

# St. Joseph Church

JESUS SAID TO SIMON,  
“PUT OUT INTO  
DEEP WATER AND  
LOWER YOUR NETS  
FOR A CATCH.”

Luke 5:4

FEBRUARY 10, 2019



*Fifth Sunday in Ordinary Time*

St. Joseph Parish is a community of believers who uphold the teachings of the Gospel and the traditions of the Roman Catholic Church, foster the formation and enrichment of parishioners in spirituality, worship and education, providing a welcoming environment to all. We live Christian lives by praying together, caring for our diverse community, encouraging and sharing of ourselves in service to others.

6180 E. Willow Street Long Beach, CA 90815

T:(562) 594-4657 F: (562) 431-7424

Office Hours: Monday-Friday 9:00 a.m. to 4:00 p.m. (Closed Noon - 1:00 for lunch)

[www.stjosephlb.org](http://www.stjosephlb.org)

# Our Parish

**PASTOR: MSGR. KEVIN KOSTELNIK**

Pastoral Associate: Sr. Eva Bryan, R.S.C.      sreva@stjosephlb.org  
Deacon Shane Cuda      sfcuda@yahoo.com  
Deacon Don Gath      (562) 598-5202  
Deacon Tom Halliwell      tom.halliwell@la-archdiocese.org

Business Manager      Olga Cuda      (562) 594-4657  
Pastoral Council      Anne Weaver      (562) 594-4657  
Finance Council      Moses Bass      (562) 420-1877  
Safeguard The Children      Tony Burgos      (562) 596-6115  
Parish Bulletin      Tricia Mora      bulletin@stjosephlb.org  
Website Coordinator      Mike Santy      (562) 370-0769  
msanty@verizon.net

**St. Joseph School: Margaret Alvarez, Principal**  
**(562) 596-6115      www.knights.stjosephlb.org**

Assistant Principal:      Sonia Yurak  
Office Manager:      Julie Gianessi

**Faith Formation Director: Joe Voigt**  
**(562) 598-0519      religiouised@stjosephlb.org**

Children's Formation (age3-8th Grade):      Joe Voigt  
Administrative Assistant:      Michelle Johnson  
High School Ministry & Confirmation:      Marc Leon  
RCIA, Bible Study, Adult Confirmation:      Sister Eva

## **Parish Ministries & Organizations**

Baptism Preparation      Olga Cuda      (562) 594-4657  
Director of Music      Vivian Doughty      (562) 594-4657  
Eucharistic Ministry      Tom Shaheen      (562) 429-5999  
Lectors      Steve Koppenheffer      (714) 299-6644  
Bereavement Ministry      Sister Eva      (562) 594-4657  
Meditation      Frank Mckown      (310) 633-1744  
Esther Ministry      Virginia Young      estherministry1@gmail.com

Ministers To The Sick      Olga Cuda      (562) 594-4657  
Hospitality Ministry      Deborah Rollinger      (562) 596-5711  
Movement For A Better World      Tim Clark      (562) 431-4385  
Senior Group      Marilyn North      (562) 429-8891  
Knights Of Columbus      Ron Steiner      (562) 431-7703  
Engaged Encounter      Paciano & Molly Diaz      Ktmr@Sbcglobal.Net  
Natural Family Planning      Greg & Beth Gath      (562) 377-5877  
Project Achieve      Tina Gath      (562) 598-5202  
Precious Life Shelter      Cynthia San Jose      (562) 884-9589  
Cub Scouts      Brian Erdman      (310) 984-4900  
Boy Scouts      Brian Moskovitz      (562) 506-7817  
Parish Fair      Conny Frost      sjparishfair@gmail.com

## Mass Schedule

**Saturday**  
5:00 p.m. Vigil

**Sunday**  
7:30am, 9:00am,  
10:30 am & 12:30 pm

**Holy Days**  
Vigil Mass: 7:00 pm  
Holy Day: 8:00 am  
& 7:00 pm

**Daily Mass (M-F)**  
8:00 am

## Reconciliation

**Saturdays**  
4:00-4:45pm

## Eucharistic Adoration

Thursday before the  
first Friday of the  
month, 6-8:pm

## OLPH Devotion

Every Wednesday  
after 8:00 am Mass

**Bulletin Notices Deadline**  
Monday 1:00 p.m. Please submit  
your request with your name &  
photo to the parish office to Tricia  
at bulletin@stjosephlb.org.

## Welcome



Dear Parish Family:

Today we join all 290 parishes in the Archdiocese of Los Angeles to support the annual Together in Mission Appeal. The funds pledged and collected today will support 65 of our neediest Parish schools and 65 Parishes. This year's theme is "Our Story is Hope." We hope to offer hope today to thousands of parish and school families.

Our goal for St. Joseph's this year is \$78,500. As I mentioned last week in my homily, your amazing generosity and support of the Called to Renew Campaign was overwhelming and if another appeal is overwhelming, just do the best you can! Every gift large or small unites us in solidarity with the poor and our Catholic desire that every School and Parish should have the resources to proclaim the Gospel of Jesus Christ.

Asking God's Blessings upon you and the Together in Mission Appeal.

Gratefully,  
Msgr. Kevin

## Did You Know?

Know when words are warning signs  
Some predators will use comments and conversations to groom potential victims.

Be on guard any time an adult is talking to a child about sex, no matter how they're presenting it (hygiene, reproduction, etc.). Physical flattery can be another red flag — predators sometimes try to make children feel good about themselves by commenting on their physical appearance.

For a copy of the VIRTUS® article "When are Words Warning Signs?" visit <http://www.la-archdiocese.org/org/protecting/Pages/VIRTUS-Current-Online-Articles.aspx>

## Readings for the Week

- Monday:** Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56
- Tuesday:** Gn 1:20 — 2:4a; Ps 8:4-9; Mk 7:1-13
- Wednesday:** Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23
- Thursday:** Gn 2:18-25; Ps 128:1-5; Mk 7:24-30
- Friday:** Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37
- Saturday:** Gn 3:9-24; Ps 90:2-4abc, 5-6, 12-13; Mk 8:1-10
- Sunday:** Jer 17:5-8; Ps 1:1-4, 6; 1 Cor 15:12, 16-20; Lk 6:17, 20-26

## Question of the Week

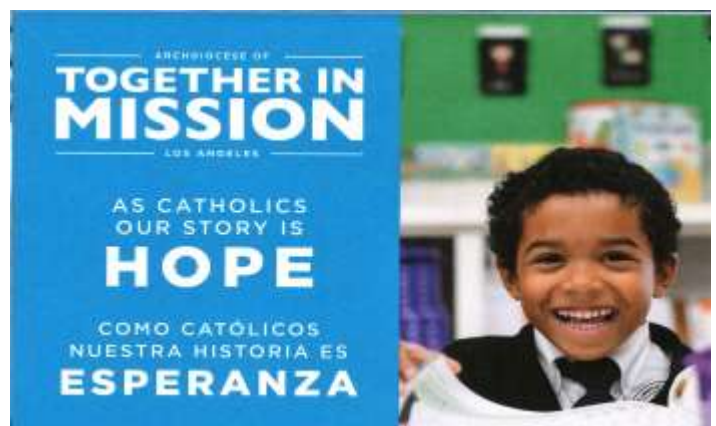
**Adults:** What do you do when a message you are trying to deliver "falls on deaf ears"?

**Children:** Are there times when you have not listened as well as you could to what someone was telling you? Why didn't you?

## Faith Direct

**Faith Direct-** Thank you, for being a part of our St. Joseph family! Consider enrolling in eGiving through Faith Direct so that your gift can reach us even when you cannot.

Visit [www.faithdirect.net](http://www.faithdirect.net) and use our church code: **CA717** Thank you for your continued support of our parish family! God Bless You! Msgr. Kevin





# Liturgy, Worship & Prayer

## Mass Intensions

<b>SATURDAY</b>	<b>February 09</b>
5:00 p.m. -	† Elanor Connell
<b>SUNDAY</b>	<b>February 10</b>
7:30 a.m. -	† Jean Libby
9:00 a.m. -	Joseph Dang & Family
10:30 a.m. -	† Cornelius & Barbara McCullough
12:30 p.m. -	† Joseph Steinhauser
<b>MONDAY</b>	<b>February 11</b>
8:00 a.m. -	† Bert Soto
<b>TUESDAY</b>	<b>February 12</b>
8:00 a.m. -	Parishioners
<b>WEDNESDAY</b>	<b>February 13</b>
8:00 a.m. -	† Seamus Bryan
<b>THURSDAY</b>	<b>February 14</b>
8:00 a.m. -	† Thomas Steiner
<b>FRIDAY</b>	<b>February 15</b>
8:00 a.m. -	† Celia Delgado
<b>SATURDAY</b>	<b>February 16</b>
5:00 p.m. -	† Billie Shellabarger
<b>SUNDAY</b>	<b>February 17</b>
7:30 a.m. -	† Lourdes Peralta
9:00 a.m. -	† Robert & Julianne Vehlin
10:30 a.m. -	† Mary Lou Clark
12:30 p.m. -	† Lisa Davis

## Living the Word

Confronted with God's power and majesty, the first response of the prophet Isaiah was to acknowledge his sinfulness. "Woe is me, I am doomed! For I am a man of unclean lips," he said aloud. Likewise, with his empty fishing nets dramatically filled at Jesus' instruction, Peter fell to his knees and cried out, "Depart from me, Lord, for I am a sinful man."

Next, Peter got up. He docked his boats then left to follow Jesus. Isaiah also had a dramatic change of heart. When he heard the Lord say, "Whom shall I send? Who will go for us?" Isaiah answered, "Here I am, send me."

We are summoned daily by the Risen Lord. We are reminded of the saving power of the gospel and know in our heart of hearts that, as St. Paul wrote, believing in anything else won't lead to anything.

What will it take for you to move past your sinfulness? What will it take for you to get off your knees? What will it take for you to bring to dock what is unimportant and to accept your call to be God's messenger?



## Lord Hear Our Prayers

Pray For The Sick . . . Fernando Montoya ~ Tim Ginnett ~ Eileen Bentley ~ Nina Escandon ~ Odete~Salvate ~ Celeste Kohnen ~ Marian Steins ~Bernie Voigt ~ Jim & Jean Hodge ~ Patricia Hanson ~ Harry North ~ Gary Hillebrecht ~ Pat Murach ~ Gilbert Martinez ~ Antoinette Hansen ~ Michael Hansen ~ Tina Hanson ~ Regina Tyler ~ Betsy Van Culin ~ Mickey Jorda ~ Aurora Moreno ~ Don DeRuyter ~ Anita Beudo ~ Steve Aguilar ~ Mike & Collette Di-harce~ Daniel Shields~JoAnne Miya~Mela Larwood~Pat Clark and Mark Alchorn

In order to keep our prayer list up dated, submitted names will remain on the list for a limited time. If you would like to resubmit a name please contact Tricia at [bulletin@stjosephlb.org](mailto:bulletin@stjosephlb.org) or Olga at 562-594-4657.

## Pray For Military Personnel and Families.

Please continue to pray for the members of our Armed Services, and their families that they may feel God's love, peace, and strength at all times.

## Pray for the Deceased

Pat Wolfe  
Tanner Guillen  
Tom Steele

Ricardo Munda  
David Mosier



*May They Rest In Eternal Peace*

# Faith Formation

**2019 DIVE-IN LONG BEACH FACULTY**

**Freedom from Useless Fears** **Wednesday, March 13, 2019**  
 "Fear is a normal response to a perceived threat. In this talk, Claire Frazier-Yzaguirre, MFT, M.Div. will focus on learning how to cope with interpersonal fears that interfere with our loving one another and include key spiritual strategies to enjoy the fullness of a life lived free from fear. "If we love one another, God remains in us and his love is brought to perfection in us; perfect love drives out all fear" 1 John 4:12,18"

*Claire Frazier-Yzaguirre is a licensed marriage and family therapist, a former ordained minister and chaplain and a joyful convert of many years to the Catholic Church, an author, speaker, wife and mom. She has 30 years of experience in ministry and counseling. She received both her Master's degree from Fuller Theological Seminary School of Theology and her Master's degree from Fuller's School of Psychology in Pasadena, CA. Claire serves as a marriage & family life consultant and speaks each year in 40+ cities to our SoCal churches & conferences throughout our various dioceses & denominations. With her husband, Dr. John Yzaguirre, they are the co-authors of their popular "Thriving Marriages" program & resources. Please visit them at [www.Thrivingfamilies.com](http://www.Thrivingfamilies.com)*



**Darkness to Light: The Signs and Symbols of the Triduum** **Wednesday, March 20, 2019**  
 During the holiest days of the Liturgical Year, the church celebrates the fullness of Christ's Paschal Mystery. Msgr. Kostelnik will reflect on the signs and symbols of the Triduum, through the practical parish experience of what we see, hear, taste touch and smell during these most Sacred Days.

*Msgr. Kevin Kostelnik was ordained in 1982 and served in various parishes and assignments after his ordination. He received a masters degree in Liturgy from the University of Notre Dame in 1992. He was appointed the founding Pastor of the Cathedral of Our Lady of the Angels where he served from 1999-2016. Msgr. Kevin is currently the Pastor of St. Joseph Parish in Long Beach.*



**Living and Leading with Hope in Seasons of dark and light** **Wednesday, March 27, 2019**  
 In a world haunted by insecurity, distress and injustice, we are challenged more than ever to nurture the inner music of our lives and ministry. Called to see anew and trust in the wideness of God's love echoing throughout the centuries in the voices and initiatives of wise women and men, we take courage and stretch out to be Hope for a world in need. This session will weave reflection, sharing, poetry, story and more.

*Sr. Edith Prendergast, a Religious Sister of Charity and former Director of Religious Education and Congress for the Archdiocese. She holds a Master's Degree in Theology from Boston College and a Doctorate in Ministry from Claremont School of Theology. Currently she provides Spiritual Development in Pastoral Ministry including planning, visioning processes, retreats, spiritual direction and leadership formation.*



**Virtues for the 21st Century Holiness** **Wednesday, April 3, 2019**  
 We live in a time of total unpredictability and accelerated change. How do the emerging issues of our time call for new spirituality? What new virtues do we need to cultivate, (some are old virtues with new names) that will invite us to a fresh approach to becoming holy and contributing to the transformation of this universe?

*Sr. Kathleen Bryant is a Religious Sister of Charity. Sr. Kathleen ministers in the field of spirituality as a facilitator, retreat director, spiritual director and workshop presenter. Sr. Kathleen earned a Doctor of Ministry Degree from the Graduate Theological Foundation and a Master Degree in Spirituality from the University of San Francisco. She has authored numerous articles and books and has presented workshops and retreats in Australia, Ireland, Africa, and throughout the United States. Among her passions are being contemplative in a digital world, teaching discernment and prayer, and working for the abolition of human trafficking and slavery.*



**Finding Happy Ever After** **Wednesday, April 10, 2019**  
 Come explore how Positive Psychology, Spirituality and our Faith come together to help us find the path to true happiness and ultimately, a life happy ever after.

*Dan Sheen has B.A. in Theology from the Franciscan University of Steubenville and a M.S. in Marriage and Family Therapy. He has worked to help individuals, couples and families in his private practice and through life skills workshops. Aside from his practice as a psychotherapist, he has been involved in Youth, Young Adult and Parish ministry for almost 3 decades. He is an instructor for the Catherine of Siena Institute and has been a speaker for many different Catholic groups for the last 20 years on a wide range of topics from Catholic apologetics to dealing with depression & anxiety to challenging all to "Live from Your Heart".*



## Children Liturgy of the Word (CLOW)

Children Liturgy of the Word is available to all children from 5 – 11 years.

- 2/10/19 - 9am Mass—Team 3
- 2/17/19 - NO CLOW (President's Weekend)
- 2/24/19 - 9am Mass—Team 4
- 3/03/19 - NO CLOW (Children's Choir)

## RCIA Reunion

Save the Date

Come, Pray, Share and have fellowship with Sr. Eva and the RCIA team on February 11, 2019 at the PLC from 7pm-8:30 pm.

We look forward to meeting each of you from the 2014-2018 classes. If you have any questions please call Sr. Eva at 562-594-4657

## 2019 Adult Confirmation

Are you a Catholic adult who has not celebrated the Sacrament of Confirmation?

Are you seeking to complete your initiation in the Catholic Church?

If you or someone you know said yes to these two questions, St. Joseph is happy to announce that we will be offering an 8 week confirmation program for adults on Monday nights starting March 4, 2019. For more information see the Faith Formation Tab on the parish website.



During the season of Lent 2019, St. Joseph Parish will offer an adult faith formation series called DIVE-IN Lenten Series. The 2019 Long Beach Series offers 5 seminars connecting faith with real life in areas such as evangelization, communication, faith journey, marriage and family, scripture, prayer life, and current events. Sessions include multi-media presentations and always allow time for your questions.

All sessions are from 7 to 8:30pm, and each speaker is encouraged to have a Q & A time. The 2019 season will run on Wednesday nights from March 13 to April 10, 2019 in Fr. Martin Hall at St. Joseph Parish.

Registration: \$5 per class (includes one guest) and can be purchased at the door. For more information check out our website at [www.diveinlb.weebly.com](http://www.diveinlb.weebly.com)



# School & Events



We are called during the 40 days of Lent to pray, fast and give alms. There are many social media pages & apps that can help you and members of your parish pray, fast and give alms right from the palm of the hand that holds your smartphone. Resources will be shared to assist you design a social media plan to help you practice digital discipleship this Lent!

**\*Bring a laptop and we'll provide a blank calendar for you to design your Lenten social media plan. Cost: \$20 (\$25 after 2/15)**

**RSVP: Mary & Joseph Retreat Center:**

5300 Crest Road, Rancho Palos Verdes, 90275  
Call Marlene Velazquez at 310.377.4867 x234 for reservations or more information.

Thank you for your prayers and support during Catholic Schools Week!!!



## Knights of Columbus

### The St. Joseph Parish Blood Drive

Sponsored by the Knights of Columbus, will take place on **Sunday, February 10<sup>th</sup>** from 8:15 AM to 2:15 PM in the Parish Hall.

You can sign up online at [redcrossblood.org](http://redcrossblood.org); Sponsor Code: **JosephLB** For more information contact Knight Tony Diaz at [BstDad2@msn.com](mailto:BstDad2@msn.com).

## ESTHER

Thank you to all those who volunteered and/or attended the Y.E.S.S. event on January 26. It was a very successful event and many of our youth and members of the community had an opportunity to become more aware of some of the aspects of human trafficking both sex and labor.



February 8 was the feast day of St. Josephine Bakhita, who was kidnapped as a child and sold into slavery in Sudan and Italy. She was treated brutally by her captors and she was sold and resold. We recognize her and pray for all the women, men, and children living in slavery all around the world. Email ESTHER Ministry at [estherministry1@gmail.com](mailto:estherministry1@gmail.com) for information on how you can help with our various projects **and events**.

## Book Club

The new selection for our Book Club is **“Life of the Beloved: Spiritual in a Secular World”** by Henri Nouwen. This book is a great guide to an uplifting spiritual life in today's world. We will meet for discussion on Wednesday, **April 17**, at 7pm in the PLC.

Upcoming book for our **July** meeting is **“Conclave”** by Robert Harris.

We look forward to having you with us.

# Community/Ministries

## St. Joseph Seniors

Join Us For Our Next Meeting  
on Monday, February 11, 2019.

Reservations will be taken for our Lenten Retreat with  
Msgr. Kevin which will be on Monday, March 11, at 9:00  
am with Mass at 11:00, followed by lunch.

Come join us for a fun day of games and friendship. We  
will have Mexican Train, Bridge, Sequence, Poker, and  
other games, and of course BINGO.

All regular meetings: 11:30 am to 2:30 pm.  
Bring your Brown Bag Lunch.  
**Drinks & Dessert provided.**  
Free bakery items  
Join us for fun and games and fellowship.

For information call:  
Marilyn North (562)429-8891; cell (562)519-0154

## Hospitality

Please join us  
February 10– Hosted by Cursillo

**Lost and Found** ~ Lost/Found is in the Foyer of the  
church. Hospitality team can help direct you.

## Meditation

*Be Still*  
AND KNOW THAT  
I AM GOD...

Christian Meditation  
Every Tuesday – 7:00PM  
School Library

## Bereavement

If you are needing the comfort of our Bereavement  
Group...please call Sr. Eva at 562-594-4657

Meets every Monday, 2:00-3:30 in the PLC



## Movement for a Better World



*"You are being enriched in every  
way for all generosity, which  
through us produces thanksgiving  
to God."* 2 Cor 9:11.

**Feed-a-Baby Food Drive:** Thank  
you, for your generous support of last weekend's  
drive! We collected 12 thirteen-gallon bags of baby food  
and products and over \$1,200 in cash from which addi-  
tional provisions were purchased. These were donated to  
Catholic Charities and New Life Beginnings of Long  
Beach.

**Feb. 20 7:00 PM Committee Meeting:** Help us support  
and provide hope to our marginalized brothers and sisters  
in the Long Beach area. Share your ideas to help us fulfill  
that mission. Plan and coordinate our Easter food and gift  
book distribution.

**Mar. 16 - Mar. 24 Children's Book Drive:** Collecting new  
and gently used reading books for the children of our 107  
supported families for Easter.

**Special Needs Ministry:** We have an active ministry of  
providing essential living needs (refrigerators, stoves, beds,  
etc.) to families in need. May we add you to our e-mail  
distribution for news about items needed? Can you help  
(time or vehicle) to transfer items to these families?

**Skip-a-Meal Donations:** Please be especially mindful dur-  
ing our holiday support of Long Beach families in need.  
For many fulfilling ways to serve, please call Tim Clark  
(562) 431-4385.

## Sick & Homebound

If you or a loved one is homebound and  
would like to have Holy Communion brought  
to you or are in need of the  
Sacrament Anointing of the Sick

Please call Olga at 562-594-4657

