



# Our Parish

## PASTOR: MSGR. KEVIN KOSTELNIK

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Administrative Assistant:

Michelle Johnson

High School Ministry & Confirmation:

Marc Leon

RCIA, Bible Study, Adult Confirmation:

Sister Eva

## Parish Ministries & Organizations

Baptism Preparation

Olga Cuda

(562) 594-4657

Director of Music

Vivian Doughty

(562) 594-4657

Eucharistic Ministry

Tom Shaheen

(562) 429-5999

Lectors

Steve Koppenheffer

(714) 299-6644

Bereavement Ministry

Sister Eva

(562) 594-4657

Meditation

Frank Mckown

(310) 633-1744

Esther Ministry

Virginia Young [estherministry1@gmail.com](mailto:estherministry1@gmail.com)

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Olga Cuda

(562) 594-4657

Hospitality Ministry

Deborah Rollinger

(562) 596-5711

Movement For A Better World

Tim Clark

(562) 431-4385

Senior Group

Marilyn North

(562) 429-8891

Knights Of Columbus

Ron Steiner

(562) 431-7703

Engaged Encounter

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Natural Family Planning

Greg & Beth Gath

(562) 377-5877

Project Achieve

Tina Gath

(562) 598-5202

Precious Life Shelter

Cynthia San Jose

(562) 884-9589

Cub Scouts

Brian Erdman

(310) 984-4900

Boy Scouts

Brian Moskovitz

(562) 506-7817

Parish Fair

Conny Frost

[sjparishfair@gmail.com](mailto:sjparishfair@gmail.com)

## Mass Schedule

### Saturday

5:00 p.m. Vigil

### Sunday

7:30am, 9:00am,  
10:30 am & 12:30 pm

### Holy Days

**Vigil Mass:** 7:00 pm  
**Holy Day:** 8:00 am &  
7:00 pm

### Daily Mass (M-F)

8:00 am

## Reconciliation

### Saturdays

4:00-4:45pm

## Eucharistic Adoration

**Thursday before the  
first Friday of the  
month from 6-8pm**

## OLPH Devotion

**Every Wednesday  
after 8:00 am Mass**

### Bulletin Notices Deadline

Monday 1:00 p.m. Please submit  
your request with your name &  
photo to the parish office to Tricia  
at [bulletin@stjosephlb.org](mailto:bulletin@stjosephlb.org).

# Parish Life

## Welcome



Dear Parish Family:

As we enter into the first full week of Lent, let us pray for one another to be strong in the commitments we have made for Lent. If you fall down in your Lenten sacrifice, rise up, get up and start over! God is always starting over with us!

Please plan to join us at the Parish Fair on April 5, 6 and 7 and thank you for your participation and generous support!

Please mark your Lenten calendars for our annual Lenten Penance Service will be on Tuesday, April 2 at 7:00 PM.

God is good and keep making it A GREAT LENT!

Peace,  
Msgr. Kevin

## Did You Know?

**Trained adults can take steps to prevent suspicion**

The *Protecting God's Children* program is in place to raise awareness about behaviors of adults that may indicate a threat to the safety of children and young people. Through this program, trained adults learn how to prevent abuse from happening, in part by taking steps to eliminate suspicious behaviors, such as being alone with a young person.

Creating a culture of openness and transparency goes a long way towards alleviating concerns of inappropriate behavior by adults, and helps children feel safe in their environment. For a full copy of the VIRTUS® article "Applying Principles of the Protecting God's Children Program," visit <http://www.la-archdiocese.org/org/protecting/Pages/VIRTUS-Current-Online-Articles.aspx>.

## Readings for the Week

**Monday:** Lv 19:1-2, 11-18; Ps 19:8-10, 15;  
Mt 25:31-46

**Tuesday:** Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15

**Wednesday:** Jon 3:1-10; Ps 51:3-4, 12-13, 18-19;  
Lk 11:29-32

**Thursday:** Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8;  
Mt 7:7-12

**Friday:** 1 Pt 5:1-4; Ps 23:1-3a, 4-6; Mt 16:13-19

**Saturday:** Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48

**Sunday:** Gn 15:5-12, 17-18; Ps 27:1, 7-9, 13-14;  
Phil 3:17 — 4:1 [3:20 — 4:1]; Lk 9:28b-36

## Celebration of Life

You are invited to the Funeral Mass for  
**Celeste Khonen, Tuesday, March 12 at 10:30 a.m.**  
A reception will follow immediately afterwards in  
our Hall. All are welcome.

Please keep Celeste and her family in your prayers.

## Question of the Week

**Adults:** How willing are you to profess your faith in Jesus Christ openly to others?

**Children:** Would you still be able to say that you believe in Jesus if others made fun of you for it?

## Faith Direct

**Faith Direct~** Thank you, for being a part of our St. Joseph family! Consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot.

Visit [www.faithdirect.net](http://www.faithdirect.net) and use our church code: **CA717** Thank you for your continued support of our parish family! God Bless You! Msgr. Kevin

# Liturgy, Worship & Prayer

## Mass Intentions

|                  |                            |
|------------------|----------------------------|
| <b>SATURDAY</b>  | <b>March 9</b>             |
| 5:00 p.m. -      | † Parishioners             |
| <b>SUNDAY</b>    | <b>March 10</b>            |
| 7:30 a.m. -      | † Christina Salcedo        |
| 9:00 a.m. -      | † Robert & Julianne Uehlin |
| 10:30 a.m. -     | † Anne Armstrong           |
| 12:30 p.m. -     | † Juan Escandon Sr.        |
| <b>MONDAY</b>    | <b>March 11</b>            |
| 8:00 a.m. -      | † Johnnie McTee            |
| <b>TUESDAY</b>   | <b>March 12</b>            |
| 8:00 a.m. -      | Parishioners               |
| <b>WEDNESDAY</b> | <b>March 13</b>            |
| 8:00 a.m. -      | † Mary Lou Clark           |
| <b>THURSDAY</b>  | <b>March 14</b>            |
| 8:00 a.m. -      | † Hilda Dizon              |
| <b>FRIDAY</b>    | <b>March 15</b>            |
| 8:00 a.m. -      | Linda Mangio               |
| 6:40 p.m. -      | Adoration/Stations         |
| <b>SATURDAY</b>  | <b>March 16</b>            |
| 5:00 p.m. -      | † Josephine Rosser         |
| <b>SUNDAY</b>    | <b>March 17</b>            |
| 7:30 a.m. -      | † Robert Allgaier          |
| 9:00 a.m. -      | † Hilda Dizon              |
| 10:30 a.m. -     | Parishioners               |
| 12:30 p.m. -     | † Juan Escandon Jr.        |

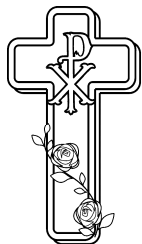
†-Prayers for the Deceased



### Pray for the Deceased

Celeste Khonen  
Irene Escandon  
Hilda Dizon

*May They Rest In Eternal Peace*



## Lenten Observance

### Abstinence and Fasting

Abstinence from eating meat is to be observed on all Fridays during Lent. This applies to all persons 14 and older. The law of fasting on Ash Wednesday and Good Friday applies to all persons 18 or older and younger than 59.

Fasting means that one full meatless meal per day may be eaten. Two other meatless meals may be taken sufficient to maintain strength, but together they should not equal a full meal. Liquids, including milk and fruit juice, may be taken between meals. If health or ability to work are affected, fasting does not oblige.

Private, self-imposed observance of fasting on Lenten weekdays is strongly recommended. Pastors and parents should ensure that children who are not bound by the laws of fast and abstinence are taught an authentic sense of penance, conversion and reconciliation.

### Lenten Observance

Catholics are encouraged to participate in the Eucharistic liturgy and in the sacrament of reconciliation during Lent. Likewise encouraged are devotions such as Stations of the Cross, vigils and prayer services. Traditional practices - including increased prayer, Scripture and spiritual reading, alms, personal self-denial in food and drink, increased care and service to the sick and needy - are also suggested.

## Lord Hear Our Prayers

**Pray For The Sick . . .** Fernando Montoya ~ Tim Ginnett ~ Eileen Bentley ~ Nina Escandon ~ Odete Salvate ~ Marian Steins ~Bernie Voigt ~ Jim & Jean Hodge ~ Patricia Hanson ~ Harry North ~ Gary Hillebrecht ~ Pat Murach ~ Gilbert Martinez ~ Antoinette Hansen ~ Michael Hansen ~ Linda Mangio~ Regina Tyler ~ Betsy Van Culin ~ Mickey Jorda ~ Aurora Moreno ~ Don DeRuyter ~ Anita Beudo ~ Steve Aguilar ~ Mike & Collette Diharce~ Daniel Shields~JoAnne Miya~Mela Larwood~Pat Clark~Helen McRae~Robert Doty and Mark Alchorn

In order to keep our prayer list up dated, submitted names will remain on the list for a limited time. If you would like to resubmit a name please contact Tricia at [bulletin@stjosephlb.org](mailto:bulletin@stjosephlb.org) or Olga at 562-594-4657.

# Faith Formation



During the season of Lent 2019, St. Joseph Parish will offer an adult faith formation series called DIVE-IN Lenten Series. The 2019 Long Beach Series offers 5 seminars connecting faith with real life in areas such as evangelization, communication, faith journey, marriage and family, scripture, prayer life, and current events. Sessions include multi-media presentations and always allow time for your questions.



**Wednesday, March 13, 2019**

**Claire Frazier-Yzaguirre**

### **Freedom from Useless Fears**

"Fear is a normal response to a perceived threat. In this talk, Claire Frazier-Yzaguirre, MFT, M.Div. will focus on learning how to cope with interpersonal fears that interfere with our loving one another and include key spiritual strategies to enjoy the fullness of a life lived free from fear. "If we love one another, God remains in us and his love is brought to perfection in us; perfect love drives out all fear" 1 John 4:12,18"



**Wednesday, March 20, 2019**

**Msgr. Kevin Kostelnik**

### **Darkness to Light: The Signs and Symbols of the Triduum**

During the holiest days of the Liturgical Year, the church celebrates the fullness of Christ's Paschal Mystery. Msgr. Kostelnik will reflect on the signs and symbols of the Triduum, through the practical parish experience of what we see,



**Wednesday, March 27, 2019**

**Sr. Edith Prendergast**

### **Living and Leading with Hope in Seasons of dark and light**

In a world haunted by insecurity, distress and injustice, we are challenged more than ever to nurture the inner music of our lives and ministry. Called to see anew and trust in the wideness of God's love echoing throughout the centuries in the voices and initiatives of wise women and men, we take courage and stretch out to be Hope for a world in need. This session will weave reflection, sharing, poetry, story and more.



**Wednesday, April 3, 2019**

**Sr. Kathy Bryant**

### **Virtues for the 21st Century Holiness**

We live in a time of total unpredictability and accelerated change. How do the emerging issues of our time call for new spirituality? What new virtues do we need to cultivate, (some are old virtues with new names) that will invite us to a



**Wednesday, April 10, 2019**

**Dan Sheen**

### **Finding Happy Ever After**

Come explore how Positive Psychology, Spirituality and our Faith come together to help us find the path to true happiness and ultimately, a life happy ever after.

All sessions are from 7 to 8:30pm in Fr. Martin Hall. Registration is \$5 per class (includes one guest) and can be purchased at the door. For more information check out our website at [www.diveinlb.weebly.com](http://www.diveinlb.weebly.com)

## Children Liturgy of the Word (CLOW)

Children Liturgy of the Word is available to all children from 5 – 11 years.

**3/10/19** - 9am Mass—Team 1

**3/17/19** - 9am Mass—Team 2

**3/24/19** - NO CLOW (RE Congress)

**3/31/19** - 9am Mass—Team 3

## Stations of the Cross

Please join us each Friday during Lent for Adoration at 6:30 p.m. and stay for Stations of the Cross at 7:00 p.m.



## 2019 Dive-IN South Bay

### Are you Ready to Dive-In?

In addition to Dive-In Lenten Series here at St. Josephs, the parishes of Deanery 19 in the San Pedro Region will be offering 16 workshops in the South Bay. The 2019 Dive-In South Bay season will run March 11 to March 21, 2019 at several campuses that span the border of the 105 and 110 Freeways and Pacific Ocean. For More information check out their website at [www.diveinsb.org](http://www.diveinsb.org)

## 2019 RE Congress



It is not too late to register to be part of the biggest Catholic gathering in North America happening March 22-24, 2019 in Anaheim.

Register at [www.RECongress.org](http://www.RECongress.org)

# School & Events

## Parish Fair April 5 - 7, 2019

**\*\*Lenten Fish Fry at the Fair** - Join us April 5th from 5 pm - 9 pm at the Fair for a fish fry. We ask you to please purchase tickets ahead of time so we can have an idea of how much fish to purchase. Although, you can walk up and buy a fish dinner as well.

**\*\*Bingo** - Saturday, April 6th, 4pm-9pm in the Father Martin Hall.

**\*\*Pancake Breakfast returns to the Fair** - Sunday, April 7th, 8am - Noon in Fr. Walter Martin Hall.

**\*\*Volunteers Needed** - can you help with just one 3-hour shift at the Fair? On-line volunteer sign ups to be released March 4. Please help!

**\*\*Sponsorship** -

Online: <https://e.givesmart.com/events/ck/>

**\*\* Ride Tickets**

Online: [www.thefuncarnival.com](http://www.thefuncarnival.com) (Rides only)

Discount Pre-Sale Tickets onsite go on sale March 22/23 after all masses/ before and after school or buy through office now.

**Chairs:** Conny Frost, Lissette Wilhelm and Tony Burgos

**Cell:** Conny: 562-673-4610, Lissette: 562-413 6989, Tony: 562-276-3108

**Parish**

**Address:** 6180 W. Willow St., Long Beach, CA. 90815

**Email:** [sjparishfair@gmail.com](mailto:sjparishfair@gmail.com)

**Please Support Our Major Fair Sponsors:**

- \* Don Gath Insurance
- \* Pam Luckey, Coldwell Banker Coastal Alliance
- \* Mike & Kari Winget
- \* In Memory of Mary Lou Jondle
- \* Jad & Jen Davy

## Book Club

The new selection for our Book Club is “**Life of the Beloved: Spiritual in a Secular World**” by Henri Nouwen.

We will meet for discussion on Wednesday,

**April 17, at 7pm in the PLC.**

**Upcoming book for our July meeting  
Is “Conclave” by Robert Harris.**

## Decathlon



Congratulations to our award winning Junior High Academic Decathlon Team!

14th place out of 100 schools

## St. Joseph Baseball

**Baseball season is here.**

Sign up forms are available in the school front office.

First through Eighth grade players are eligible.

Please call Ray Torres with any questions.

562-400-0606. **League play starts March 16<sup>th</sup>.**

## Cursillo

Do you want to deepen your relationship with Jesus?

Do you want to strengthen your marriage?

**Upcoming Weekends**

**Men's:** April 25 - April 28

**Women's:** May 2 - May 5

For more information and a video about the Cursillo movement visit our Cursillo webpage under **Faith**

**Formation/Adult Faith Formation Ministry at**

[www.stjosephlb.org](http://www.stjosephlb.org)

# Community/Ministries

## St. Joseph Seniors

**Our next meeting will be on Monday  
March 11, 2019**

This will be our Lenten Retreat conducted by Msgr. Kevin Kostelnik. The retreat will be in the Hall from 9:00 am to 12:30 with mass in the church at 11:00. Cost is \$10 which includes a box lunch. **YOU MUST HAVE MADE A RESERVATION.**

For our regular meetings, come and bring your friends to have a fun time at the poker table, tables of Mexican Train, Bridge, Sequence, other fun games, and of course, Bingo. It is a great time to get to know your fellow parishioners and friends from other churches. We have some very nice trips planned and some interesting speakers lined up. We would love to have you join us.

**Just a reminder that meetings are on the 2<sup>nd</sup> and 4<sup>th</sup> Mondays.**

You may still pay your dues of \$10 for 2019.

All regular meetings: 11:30 am to 2:30 pm.

Bring your Brown Bag Lunch.

Drinks & Desert provided.

Free bakery items

Join us for fun and games and fellowship.

**For additional information call:**

**Marilyn North (562)429-8891**

## Movement for a Better World



*"True charity requires courage: let us overcome the fear of getting our hands dirty so as to help those in need." Pope Francis*

**Next Week- Children's Book Drive:** Collecting new and gently used reading books for the children of our supported families for Easter.

**Apr 13 8:30 AM- Easter Food and Book Distribution:** As a parish community, we will support 71 families for Easter. ***Can you help us deliver?*** Please contact Marie Newton (562) 209-1298 or [newton111307@yahoo.com](mailto:newton111307@yahoo.com). *Very meaningful for the whole family!*

**Skip-a-Meal Donations:** Please be especially mindful during our holiday support of Long Beach families in need. For many fulfilling ways to serve,

**Please call Tim Clark (562) 431-4385.**

## Hospitality

**Please Join Us**

**3/10/19: Cursillo**

**3/17/19: Scouts**

**Lost and Found** ~ Lost/Found is in the Foyer of the church. Hospitality team can help direct you.

## Meditation

*Be Still*  
AND KNOW THAT  
I AM GOD...

**Christian Meditation  
Every Tuesday – 7:00PM  
School Library**

## Women's Prayer Group



If your tired of the direction that your life and the world are headed...

Please join us on 3/11 at 7:00 p.m. at the PLC in the Mother Teresa room to pray for change.

Bring your rosary.

## Sick & Homebound

If you or a loved one is homebound and would like to have Holy Communion brought to you or are in need of the Sacrament Anointing of the Sick

Please call Olga at 562-594-4657

*Companion  
to the  
Homebound*