir

Wednesday: Ash Wednesday

Friday: Sts. Perpetua and Felicity, Martyrs

Saturday: St. John of God, Religious

Next Sunday: 1st Sunday of Lent; Daylight Saving Time begins



#### Devotions, Explained!

Though an icon depicts an image, it's much more than a religious picture. An icon is visual theology. It expresses the same truths written in the Gospel, but through an artistic medium, mirroring how Christ's incarnation made the Word visible to man in the flesh.

#### Prayer for Interior Life

Dear Jesus,

Fill my heart so full of

goodness that it produces your

goodness.

Let my thoughts, words, and

actions reflect you.

Amen.

©LPi SUNDAY, MARCH 2, 2025 | 8TH SUNDAY IN ORDINARY TIME

#### Worship & Meditation

## Readings for the week of March 2, 2025

#### Sunday:

Sir 27:4-7/Ps 92:2-3, 13-14, 15-16 (see 2a)/ 1 Cor 15:54-58/Lk 6:39-45

#### Monday:

Sir 17:20-24/Ps 32:1-2, 5, 6, 7/Mk 10:17-27

#### Tuesday:

Sir 35:1-12/Ps 50:5-6, 7-8, 14 and 23/ Mk 10:28-31

#### Wednesday:

JI 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17/2 Cor 5:20-6:2/Mt 6:1-6, 16-18

#### Thursday:

Dt 30:15-20/Ps 1:1-2, 3, 4 and 6/ Lk 9:22-25

#### Friday:

Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19/ Mt 9:14-15

#### Saturday:

Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32

#### **Next Sunday:**

Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 (see 5b)/Rom 10:8-13/Lk 4:1-13



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#### **Gospel Meditation**

#### **Encourage Deeper Understanding of Scripture**

One of the things that older pastors and younger priests occasionally quarrel about is the proper balance between work and prayer. I know one pastor who complains that his younger associate ignores the people and the parish because he wants to spend more time in prayer. And the young priest complains that the pastor gives him too much work to do and no time to pray. The Lord's words this Sunday speak into this tension with an image that can help us find a proper balance between life and prayer.

Jesus says, "For every tree is known by its fruit. For people do not pick figs from thorn bushes, nor do they gather grapes from brambles" (Luke 6:44). When we are deeply rooted and cultivating our relationship with Jesus, we are going to bear the fruit of that love in our lives. No fruit, no good prayer. How do we know that we are praying well? We are experiencing concrete fruits of love for others in our lives.

Someone who prays well will, sooner or later, burst forth the "figs" and "grapes" of acts of love. But without concrete commitment to deeds of selfless service to others, our prayer time is as useless as thorn bushes and brambles. Let's recommit ourselves to be men and women of prayer and service. And hopefully the pastors will help their associates to pray and serve fruitfully...with minimal quarreling.

- Father John Muir

SUNDAY, MARCH 2, 2025 | 8TH SUNDAY IN ORDINARY TIME

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"If you want to go fast, go alone. If you want to go far, go together." -African Proverb

Book Drive: Many thanks to everyone who supported to this month's book drive for over 315 children of our supported families for Easter. Combining last weekend's Mass donations, the School's, and a generous donation from the Leisure World Library, over 650 books were collected! \$180 was donated from which books missing by age range will be purchased.

March 19 6:30 PM Committee Meeting: Join us in the Parish Life Center as we prepare to support 108 families from our Easter Food and Book Distribution. Share your insights to improve our ministry!

<u>Opportunities</u>: food driver delivery- deliver food from food drives, purchase additional from cash donations. For these and many other opportunities to serve, call Tim Clark, 562-431-4385.

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The next weekend in Los Angeles

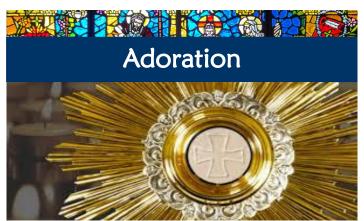
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Matthew Kelly calls
"The Classroom of Silence,"
and respond to Jesus' call: "Could you not watch with me one hour?" (Matthew 26:40).

Deacon Tom & Pat Halliwell will lead Eucharistic Adoration this **Friday March**, **7th** at 8:00 am.



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GREGORY BOYLE

Our next Book Club meeting is Wednesday, May 14th at 7pm on Zoom

Cherished Belonging: The Healing Power of Love in Divided Times by Gregory Boyle

"In a world increasingly marked by division and discord, beloved Jesuit priest Gregory Boyle offers a transformative vision of community and compassion." Cherished Belonging: The Healing Power of Love in Divided Times: Boyle, Gregory: 9781668061855: Amazon.com: Books

All are welcome. For more info, email agoodlife@msn.com

## Senior Group



Our next get together will be at the El Dorado Restaurant on Monday, March 10th at 9:30 am.

Please join us for a nice time catching up with old friends and meeting new friends. When you arrive, tell the server that you are with St. Joseph and he/she will direct you to the area we are gathering in. Everyone will order and pay for his/her own breakfast. We look forward to seeing you there. For future reference, we meet there on the 2nd Monday of every month, at the same time. Looking forward to seeing you!

## Welcome Christ Renews His Parish

Please pray for our Women's Welcome Christ Renews His Parish retreat that is happening this weekend. everything go smoothly and may everyone involved be blessed with energy, wisdom, grace, and joyful spirits. May the women attending the retreat feel the power of the Holy Spirit and experience renewal through Christ feel stronger and connection with one another and with St. Joseph Parish.



If you think you can't survive grieving, and Your dreams feel shattered, consider joining
Our support group:

Tuesday 9:30 -11:30 a.m. each week
Contact May Pace,
Bereavement Minister, maypace@gmail.com
Or 562/833-6370
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Talk to your children about photo sharing With a cell phone, a photo can be snapped anywhere - out on a walk, in the classroom, even in the locker room or a bathroom. So, it is important to talk to your children about when it is appropriate and when it is not to use a camera and how they should think about sharing images they take. Any image they send is shared permanently, and they cannot get those images back. If someone asks your child for an inappropriate photo, he or she should notify a trusted adult immediately. For more information, read the VIRTUS® article "5 Keys to Monitoring Kids Online Activity" at virtusonline.org/virtus/free



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## St. Joseph TAF Families

"Together as Faith Families"







Each month, our students gather in their TAF Families to reflect on important religious holidays and explore ways to live as Disciples of Christ.

For February, our students learned about St. Valentine and the spirit of love and gratitude. As a way to put their faith into action, they wrote heartfelt appreciation cards to those who support our school every day. Through these small but meaningful gestures, our students continue to grow in faith, kindness, and service.



6200 E. Willow St.Long Beach, CA 90815 (562) 596-6115

## Our Parish

#### PASTOR: MSGR. KEVIN KOSTELNIK

stjoseph@stjosephlb.org

Deacon Shane Cuda
Deacon Tom Halliwell

**Sr. Eva** (Adult Faith Formation Director)

sfcuda@yahoo.com dcntom@stjosephlb.org ion Director) sreva@stjosephlb.org

Office Manager
Office Assistant
Pastoral Council
Finance Council
Safeguard The Children
Parish Bulletin Editor
Website Coordinator

Brenda Pineda
Joyce Castaneda
Shelley Padilla
George Zuluaga
Parish Office
Brenda Pineda

(562) 594-4657 (562) 594-4657 (562) 594-4657 Zuluaga@aol.com (562) 594-4657 bulletin@stjosephlb.org

msanty@verizon.net

#### St. Joseph School: Margaret Alvarez, Principal

(562) 596-6115 <u>siknights.net</u> Fax: (562) 596-6725
Assistant Principal: Madison Alba

Mike Santy

#### Religious Education: Marc Leon, DRE

(562) 598-0519 marc@stjosephlb.org

Children's Formation (1st-8th Grade)
Administrative Assistant:
High School Ministry & Confirmation:
OCIA:
Sr. Eva

michelle@stjosephlb.org
Michelle Johnson
Liz Moreno
sreva@stjosephlb.org

#### Parish Ministries & Organizations

Baptism Preparation Brenda Pineda (562) 594-4657 (562) 594-4657 Director of Music Vivian Doughty **Eucharistic Ministry** Tonet Risko riskotonet@yahoo.com Steve Koppenheffer lectorsstjosephlb@gmail.com Lectors Meditation Frank Mckown (310) 633-1744 Virginia Young estherministry1@gmail.com **Esther Ministry** Deborah Rollinger Hospitality Ministry (562) 594-4657 Movement For A Better World Tim Clark (562) 431-4385 Senior Group Marilyn North (562) 519-0154 Knights Of Columbus (702) 401-5247 Marty Vezzetti **Engaged Encounter** Paciano & Molly Diaz Ktmr@Sbcglobal.Net Natural Family Planning Greg & Beth Gath (562) 377-5877 Precious Life Shelter Cynthia San Jose csanjoselaw@aol.com **Boy Scouts** Jeff Baer (562) 537-6722 (562) 493-2198 Sacristans Joe Dang Homebound Ministry Patty Brunter pjbstampin@aol.com Bereavement Ministry May Pace (562) 833-6370 Tom & Marie Newton Cursillo tjn8343@gmail.com Parish Fair Pete Wroblicky sjspringfair@gmail.com Environment Jessica Gil bpax.g4@gmail.com Monica Wissuchek stjfamilyaltarservers@gmail.com Family Altar Servers Welcome Christ Renews His Parish Diane Ohde stjlbwelcome@gmail.com



#### Mass Schedule

Saturday Vigil 5:00 p.m.

Sunday
Mass on the Grass
Outdoors
8:30 a.m.

Indoor Mass 10:30 a.m.

12:30 p.m.

Daily Mass (M-W) 8:00 a.m.

## Reconciliation

<u>Saturdays</u> 3:45-4:30 p.m. Inside Church

### 

First Fridays

Adoration



March 2, 2025 Page 12



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