

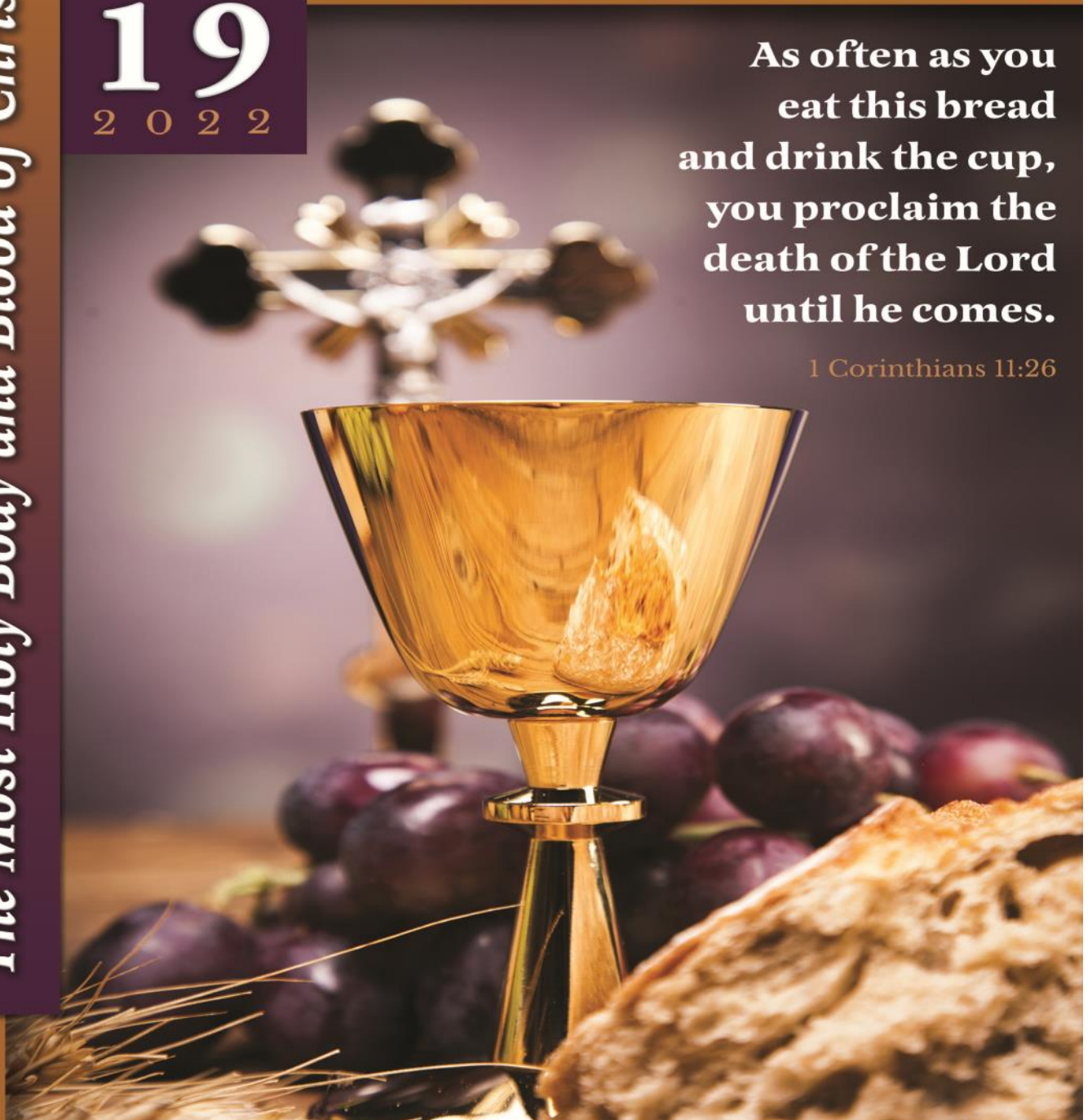
# St. Joseph Parish

*The Most Holy Body and Blood of Christ*

JUNE  
**19**  
2022

**As often as you  
eat this bread  
and drink the cup,  
you proclaim the  
death of the Lord  
until he comes.**

*1 Corinthians 11:26*



6180 E. Willow Street Long Beach, CA 90815

T: (562) 594-4657 F: (562) 431-7424

Office Hours: Monday-Friday 9:00 a.m. to 4:00 p.m. (Closed Noon - 1:00 for lunch)

[stjosephlb.org](http://stjosephlb.org)

# Our Parish

**PASTOR: MSGR. KEVIN KOSTELNIK**

*stjoseph@stjosephlb.org*

**Deacon Shane Cuda**  
**Deacon Tom Halliwell**

*sfcuda@yahoo.com*

*tom.halliwell@la-archdiocese.org*

Office Manager  
Pastoral Council  
Finance Council  
Safeguard The Children  
Parish Bulletin Editor  
Website Coordinator

Brenda Pineda  
Shelley Padilla  
George Zuluaga  
Tony Burgos  
Brenda Pineda  
Mike Santy

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(562) 596-6115

Fax: (562) 596-6725

Assistant Principal:

Office Manager:

**siknights.net**

Madison Alba

Julie Gianessi

**Faith Formation Director: Joe Voigt**

(562) 598-0519

*religioused@stjosephlb.org*

Children's Formation (age3-8th Grade)/CLOW:

Administrative Assistant:

High School Ministry & Confirmation:

RCIA:

Deacon Shane & Olga Cuda

Joe Voigt

Michelle Johnson

Marc Leon

*olga@stjosephlb.org*

## **Parish Ministries & Organizations**

Baptism Preparation	Brenda Pineda	(562) 594-4657
Director of Music	Vivian Doughty	(562) 594-4657
Eucharistic Ministry	Michelle Reyes	<i>emohcschedule@gmail.com</i>
Lectors	Steve Koppenheffer	(714) 299-6644
Meditation	Frank Mckown	(310) 633-1744
Esther Ministry	Virginia Young	<i>estherministry1@gmail.com</i>
Hospitality Ministry	Deborah Rollinger	(562) 594-4657
Movement For A Better World	Tim Clark	(562) 431-4385
Senior Group	Jan Minter	<i>tchrjan@gmail.com</i>
Knights Of Columbus	Marty Vezzetti	(562) 425-0621
Engaged Encounter	Paciano & Molly Diaz	<i>Ktmr@Sbcglobal.Net</i>
Natural Family Planning	Greg & Beth Gath	(562) 377-5877
Project Achieve	Susie Beeghly	<i>susanbeeghly@yahoo.com</i>
Precious Life Shelter	Cynthia San Jose	<i>csanjoselaw@aol.com</i>
Boy Scouts	Gene Wohlgezogan	(562) 857-3880
Sacristans	Joe Dang	(562) 493-2198
Homebound Ministry	Olga Cuda	<i>olga@stjosephlb.org</i>

## **Mass Schedule**

**Saturday**

**5:00 p.m.**

**Indoor Vigil**

**Sunday**

**Mass on the Grass**

**Outdoors**

**8:30 a.m.**

**Indoor Mass**

**10:30 a.m.**

**Indoor Mass**

**12:30 p.m.**

**Daily Mass (M-W)**

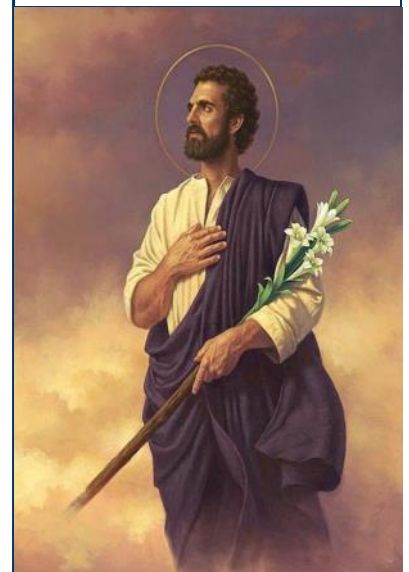
**8:00 a.m. Indoor**

## **Reconciliation**

**Saturdays**

**3:45-4:30 p.m.**

**Inside Church**





## Letter From Our Pastor

Dear Parish Family:



Today, I give thanks to Almighty God and our Lord Jesus Christ for the gift of Priesthood that was bestowed on me on June 19, 1982. Can you find me in the Class Ordination picture above? I'm standing just to the right of Cardinal Timothy Manning, the ordaining Prelate for the Class of 1982!

I offer thanks to all of those who have accompanied me with prayers and support on this amazing journey of forty years. To all the people I've met and served: In my home parish of St. John Vianney in Hacienda Heights, my first assignment at St. John Fisher in Rancho Palos Verdes, my second assignment at St. Andrew's in Pasadena, my residency at St. Vibiana Cathedral, my first Parish as Pastor at the Cathedral of Our Lady of the Angels and to all you, the beloved people of St. Joseph's! I'll say it again, I'm grateful to the Lord and I love being a Priest of Jesus Christ!

Today, as we celebrate the Solemnity of the Body and Blood of Jesus Christ, the Church in the United States commences a three year Eucharistic Revival. At the Archdiocesan level and here at St. Joseph's, we are invited to renew the Church by enkindling a living relationship with the Lord Jesus Christ in the Holy Eucharist. During the next few weeks and months you'll hear more about the activities being planned for this Revival.

Next Sunday, June 26 the newly Ordained Priest and our former intern, Fr. Cesar Carrasco will be here to celebrate Mass for the first time. Fr. Cesar will preside and preach at the 8:30 AM Holy Mass on the Grass. There will be a reception immediately following in the Courtyard. Remember to bring your lawn chair for the Mass. Congratulations Fr. Cesar and your St. Joseph's family is praying for you!!

I'm praying for you and your families!

In Gratitude and Love as a Priest of Jesus,  
Msgr. Kevin

# THE MOST HOLY BODY AND BLOOD OF CHRIST

JUNE 19, 2022

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THEN TAKING THE FIVE LOAVES  
AND THE TWO FISH,  
AND LOOKING UP TO HEAVEN,  
HE SAID THE BLESSING OVER THEM,  
BROKE THEM,  
AND GAVE THEM TO THE DISCIPLES  
TO SET BEFORE THE CROWD. LUKE 9:16

## THE ABUNDANCE OF GOD'S LOVE

The crowd that followed Jesus to the deserted place was fed, body and spirit. Jesus wanted them to know that in his presence they would find care and compassion. He would not let them go hungry. Like Abram who encountered God in the bread and wine offered by Melchizedek, they experienced first-hand the abundance of God's love. These sacred meals prefigured the meal most profound, the supper shared by Jesus and his disciples on the night before he died, the feast in which we share in the Eucharist. Today we celebrate the solemnity of the Most Holy Body and Blood of Christ. On this day, we appreciate anew the great love of Jesus Christ for us and for the world and experience first-hand the presence of Christ in the sacred meal.

### TAKEN, BLESSED, BROKEN, SHARED

We do it so often, we could take it for granted. Yet, the mystery of the Eucharist, our participation in, reception of, and being sent to live as Christ's Body and Blood is a gift beyond measure. In the desert with the crowd and on the night of the Last Supper, Jesus took bread, gave thanks, said a prayer of blessing, broke the bread, and gave it to those who hungered for physical and spiritual nourishment. Scripture scholars and theologians often remind us that we are to repeat Jesus' actions of taking, blessing, breaking, and giving—with our lives, resources, and gifts—so that others may know the love of Christ. As Eucharistic people, we are meant to be changed, to become more like the One whom we receive.

### GIVE THEM SOME FOOD YOURSELVES

Notice that Jesus sent his disciples to give the crowd the food they needed. Jesus could have done this alone. We could say he didn't need the disciples to participate in the feeding of the great crowd. But Jesus did not act alone then, and Christ relies on us now, to feed those who hunger and thirst physically, spiritually, and emotionally. When we grow weary and want nothing more than to satisfy our selfish and self-centered impulses, it is good for us to remember who we are and whose we are. It is crucial that we hear in the depths of our hearts, "Give them some food yourselves," and be ready to do so. On this solemnity of the Most Holy Body and Blood of Christ, let us celebrate Christ's living presence with and for us and recognize our call to share that presence with others.

## TODAY'S READINGS

Genesis 14:18–20  
Psalm 110:1, 2, 3, 4  
1 Corinthians 11:23–26  
Luke 9:11b–17

# Celebrating 40yrs of Priesthood



**Msgr. Kevin Kostelnik**

Ordained June 19, 1982

40th Ordination Anniversary June 19, 2022

*Once in a while, there comes someone very special like you... who not only serves the church and its people faithfully, but who makes of their own life a living testimony of Christ's love. Thank You for your many years of devoted and caring ministry. Happy 40th Anniversary!*



## RCIA - The Rite of Christian Initiation for Adults



For more info, contact Olga  
at [olga@stjosephlb.org](mailto:olga@stjosephlb.org)

**RCIA** is a program for any non-baptized adult interested in becoming a Catholic. It is also for adults baptized in the Catholic faith (or in another Christian faith), who would like to complete the Sacraments of Confirmation and Holy Eucharist.

RCIA begins with a period of Inquiry, where you can find out what the Catholic Church teaches and believes. If you, or anyone you know, would like to find out more please contact Olga Cuda at [olga@stjosephlb.org](mailto:olga@stjosephlb.org)

**Come-and-See what RCIA is all about !**



# Safeguard The Children



## Open lines of communication are critical to child safety

A predator often works within a culture of silence to isolate and abuse children. When parents and other trusted adults fail to see the warning signs of abuse, silence can cause deep harm to young victims. Sometimes, an adult who is willing to simply listen without judgment or disbelief can save a child from abuse. Communication and listening can be lifesaving. For more information, read the VIRTUS® article “Our Kitchen Table: Keeping an Open Dialogue about Sexual Abuse” at [lacatholics.org/did-you-know](http://lacatholics.org/did-you-know).



# Movement for a Better World

“This is how all will know that you are my disciples, if you have love for one another.”  
-Jn 13:35

**Homeless Kit Drive:** Thank you for providing daily necessities to people experiencing homelessness in Long Beach. Your contributions make a difference!

**Home Furnishing Special Needs:** We have an active ministry to provide basic home furnishings to those in need; beds, tables, dressers, refrigerator repairs, immanent loss of utility service, etc. Are you able to help us in this urgent ministry? Please call Tim Clark to learn about many opportunities to serve, (562) 431-4385



Jesus, Body and Blood,  
nourish us by your life.  
May the way we live  
as your Body on earth  
let us participate  
in your feeding the hungry  
of our world.  
May our very bodies  
and our blood bear witness  
to the life you desire  
for all your people. Amen.

Archdiocese of Toronto [www.archtoronto.org](http://www.archtoronto.org)  
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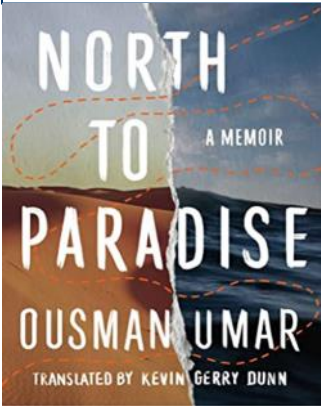
*Little Flower,  
give me your childlike faith,  
to see the Face of God  
in the people and experiences of my life,  
and to love God with full confidence.*

Miraculous Invocation to St. Therese  
[www.littleflower.org](http://www.littleflower.org)





## Book Club



Our next Zoom meeting is Wednesday, July 13th at 7pm. We will discuss: **North to Paradise** by Ousman Umar

The inspiring true story of one man's treacherous boyhood journey from a rural village in Ghana to the streets of Barcelona—and the path that led him home.

All are welcome!

For more info, email [agoodlife@msn.com](mailto:agoodlife@msn.com)



## In Memoriam

Fran Wheeler, a longtime member of St. Joseph parish, died peacefully in her home Monday morning, May 23, 2022, with her family by her side.

She is survived by her husband of 62 years, Joe, son Michael, daughter Michelle Ogawa and her husband Ken, and four loving grandchildren.

Her funeral service will be held on **Wednesday, June 22, at 10:00 am** at St. Joseph Church.



**LA Catholics**  
Eucharistic Revival

# Archdiocesan Eucharistic Congress

Join **Archbishop José H. Gomez** to hear the Gospel of Jesus Christ, pray and worship (English and Spanish)

Mass - Exposition of the Blessed Sacrament - Music

Presentations by Bishop Robert Barron, Noel Díaz, Chris Stefanick, Sr. Miriam James Heidland, SOLT & more

**Saturday, August 13**  
9 a.m. - 5:30 p.m.  
Cathedral of Our Lady of the Angels  
555 W Temple St  
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For more information and to register go to [lacatholics.org/eucharist](http://lacatholics.org/eucharist)  
\*Boxed lunches will be available for purchase when registering.

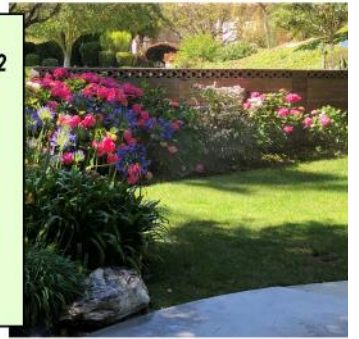


## Try Soul Gardening

6:00 pm Friday, August 12 to  
1:30 pm Sunday, August 14, 2022

### Soul Gardening: Sacrament of the Present Moment

*Rev. Terry Hershey*



People who love the world, who pay attention, are gardeners, whether or not they have ever picked up a trowel ~ because gardening is not just about digging. Gardening is about cherishing ~ and to cherish, one must be present ... Here! Now!

We see that the ordinary is the hiding place for the holy and ...

- ✧ open our heart to the rhythms of "the garden"
- ✧ embrace the demanding marriage of loving and losing
- ✧ cultivate appreciation for ordinary gifts of grace, the value of solitude, and the healing power of nature
- ✧ nurture our soul, and renew our sense of 'life's fullness'.

Gardens are sacred places that can offer healing for mind, body, and soul. Experience our gardens as restorative, inspiring, & life-giving. Participate in outdoor & indoor workshops, exploring "sanctuary" gardens, with personal time for walks, prayer, rocking chairs, and reflection.

Terry Hershey is an author, humorist, inspirational speaker, ordained minister, and smitten by French wine. He divides his time between designing sanctuary gardens & sharing his practice of "pausing" & "sanctuary," to help us do less and live more. Terry's book, *Sanctuary: Creating places for grace in your life*, offers permission to slow down and to be gentle with ourselves. Most days, you can find Terry out in his garden—on Vashon Island in the Puget Sound - because he believes that there is something fundamentally spiritual about dirt under your fingernails.

Cost: per person/shared \$250; single \$350; commuter \$160  
To register call José at (310) 377-4867 ext 250 or email him at [jsalas@maryjoseph.org](mailto:jsalas@maryjoseph.org) or register online at [www.maryjoseph.org](http://www.maryjoseph.org). Please see website for Cancellation Policy.

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