

# ST. JOSEPH PARISH

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SUNDAY, AUGUST 18, 2024



TWENTIETH SUNDAY IN ORDINARY TIME

WHOEVER EATS THIS  
BREAD WILL LIVE  
**FOREVER.**

— JOHN 6:58 —

# Our Parish

**PASTOR: MSGR. KEVIN KOSTELNIK**

*stjoseph@stjosephlb.org*

**Deacon Shane Cuda**

*sfcuda@yahoo.com*

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*tom.halliwell@la-archdiocese.org*

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**siknights.net**

Fax: (562) 596-6725

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Madison Alba

**Religious Education: Marc Leon, DRE**

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*marc@stjosephlb.org*

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Michelle Johnson

High School Ministry & Confirmation:

Liz Moreno

OCIA:

Sr. Eva

*sreva@stjosephlb.org*

## **Parish Ministries & Organizations**

Baptism Preparation

Brenda Pineda

(562) 594-4657

Director of Music

Vivian Doughty

(562) 594-4657

Eucharistic Ministry

Tonet Risko

*riskotonet@yahoo.com*

Lectors

Steve Koppenheffer

(714) 299-6644

Meditation

Frank Mckown

(310) 633-1744

Esther Ministry

Virginia Young

*estherministry1@gmail.com*

Hospitality Ministry

Deborah Rollinger

(562) 594-4657

Movement For A Better World

Tim Clark

(562) 431-4385

Senior Group

Marilyn North

(562) 429-8891

Knights Of Columbus

Marty Vezzetti

(702) 401-5247

Engaged Encounter

Paciano & Molly Diaz

*Ktmr@Sbcglobal.Net*

Natural Family Planning

Greg & Beth Gath

(562) 377-5877

Precious Life Shelter

Cynthia San Jose

*csanjoselaw@aol.com*

Boy Scouts

Jeff Baer

(562) 537-6722

Sacristans

Joe Dang

(562) 493-2198

Homebound Ministry

Patty Brunter

*pjbstampin@aol.com*

Bereavement Ministry

May Pace

(562) 833-6370

Cursillo

Tom & Marie Newton

*tjn8343@gmail.com*

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Environment

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Family Altar Servers

Monica Wissuchek

*stjfamilyaltarservers@gmail.com*

Welcome Christ Renews His Parish

Diane Ohde

*stjlbwelcome@gmail.com*

## **Mass Schedule**

**Saturday Vigil**

**5:00 p.m.**

**Sunday**

**Mass on the Grass**

**Outdoors**

**8:30 a.m.**

**Indoor Mass**

**10:30 a.m.**

**12:30 p.m.**

**Daily Mass (M-W)**

**8:00 a.m.**

## **Reconciliation**

**Saturdays**

**3:45-4:30 p.m.**

**Inside Church**

## **Adoration**

**First Fridays**

**8:00-9:00 a.m.**





## Letter From Our Pastor

Dear Parish Family:

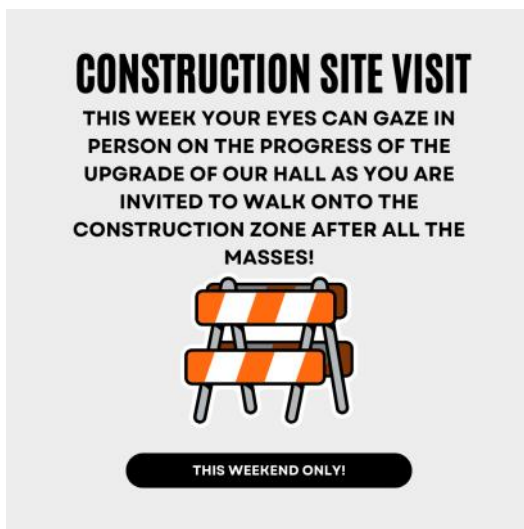
Welcome to the 20<sup>th</sup> Sunday of Ordinary Time!! As we continue Saint John's Bread of Life discourse from chapter 6, we hear that the faithful quarreled among themselves about how Jesus could have come down from heaven, and how the bread is true food. Renew yourself in the power of the Eucharist and the words of Jesus who says that "Whoever eats this bread will live forever"!

Join us next Saturday evening, August 24 on the grass as our youth group will be hosting a worship concert from 7:00 PM to 8:30 PM. The LAT12 music group will be here. Please bring your own lawn chairs and enjoy this worship experience for people of all ages.

After all Masses this weekend, I will open the Construction gate, invite you to walk inside the construction zone and see the progress on the upgrade and renovation of our hall. Please be respectful of all the caution tape, and the areas that are roped off for your safety!

Next Saturday at 10:30 AM I will be conducting another training course for new families who would like to serve at the Holy Altar for St. Joseph's Masses. Please register with Donna at [stjfamilyaltarservers@gmail.com](mailto:stjfamilyaltarservers@gmail.com)

During these weeks the youth of our parish are returning to school. Please pray for all of those returning to college, high school and elementary school. Our own Saint Joseph School will welcome the children back on Monday, August 26. May all our youth grow in wisdom, age and grace.



Blessings during these final weeks of summer,  
Msgr. Kevin

# Weekly Prayer

## Sunday's Readings

### First Reading:

"Come, eat of my food,  
and drink of the wine I have mixed!" (Prv 9:5)

### Psalm:

Taste and see the goodness of the Lord. (Ps 34)

### Second Reading:

Therefore, do not continue in ignorance,  
but try to understand what is the will of the Lord.  
(Eph 5:17)

### Gospel:

"For my flesh is true food,  
and my blood is true drink." (Jn 6:55)

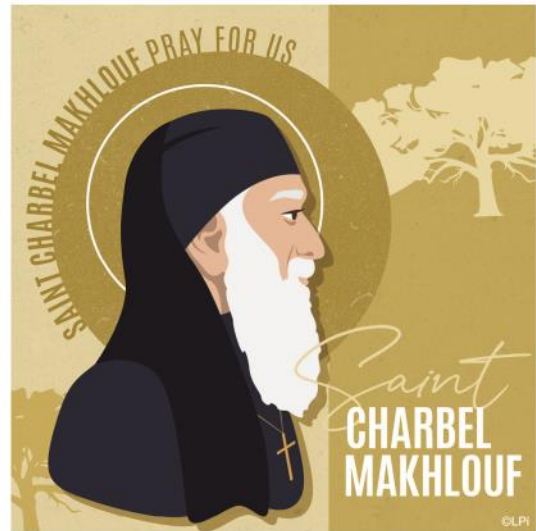
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## Live The Liturgy Inspiration of the Week

Jesus warns us that unless we eat the flesh of the Son of Man and drink his blood, we do not have life within us. The Eucharist is the wellspring of our Christian life, in every place and in every moment. Let us always remember that where there is no Eucharist, there is no life.

## Observances for the week of August 18, 2024

**Sunday:** 20th Sunday in Ordinary Time  
**Monday:** St. John Eudes, Priest  
**Tuesday:** St. Bernard, Abbot and Doctor of the Church  
**Wednesday:** St. Pius X, Pope  
**Thursday:** The Queenship of the Blessed Virgin Mary  
**Friday :** St. Rose of Lima, Virgin  
**Saturday:** St. Bartholomew, Apostle  
**Next Sunday:** 21st Sunday in Ordinary Time



## Saint of the week

St. Charbel Makhlouf (1828-1898) was a Maronite monk and priest who lived much of his life as a hermit. He was renowned for healing, casting out demons, and levitating during prayer. Millions have visited his tomb and sought and received his intercession, even those of other faiths.

## Prayer of Eucharist

Dear Lord,  
May our congregation be more deeply assured of Your love each time we receive Communion.  
May our "Eucharist" make our lives a song of worship and thanks, sung to You.  
May this sacred food nourish us to be bold and brave disciples of You.  
Amen.

# Worship & Meditation

## Readings for the week of August 18, 2024

### Sunday:

Prv 9:1-6/Ps 34:2-3, 10-11, 12-13, 14-15  
(9a)/Eph 5:15-20/Jn 6:51-58

### Monday:

Ez 24:15-23/Dt 32:18-19, 20, 21/  
Mt 19:16-22

### Tuesday:

Ez 28:1-10/Dt 32:26-27ab, 27cd-28, 30,  
35cd-36ab/Mt 19:23-30

### Wednesday:

Ez 34:1-11/Ps 23:1-3a, 3b-4, 5, 6/  
Mt 20:1-16

### Thursday:

Ez 36:23-28/Ps 40:5, 7-8a, 8b-9, 10/  
Mt 22:1-14

### Friday:

Ez 37:1-14/Ps 107:2-3, 4-5, 6-7, 8-9/  
Mt 22:34-40

### Saturday:

Rv 21:9b-14/Ps 145:10-11, 12-13, 17-18/  
Jn 1:45-51

### Next Sunday:

Jos 24:1-2a, 15-17, 18b/Ps 34:2-3, 16-17, 18-  
19, 20-21, 22-23 (9a)/Eph 5:21-32 or 5:2a,  
25-32/Jn 6:60-69



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

A priest I know was asked by a door-to-door evangelist, “Do you believe in Jesus?” He answered, “Yes, I do. But if I may ask you,” he continued, “Where do you experience Jesus’ body and blood?” His interlocutor responded somewhat confusedly, “I don’t. I just believe in him. That’s all that is needed.” Later my priest friend would relate to me, “The more I thought about it, that response struck me as totally inadequate. As human beings, we need to encounter Jesus’ body and blood, not just hear about him and mentally believe. Otherwise, Jesus is just a ghost.”

This week we see this central point as we arrive at the climactic moment of Jesus’ teaching on the Eucharist. Jesus has established the importance of believing in him as the **“bread of life come down from heaven.”** Belief deeply matters because it leads to a real, bodily encounter with Jesus through eating and drinking. That’s why Jesus emphasizes to an almost outrageous degree the non-metaphorical necessity to **“eat my flesh and drink my blood”** (John 6:54). The real presence of Jesus’ body and blood — he himself, truly, really, substantially — has been the Church’s treasure since Holy Thursday. Internal belief in the heart *and* the ritual act of eating and drinking the Eucharist, the Church has stubbornly insisted on *both*, not just one or the other.

This is not meant to criticize non-Catholic Christians who deeply trust and love Jesus, nor is it a triumphal elitist claim about the Catholic Mass. Rather it is a humble, trusting acknowledgement that God in Jesus comes to us in a way most proper to human beings: in our hearts and our bodies, *faith and the Eucharist*.

— Father John Muir

SUNDAY, AUGUST 18, 2024 | 20TH SUNDAY IN ORDINARY TIME

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## St. Joseph Parish MIDDLE SCHOOL FAITH FORMATION NOW ENROLLING

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- YOUTH GROUP
- SUNDAY FUNDAYS
- FUN ACTIVITIES



For information: Liz Moreno- Youth Minister  
(562)598-0519 Ext 230

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## CALLED TO BE A ... FAITH FORMATION TEACHER?

### HAS GOD GIVEN YOU TALENTS?

ANSWER THE CALL! ARE YOU FEELING A TUG ON YOUR HEART TO MAKE A DIFFERENCE IN THE LIVES OF OUR YOUTH? JOIN OUR YOUTH MINISTRY TEAM AND BE PART OF SOMETHING TRULY SPECIAL. WE'RE ON THE LOOKOUT FOR FULLY INITIATED CATHOLICS READY TO EMBRACE THIS REWARDING JOURNEY. NO PRIOR EXPERIENCE NECESSARY – JUST A WILLINGNESS TO LEARN AND A PASSION FOR GUIDING OUR YOUTH TOWARDS FAITH AND GROWTH.



VOLUNTEER OPPORTUNITIES ABOUND, AND FOR THOSE EAGER TO DIVE DEEPER, CATECHIST TRAINING AWAITS. TOGETHER, LET'S MAKE AN IMPACT THAT LASTS A LIFETIME. JOIN US TODAY AND BE THE CHANGE OUR YOUTH NEEDS!  
**ALL IT TAKES IS A COMMITMENT OF THREE HOURS EVERY TWO WEEKS!**

**CONTACT: LIZ MORENO - (562) 598-0519 EXT 230**  
YOUTH MINISTER/ CONFIRMATION COORDINATOR

# O CIA

## Enroll Today!

Join us for a Journey of Spiritual Growth!!!  
Baptism - First Holy Communion - Confirmation



### St. Joseph Parish

Contact: Sr. Eva  
Email: SrEva@stjosephlb.org

(562)598-0519 Ext 214

## ST. ROSE OF LIMA

“  
APART  
FROM THE  
CROSS,  
THERE IS  
NO OTHER  
LADDER  
BY WHICH  
WE MAY GET  
TO HEAVEN.  
”



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*Testimonials From Parishioners  
who have attended  
Welcome Christ Renews His  
Parish at St. Joseph Church*

*“Thank you for offering the Welcome Retreat. It has helped me reconnect to several good men and get to know others; I feel my sense of community has expanded for the better.” Paul Farrell*

*“I had an amazing experience at Christ Renews His Parish. I met incredible women who shared their spiritual stories with me. I feel closer to the Lord and it deepened my faith and relationship with God.”  
Minnie DeVico*

*Come to the Welcome Christ Renews His Parish retreat weekend! It's an incredible experience that will help you discover what's missing in your life and what to do about it.*

*Men's Weekend  
Register Now  
October 19<sup>th</sup> and 20<sup>th</sup>, 2024*

To learn more and to sign up,  
visit our parish website Or  
<https://stjosephlb.org/welcome-christ-renews/>

## Did You Know?



### END HUMAN TRAFFICKING

#### What can you do to end human trafficking?

What do you do if you see a child who appears to be lost in a store? A missing child is everyone's responsibility. Adults who suspect a child may be lost or need help should get involved. Ask the child if he needs help. Keep the child in eyesight and enlist the help of store employees to locate a parent or guardian. Wait with the child until help arrives. Do not leave with or without the child. For more information, visit the [missingchildrensnetwork.org](https://www.missingchildrensnetwork.org).

## St. Joseph Grief Support

### Grief support



If you think you can't survive grieving, and Your dreams feel shattered, consider joining

Our support groups:

**Tuesday 9:30-11:30 a.m.** each week beginning **July 30- October 29**. Contact May Pace, Bereavement Minister, [maypace@gmail.com](mailto:maypace@gmail.com) Or 562/833-6370

OR

**Wednesday 7-8:30 p.m.** each week beginning **July 31<sup>st</sup>**. Register at [www.griefshare.org/groups/241498](https://www.griefshare.org/groups/241498). Contact Liz Ferletic-Frith at [elizfrith@gmail.com](mailto:elizfrith@gmail.com) or 714/488-4524

## Women's Silent Retreat



Ladies of the parish! Our annual silent retreat weekend is upon us! Join your sisters in Christ for a refreshing and peaceful weekend at Sacred Heart Retreat House with the Carmelite sisters. The dates are September 13-15, 2024 and spaces fill up quickly. Signing up is easy. Go to [www.sacredheartretreathouse.com](https://www.sacredheartretreathouse.com) to register. Please call Marie Newton at 562-209-1298 or Madeline Majick at 562-596-6219 if you have questions or need assistance.

## Seniors Group



Our next get together will be at the El Dorado Restaurant on Monday, September 9th at 9:30. Join us for a nice time catching up with old friends and meeting new friends. When you arrive, tell the server that you are with St. Joseph and he/she will direct you to the area we are gathering in. Everyone will order and pay for his/her own breakfast. We look forward to seeing you there. And for future reference, we will be meeting there the 2nd Monday of every month, at the same time, until the hall is finished.



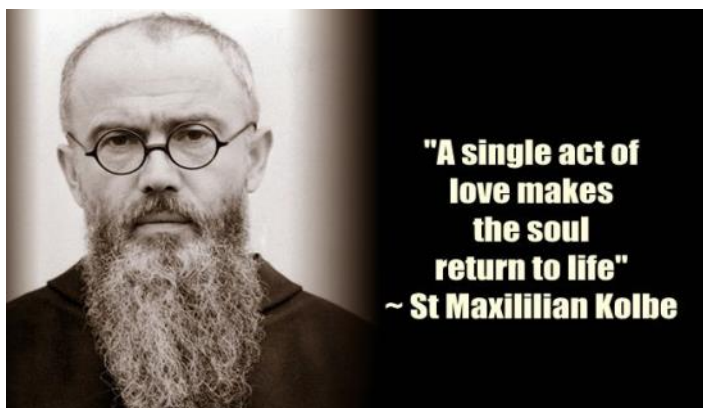
"True power is service. We must serve all people, especially the poor, the weak and the vulnerable." - Pope Francis

**Food from the Heart:** Thank you for your generous support of our Aug 3-4 food drive! We collected over 20 shopping carts of food and \$1,050 in cash donations from which additional food was purchased for Catholic Charities of Long Beach.

**Sept 21-22, Feed-a-Baby Food Drive:** We will collect non-perishable baby food and products for Catholic Charities, Elizabeth Ann Seton Residence, and New Life Beginnings of Long Beach.

**Coordinators Needed:** *Helpers are available!*

- Christmas Present Drive
  - City of Long Beach, Multi-Services Center. Monitor support opportunities. Coordinate monthly, Coffee in the Park at the facility.
  - Food Buyer, Holiday Food Distributions
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