

## ST. JOSEPH PARISH

6180 E WILLOW ST. LONG BEACH, CA 90815 | 562.594.4657 | STJOSEPHLB.ORG

SUNDAY, JUNE 2, 2024

# THE MOST HOLY BODY AND BLOOD OF CHRIST



Then he took a cup, gave thanks, and gave it to them, and they all drank from it. He said to them, "This is my blood of the covenant, which will be shed for many. Amen, I say to you, I shall not drink again the fruit of the vine until the day when I drink it new in the kingdom of God." - Mk 14:23-25



# Our Parish

**PASTOR: MSGR. KEVIN KOSTELNIK**

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Book Club

Mary Anne Silvestri

*agoodlife@msn.com*

## Mass Schedule

Saturday Vigil

5:00 p.m.

Sunday

**Mass on the Grass**

**Outdoors**

8:30 a.m.

**Indoor Mass**

10:30 a.m.

12:30 p.m.

Daily Mass (M-W)

8:00 a.m.

## Reconciliation

Saturdays

3:45-4:30 p.m.

**Inside Church**

## Adoration

First Fridays

8:00-9:00 a.m.





## Letter From Our Pastor

Dear Parish Family:

Welcome to the Solemnity of the Most Holy Body and Blood of Christ! For 2,000 years faithful Catholics have been responding to the invitation of the Lord to “Take and eat and take and drink”! Just as we accept God’s self-offering by receiving the bread and wine, which becomes the Body and Blood of Christ, we also commit ourselves to the unpredictable ways of carrying out Jesus’ self-giving. When we are in communion with the Lord, then he draws us into communion with one another. We are all part of a covenant and we all become a part of God’s family. This Solemnity invites us to become communion in Christ. It was Saint Irenaeus around 150 A.D. who explained the Eucharist by saying that God became human, so that humans might become God. In other words, we are made in the image of God and imitate God by doing God’s work in proclaiming the kingdom. St. Augustine, 400 years later, proclaimed the same idea about the Eucharist with the words “Be what you see, and receive what you are.” The Eucharist makes us one with God! Just as we expect God to be faithful in the Eucharist, may we go forth filled with God’s life so that we might be faithful to all those who God puts in our path this week.

Congratulations to our Saint Joseph eighth graders who are graduating this Friday. Ever since they started alpha K 10 years ago, we watched them grow in wisdom, age and grace. Congratulations to all our Saint Joe’s graduates, and during the weekend Masses of June 22-23, we’ll offer a special Graduation Blessing upon those graduating from eighth grade, high school and college.

Here are the construction photos of the week:



May we always hunger for the Lord,  
Msgr. Kevin



# Weekly Prayer

## Sunday's Readings

### First Reading:

"This is the blood of the covenant that the LORD has made with you in accordance with all these words of his." (Ex 24:8)

### Psalm:

I will take the cup of salvation, and call on the name of the Lord. (Ps 116)

Or: Alleluia.

### Second Reading:

How much more will the blood of Christ, who through the eternal Spirit offered himself unblemished to God, cleanse our consciences from dead works to worship the living God. (Heb 9:14)

### Gospel:

"Take it; this is my body."

Then he took a cup, gave thanks, and gave it to them, and they all drank from it.

He said to them,

"This is my blood of the covenant, which will be shed for many." (Mk 14:22-24)

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## Live The Liturgy Inspiration of the Week

Jesus is the Passover Lamb come to fulfillment, and his sacrifice washes our hearts in the blood of the new covenant. He is passing us the cup of salvation. Let us take it and call on the name of the Lord.

## Observances for the week of June 2, 2024

- Sunday:** The Most Holy Body and Blood of Christ  
**Monday:** St. Charles Lwanga and Companions, Martyrs  
**Wednesday:** St. Boniface, Bishop and Martyr  
**Thursday:** St. Norbert, Bishop  
**Friday:** The Most Sacred Heart of Jesus  
**Saturday:** The Immaculate Heart of the Blessed Virgin Mary  
**Next Sunday:** 10th Sunday in Ordinary Time



## Saint of the week

Throughout the late 20th century and into recent times, there have been many stories of Chinese Catholic heroism — priests, bishops, and laypeople who have been martyred by anti-Catholic government officials. We remember and honor those who have died for their faith in China.

## Prayer of the True Presence

My Lord and my Love —  
Bread of Life, nourish me.  
Pascal Lamb, restore me.  
Jesus in the Blessed  
Sacrament, consume me as I  
consume you.  
Amen.

# Worship & Meditation

## Readings for the week of June 2, 2024

### Sunday:

Ex 24:3-8/Ps 116:12-13, 15-16, 17-18 (13)/  
Heb 9:11-15/Mk 14:12-16, 22-26

### Monday:

2 Pt 1:2-7/Ps 91:1-2, 14-15b, 15c-16/  
Mk 12:1-12

### Tuesday:

2 Pt 3:12-15a, 17-18/  
Ps 90:2, 3-4, 10, 14 and 16/Mk 12:13-17

### Wednesday:

2 Tm 1:1-3, 6-12/Ps 123:1b-2ab, 2cdef/  
Mk 12:18-27

### Thursday:

2 Tm 2:8-15/Ps 25:4-5ab, 8-9, 10 and 14/  
Mk 12:28-34

### Friday:

Hos 11:1, 3-4, 8c-9/Ps 12:2-3, 4, 5-6 (3)/  
Eph 3:8-12, 14-19/Jn 19:31-37

### Saturday:

2 Tm 4:1-8/1 Sm 2:1, 4-5, 6-7, 8abcd/  
Lk 2:41-51

### Next Sunday:

Gn 3:9-15/Ps 130:1-2, 3-4, 5-6, 7-8  
(7bc)/2 Cor 4:13—5:1/Mk 3:20-35



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

The best way to understand the Eucharist is to recall God's long, careful teaching process beginning in the Old Testament. This week in Exodus 24, we learn the basic pattern. Moses reads the dictates of God's law to the people, who profess their allegiance to it. Then Moses takes representatives of Israel's twelve tribes and splashes the sacrificed blood of animals in two directions: on the altar and on the people. It's clear and serious business: clear, because the participants are entering a blood-bond with God Himself; serious, because the dead animals symbolize the life-and-death stakes at play.

Many centuries later, God uses the experience at Sinai to teach us something new. At the Last Supper, like a new Moses, Jesus proposes to "pour out" blood as a new covenant. It will land on the altar of the cross and the lips of his disciples. They have promised to be obedient to him who is God's law in flesh. This renews and elevates the breath-taking romance God wants with His people, unfolding from Sinai to this Supper. The Body and Blood of Christ is the sacrificial action whereby this covenant is strengthened.

How hopeful that, like us, the Israelites and the apostles repeatedly fail to live up to their promises and discover that the blood of the covenant continually renews and refreshes them. Today the blood of Christ faithfully flows, to unite and renew, moving us forward toward where our great teacher is taking us. This week, we should say a renewed "amen" to God who so carefully teaches us how to be one with Him in this new covenant.

— *Father John Muir*

SUNDAY, JUNE 2, 2024 | THE MOST HOLY BODY AND BLOOD OF CHRIST

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# CALLED TO BE A ...

# **FAITH FORMATION TEACHER?**

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## HAS GOD GIVEN YOU TALENTS?

ANSWER THE CALL! ARE YOU FEELING A TUG ON YOUR HEART TO MAKE A DIFFERENCE IN THE LIVES OF OUR YOUTH? JOIN OUR YOUTH MINISTRY TEAM AND BE PART OF SOMETHING TRULY SPECIAL. WE'RE ON THE LOOKOUT FOR FULLY INITIATED CATHOLICS READY TO EMBRACE THIS REWARDING JOURNEY. NO PRIOR EXPERIENCE NECESSARY – JUST A WILLINGNESS TO LEARN AND A PASSION FOR GUIDING OUR YOUTH TOWARDS FAITH AND GROWTH.



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VOLUNTEER OPPORTUNITIES ABOUND, AND FOR THOSE EAGER TO DIVE DEEPER, CATECHIST TRAINING AWAITS. TOGETHER, LET'S MAKE AN IMPACT THAT LASTS A LIFETIME. JOIN US TODAY AND BE THE CHANGE OUR YOUTH NEEDS!

**ALL IT TAKES IS A COMMITMENT OF THREE HOURS EVERY TWO WEEKS!**

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**CONTACT: LIZ MORENO - (562) 598-0519 EXT 230**  
**YOUTH MINISTER/ CONFIRMATION COORDINATOR**



# VOLUNTEERS NEEDED FOR CHILDREN'S DISMISSAL

## EXCITING NEWS FOR OUR ST. JOSEPH PARISH FAMILY!

STARTING THIS SEPTEMBER, WE ARE THRILLED TO BRING BACK CHILDREN'S DISMISSAL DURING MASS FOR OUR YOUNG PARISHIONERS AGED 5 TO 8 YEARS OLD! THIS SPECIAL TIME WILL ALLOW OUR CHILDREN TO HEAR THE WORD OF GOD IN A WAY THAT'S ENGAGING, FUN, AND EASY TO UNDERSTAND.

WE ARE LOOKING FOR PASSIONATE VOLUNTEERS WHO ARE EAGER TO SHARE THE JOY OF OUR FAITH WITH THE LITTLE ONES. IF YOU HAVE A HEART FOR TEACHING AND LOVE WORKING WITH CHILDREN, WE INVITE YOU TO JOIN OUR TEAM AND MAKE A LASTING IMPACT ON THEIR SPIRITUAL JOURNEY. LET'S COME TOGETHER TO INSPIRE AND NURTURE THE YOUNGEST MEMBERS OF OUR CHURCH COMMUNITY. FOR MORE INFORMATION OR TO VOLUNTEER, PLEASE CONTACT MARC LEON AT [MARC@STJOSEPHLB.ORG](mailto:MARC@STJOSEPHLB.ORG)

THANK YOU FOR YOUR CONTINUED SUPPORT AND DEDICATION!

## When:

**Sundays, 8:30 Mass  
Starting September!**

## ACTIVITIES:

- READING THE WORD OF GOD
- FUN MULTI-MEDIA
- MUSIC & DANCE
- ARTS & CRAFTS

**TO JOIN US!**

**Please contact Marc Leon  
to join our Team!**  
[marc@stjosephlb.org](mailto:marc@stjosephlb.org)





A Special Opportunity for  
our Parish Women and Men



Do you sense that something's missing in your life? Do you feel that if you weren't so busy you would be happier, healthier, more effective, more fulfilled, and maybe even a better person?

Come to the Welcome Christ Renews His Parish retreat weekend! It's an incredible experience that will help you discover what's missing in your life and what to do about it. Whether you want to connect with other people in the parish, improve your prayer life, or just take a break from the craziness of your everyday to have fun, you will find what you are looking for – and more.

**Women's Weekend**  
**September 28<sup>th</sup> and 29<sup>th</sup>, 2024**

**Men's Weekend**  
**October 19<sup>th</sup> and 20<sup>th</sup>, 2024**

To learn more and to sign up, visit <https://stjosephlb.org/welcome-christ-renews/> or scan the QR code.



Hi everyone,

Thank you for all the wonderful prayerful support while I was in Zambia.

Our OCIA (the Initiation of Adults into the Catholic Faith) will be commencing soon. So please be an evangelizer by inviting anyone you think might be interested in hearing about our church and our faith. They could be neighbors or colleagues at work. Just pray and open the conversation: "Have you ever thought of...?" I will be hosting a session in the Parish Life Center. Come and see 9:30am - 11:00am on June 9th.

Peace and Blessings,  
Sr. Eva

The advertisement for 'Help Our Marriage.org' features a central graphic of a wooden cross with a life preserver around its base. The text is arranged around this graphic. At the top, the website name is written in a cursive font. Below it, the logo for 'RETOUVAILLE LOS ANGELES' is displayed. The main text asks if the reader or someone they know needs marriage help and describes the services offered by Retrouvaille. A 'REGISTER NOW' button and a QR code are provided for registration. The bottom section of the ad lists the dates for the next weekend (June 28-30, 2024) and the contact information (phone number and website).

*Help Our Marriage.org*

RETOUVAILLE  
LOS ANGELES

Are you or someone you know in need of marriage help?

**Retrouvaille (retro-vai) may be just what your marriage needs!**

Retrouvaille has helped thousands of couples restore their marriages. It can help improve communication and restore unity and trust between husband and wife.

**REGISTER NOW**

The next weekend is June 28-30, 2024  
909-900-5465  
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## Did You Know?



### How modeling behaviors can help prevent abuse

Adults have a responsibility to provide the young people in their care with examples of responsible adult behavior. Small behaviors like following the rules, listening to the children in your life, wearing your seatbelt, looking both ways before crossing the street — these all teach children that you are a trusted adult and that you can be counted on to do the right thing. For more small things that make a big difference in the life of a child, read the VIRTUS® article “Modeling Healthy Behaviors” at [lacatholics.org/did-you-know/](http://lacatholics.org/did-you-know/).



## In Memoriam

### Earl Glover

Funeral Mass at St Joseph  
Tuesday, June 4th at 10:00 am

### Charles Roehrig

Funeral Mass at St Joseph  
Monday, June 10th at 10:00 am

### Theresa Landers

Funeral Mass at St Joseph  
Tuesday, June 11th at 10:00 am

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.  
May the souls of all the faithful departed,  
through the mercy of God, rest in peace.  
~Amen~



## Seniors Group



### PLEASE NOTE:

Due to extenuating circumstances, the St. Joseph Senior Group breakfast at the El Dorado Golf Course Restaurant on Monday, June 10, has been cancelled. You will receive a phone call regarding this. So, our next get together will be at the El Dorado Restaurant on Monday, July 8 at 9:30. Join us for a nice time catching up with old friends and meeting new friends. When you arrive, tell the server that you are with St. Joseph and he/she will direct you to the area we are gathering in. Everyone will order and pay for his/her own breakfast. We look forward to seeing you there. And for future reference, we will be meeting there the 2nd Monday of every month, at the same time, until the hall is finished.



**We are looking for additional families that would like to be altar servers at all Masses!** Catholic Liturgy is meant to be the Work of the People. Families who attend Mass together are encouraged to serve together in this ministry of service. All families that attend St. Joseph are invited to apply. Families who apply will receive appropriate training in the ministry and will meet with Monsignor Kevin prior to serving. Then they will be added to an Altar Server schedule. We hope that you will join in this special ministry!

**Please email the Altar Server Ministry Coordinator,** Monica Wissuchek, at [stjfamilyaltarservers@gmail.com](mailto:stjfamilyaltarservers@gmail.com) to register for the next training in early February. Monica will work with each family to help meet their individual needs, and to train and schedule them for liturgies throughout the year.





## Movement for a Better World



"I don't know what your destiny will be, but one thing I do know: the only ones among you that will be happy are those who have sought and found how to serve." Albert Schweitzer

**June 4 6:30 PM: Committee Meeting:** Join us in the Parish Life Center. We will decide what activities to promote and organizations to support in our program year beginning July 1.

**June 22-23: Homeless Kit Drive.** Provide daily necessities and hope to people experiencing homelessness.

**Opportunities!** Can you deliver food to Catholic Charities once per month for people experiencing homelessness? Coordinate our Christmas Present Drive? For many fulfilling ways to serve, big and small, call Tim Clark, 562-431-4385.



# JUNE

## MONTH OF THE SACRED HEART OF JESUS



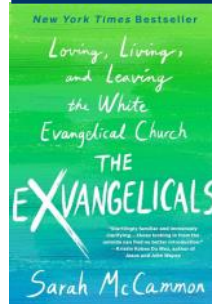
## Adoration



Come and spend an hour with our Lord Jesus Christ in the Blessed Sacrament. Experience what Catholic author Matthew Kelly calls "The Classroom of Silence," and respond to Jesus' call: "Could you not watch with me one hour?" (Matthew 26:40). Deacon Tom & Pat Halliwell will lead Eucharistic Adoration this **Friday June 7th at 8:00 am.**



## Book Club



Our next Book Club meeting is **Wednesday, August 21st at 7pm** on Zoom

**The Exvangelicals** by Sarah McCammon

"Sarah McCammon, a National Political Correspondent for NPR, offers readers an intimate window into the world of American evangelicalism. Filled with humor, insight, and hard-earned wisdom, *The Exvangelicals* is a gift to all who find themselves on a spiritual journey." —Kristin Kobes Du Mez, New York Times bestselling author of *Jesus and John Wayne*"

All are welcome!

For more info, email [agoodlife@msn.com](mailto:agoodlife@msn.com)





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