



From the Pastor's Desk:

God is good at pushing the envelope. Elijah was exhausted and didn't think that he could go on. He lays down, but is awakened and told to eat. He does so, and then lies down again.

But he is awakened once more, only to be told to eat again. And then he sets out on a forty-day journey, impelled by God.

Sometimes we just don't think we're going to make it. The journey, or our daily life, can seem too much for us. We may even feel that God is pushing the envelope with us - testing us to the limits of our endurance.

In the Gospel, Jesus reminds us that he is living bread - different from what we have had before. In our communion with him we find a newfound strength, one that endures to eternal life. We may sometimes feel at the breaking point, but Christ is with us always.

Feast of the Assumption of the Blessed Virgin Mary is on August 15, and is **not** a holy day of obligation. The Eucharist for this day will be celebrated at 9:00 am.

Wordnet Productions presents a Catholic program: **The Power of Love** with Fr. Mike Manning, SVD, televised every Wednesday at **8:30 am** on TBN, Channel 40. **August 12 ~ Special - Man Spirituality** - Fr. Mike delves into the question, is there a unique way for men to contact God "heart to heart"?

READINGS FOR THE WEEK

- Monday: 2 Cor 9:6-10; Jn 12:24-26
- Tuesday: Dt 31:1-8; Mt 18:1-5, 10, 12-14
- Wednesday: Dt 34:1-12; Mt 18:15-20
- Thursday: Jos 3:7-10a, 11, 13-17; Mt 18:21 — 19:1
- Friday: Jos 24:1-13; Mt 19:3-12
- Saturday: Rv 11:19a; 12:1-6a, 10ab; Ps 45; 1 Cor 15:20-27; Lk 1:39-56
- Sunday: Prv 9:1-6; Ps 34; Eph 5:15-20; Jn 6:51-58

19TH ORDINARY SUNDAY
CHRIST, FOOD FOR OUR JOURNEY



From Deacon Don's Desk:

The first of five steps in examining one's conscience in the "Ignatius spiritual exercise" is to recall all those things for which you are thankful. And there is a lot in our Alaskan trip to be thankful for - God's hand is evident everywhere in this

vast country.

In the news of late is Pope Benedict's latest encyclical "Caritas in Veritate" (Charity in Truth). Saturday I came upon an old news clipping (from John Paul II) that I want to share with you: "And so we will stand up every time that human life is threatened. When the sacredness of life before birth is attacked, we will stand up and proclaim that no one ever has the authority to destroy unborn life.

When a child is described as a burden...we will stand up and insist that every child is a unique and unrepeatable gift of God.

When the institution of marriage is abandoned to human selfishness or reduced to a temporary conditional arrangement that can easily be terminated, we will stand up and affirm the indissolubility of the marriage bond."

Our Prayer: Heavenly Father, help us to embrace Your will, give us the strength to follow Your call so that Your truth may live in our hearts and reflect peace to those who believe in Your love. We ask this in Your Son's name. Amen.

Parents, please always accompany your children to the restroom during Mass. This is a safety precaution.

The inside parking lot will be closed until further notice due to the construction of the handicap bathroom.

Small Church Community

Scripture Focus: The theme of "bread from heaven" is developed in many ways in this chapter of John's Gospel. Today's reading opens with the people murmuring. Since he was born in time, since the people knew his father and his mother, Jesus simply could not have come from heaven. Jesus does not meet their objection directly. He raises the discussion to a higher level. To understand him it is necessary to have faith. Only God can give faith. God holds out the gift to all who are open to receive it. Faith is acceptance of Jesus, and this faith in Jesus, eating the living bread, gives eternal life.

Life Focus: Relate an experience when you had a difficult time seeing Christ in someone you know well.
 * Describe a time when you felt empty inside. What helped you through that empty period?
 * Describe a time when you offered help to another and were rejected. How did you feel, and what did you do?
 * How does believing in eternal life affect your daily living?
 * Where does your life need nourishing?
 * Relate an experience when you surprised yourself by doing something you ordinarily would be unable to do.
 * Describe a time when someone fulfilled a hunger or a need in your life.
 * Relate a time when you were misjudged or misinterpreted when you told the truth or did something good.

RELIGIOUS EDUCATION

REGISTRATION SUNDAY: On Sunday, **August 30**, there will be an opportunity to register or re-register for Early Childhood, Elementary & Middle School Programs after the **9:00 am** and **10:30 am Masses** in the Parish Activity Center. For additional information or to receive forms through the mail, please call our office, **598-0519**.

Sacrament Program: Preparation for First Communion and First Reconciliation is a **two-year process** which usually starts at the first grade level. Older children may receive the sacraments through our **RCIA for Children Program** which is also a two-year process.

Early Childhood: Our year runs Sept. - April. Sign up NOW for the 2009-10 school year! Registration forms can be found in the back of the church to the right of the doors as you walk in. Call Shannon, 430-6840, for more info.

Sunday Nursery: The nursery will be closed at 10:30 am Mass every other Sunday. If you are interested in helping in the nursery, please contact Shannon, 430-6840.

An Invitation If you are a non-Catholic who is interested or even curious about the Catholic faith, we cordially invite you to join us in an exposition of the Catholic faith. You will learn all those things about the Catholic Church you wanted to know but were afraid to ask! Our meeting times are flexible. If you are interested, please call Peter Baine, 598-4130.

Jesus is Lord - Bible Fellowship resumes **Sept. 15, 9:00 am** (Tuesdays) and **Sept. 17, 7:00 pm** (Thursdays). "For I know well the plans I have in mind for you says the Lord, plans for your welfare not woe! Plans to give you a future full of hope." Jeremiah 29:11.

Learn Our Father's Plan - Please call Rita Smith to register, 714-761-7643 or 562-533-1243.

Adult Confirmation - Classes begin **Sept. 13** at Our Lady of Refuge and go through December. If you are interested in attending, please contact our religious education department, for requirements & info, 598-0519.

QUESTION OF THE WEEK:

(Based on today's Bible readings)

Adult: What can I do this week to open my heart more fully to Jesus when I receive him in the Eucharist?

Child: What is one thing that nourishes me and how does it help me?

Teen: How can I be more open to Jesus and the ways he can feed me?

Meditation Prayer Group

Fr. Connor and Marie Gemma are the facilitators. Please plan to attend to find out how to become "one with God" and learn how to grow in your spiritual life. We plan to have guest speakers at some of the gatherings. We will meet in the church at 7pm on the 1st and 3rd Tuesdays of the month. We hope to see you on **August 18**.

**St. Joseph Senior Group**

We need new members - age is not an issue.

All are welcome.

August 17 - Regular games & announcements

Bon Voyage - Come Join Us - St. Joseph Seniors are setting sail on Princess Cruise Lines to the beautiful islands of Hawaii, **Nov. 8 - 22**. We will board the Golden Princess in the Long Beach area and return 14 days later to the same port. Our trip will include Honolulu, Hilo, Kauai & Maui. If you have questions, please call Gerry, 420-3220 or Olga, 596-6981.

Future Trips: Save this day, **Friday, 9/25**, for a trip to Getty Villa. More info on this soon; it's going to be great! **Wed. Dec. 9**, Christmas trip. More details & flyers soon. Both trips include lunches and bus driver tip. We need 42 people to make these trips a go. Call Olga 596-6981 or Betty 596-8287.

St. Cecilia's Luncheon will be held Tuesday, Aug. 11. Please join us at noon at the El Dorado Golf Course Restaurant. Questions, please call Ruth, 431-0288.

Retreat Opportunities at Sacred Heart Retreat House Aug. 14-16 - Men's Retreat

Aug. 19-22 - Contemplative Retreat - "Ocean of Mercy"

Aug. 28-30 - Carmelite Spirituality Retreat (men/women)

To make a reservation for any of these retreats, call the Retreat House at 626-289-1353 x 218.

Theology On Tap - If you are a **young adult**, married or single, between the ages of 18-39 you are invited to join us for the 8th annual summer speaker series. Come meet other young adults for fun, networking, and opportunities to discuss and learn about current issues of faith, at St. Dominic Savio Church hall, 13400 Bellflower Blvd., Bellflower, 90706, **7-9:30 pm**. For more info or if you'd like to be part of the team, please contact Bettyrae Reyes, 562-233-8955, or bettyraereyes@yahoo.com. **August 11** - "Money - The Root to All Evil or In God We Trust? Dealing with the Economic Crunch" Guest speaker Fr. Jack Gibson, S.D.B.

Respect Life - Come and pray for respect and love for all life, not only in the womb but outside the womb as well, the **2nd & 4th Mondays** of every month @ **7:30pm** in the Blessed Sacrament Chapel. Thanks for praying.

A prolife clinic in Long Beach has opened up on Willow St. and Long Beach Blvd. with ultrasound machines. Volunteers are welcome and will be trained as needed. Please contact Jennifer Borba for details, 714-836-5447, or jen@birthchoiceclinic.org.

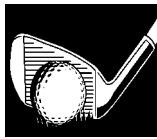


Parish Directory

Our parish community continues to grow and change, and it's high time our Parish Directory catches up! Can you help in a support role? We already have a "lead" team and are well under-way in planning, but we will be need-

ing help at Masses to pass and collect information, check in families at photo sessions and such. Shifts should be short and will be tailored to your availability. Both day and evening help will be needed. Questions? Call Tim and Mary Lou Clark, 431-4385, and *thanks* for your help in building and improving our parish community!!

"Save the Date" - Precious Life Shelter Charity Golf Tournament, September 23. Sponsorship opportunities, contests including putting contest, hole in one opportunity, longest drive (men & women), closest to the pin, and round ball rally! To volunteer, donate or for questions, contact: Deacon Don, 598-5202.



The St. Joseph Parish Council is sponsoring the **Vatican Eucharistic Miracles Photographic Exhibition** in Father Martin Hall **September 18-20**. This exhibit is composed of 120 posters faithfully recounting for us many well documented miraculous occurrences. Knowledge of these miracles strengthens our faith in Christ and His Church. They are visible proof of Jesus Christ's Real Presence in the Holy Eucharist.

Attention St. Joseph Parishioners

We are Hawaii bound setting sail on the Golden Princess **Nov. 8 - 22**. Come join us for fun, sun, beautiful scenery, & of course we offer great company as a bonus. Includes stops at Honolulu, Hilo, Kauai and Maui. Please feel free to call Gerry, 420-3220 or Olga, 596-6981.

Fingerprinting Schedule

The following dates are for the August fingerprinting schedule in the San Pedro Region for those who volunteer with our parish children. Please call for appointment:
Aug. 19 - Holy Trinity, San Pedro, 310-548-6335
Aug. 21 - St. Dominic Savio, Bellflower, 562-920-7796 x247
Aug. 22 - St. Matthias, Huntington Park, 323-588-2134

Did You Know? Take the Child Safety Quiz - Those who care for children face challenges when trying to help keep children safe in today's world. The National Center for Missing and Exploited Children (NCMEC) offers easy-to-use safety resources to help address these challenges. NCMEC's web site offers a range of information that will help keep children safe. The site also features an interactive quiz on child safety designed for both adults and children. To take the quiz, visit the NCMEC website and click on "Child Safety": www.missingkids.com. For particular help, you may call Assistance Ministry, 213-637-7650.

Food From the Heart is coming. Volunteers will pass out the Food Coupons on August 8 - 9 at all Masses. Bring the donated, non-perishable food on August 15 - 16 to the **Rectory Garage** at all Masses. The food will go to **Catholic Charities**. The food items must be "shelf-stable." Call with questions.



Watch this corner for furniture needs of our local families. A couple weeks ago, we had a wheel chair donated and a parishioner called to borrow one. It happens! Let's try the "Pay it Forward" idea. Thanks for all of the donations.

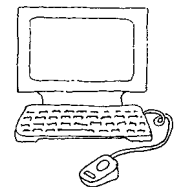
HELP NEEDED: We need a family or group to oversee the Feed-A-Baby collection - only once per year. We help with the planning! Joy is in the giving.

Call about your "Tom's Team" donations and questions. Deacon Tom: 799-0921. Let's Pay It Forward.

YOUR SKIP-A-MEAL BLUE ENVELOPE donations are so appreciated!! Please **make checks to St. Joseph Church, memo: SKIP-A-MEAL**. Thank you for your generosity and all you do and share! John & Jan Minter 430-5839.

The Sisters of Providence of Saint Mary-of-the-Woods, Ind., will host a "Come and See Day" **Aug. 22, 10 am - 3 pm** at Marywood Retreat Center, Orange. Young Catholic women exploring a call to religious life are invited to attend. Lunch provided. No cost.

Sign Up For Email - To receive weekly copy of the bulletin and other timely announcements and newsletters, please join our email list by visiting the St. Joseph website at www.stjosephparishcommunity.com.



Welcome to St. Joseph Parish

Whether you are a long-time resident, newly arrived, or a visitor, we wish you the Peace, Joy and Love of Christ.

Everyone 18 years and older is invited to register and become a member of our parish community. If we can help you in any way, please call us at **562-594-4657**.

Name: _____

Address: _____

Phone #: _____

- I would like to register
- This is a change of address and/or phone
- I am moving out of the parish
- I would like to learn about becoming a Catholic
- I would like information about Religious Education

Please drop in the collection basket or rectory mailbox.

Mass Intentions



- SATURDAY, August 8**
 5:00 PM - Intentions of St. Joseph Parishioners
- SUNDAY, August 9**
 7:30 AM - † John Fay
 9:00 AM - Paul A. Lavoie, living
 10:30 AM - † Faye Welter
 12:30 PM - † Leticia Manriquez
- MONDAY, August 10**
 8:00 AM - † Carol Grecny
- TUESDAY, August 11**
 8:00 AM - † Patricia Falck
- WEDNESDAY, August 12**
 8:00 AM - † Donald Dryer
- THURSDAY, August 13**
 8:00 AM - † Tina Correa
- FRIDAY, August 14**
 8:00 AM - † Dick Kocevar
- SATURDAY, August 15**
 5:00 PM - † Botelho and Salvate families
- SUNDAY, August 16**
 7:30 AM - † Dick Kocevar
 9:00 AM - † Julian Colina
 10:30 AM - † Domingo Fermin
 12:30 PM - Intentions of St. Joseph Parishioners

Please remember in your prayers the men and women of the Armed Forces who are currently serving our country in the Middle East and elsewhere, especially those of our parish families, including:

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|-----------------------|--------------------|
| Glen Warren | Justin Christopher |
| Nick Compton | Joseph Comfort |
| Irene Avila | Scott Williams |
| Justin Ray | Timothy Ring |
| Kenneth Mack McDonald | Adam Mariano |
| Chris Shaw | SSg. Rob Beckwell |
| Vincent Vezzetti | Kimberly Allen |
| Daniel O'Connell | |

We would like to have a framed picture of your loved one serving in the Service to display in the back of the church. Please include a number so we can contact you.
 To add a name to the list, please call the rectory, 594-4657.

PLEASE PRAY FOR . . . Eugene & Marjorie Dryer, Stacey Cormier, Jeanne Sexton, Bert Willis, Mary Mariano, Joy Mann, Richard Parent, Marlene Muccino, Aurel Demian, Daniele Pieters, Josephine Keller, David Dresnick, Conrado Uyan, Skyler Weinberg, Tracey Rossello, Kristen Tuasonand, Alexi, Karl Parize, Elijha Carbonell, Kit Escoto VanWyk, Arin Zack, Msgr. Marc Trudeau, Stormy Leiva, Bobby Rubly, Betty Chappell, Elizabeth Jackson, Justin Ferriese, Virginia Souza, Betty Galaz, Jean Boolish, Patricia Morand, Gayle Buol, Nicole Pisula-Stanton, Rosemary Doran, Marge Hamilton, Michelle Smith, Johnny & Cody LaRiccica, Barbara Hook, Christopher Moore, Merinda Bradshaw, Melody Schatz, Don Wassmuth, Marlana Sargeant, Leslie Day, Logan Pipler, Msgr. Tseu, Tony Schember, Javier Salinas, Tess Keckeisen, Danielle Carmody, Virgil Terry, Seth Davis, Patricia Santy, Patrick Farrell, Louise Turner and Hugo & Mickey Jorda.

LITURGY

DIRECTOR of LITURGY	Fr. William	594-4657
ALTAR CARE	Mary Jelnick	429-2529
EXTRAORDINARY MINISTERS of HOLY COMMUNION	Gene Ensich	421-0147
LECTORS	Bill Smith	431-2495
USHERS	Ron Steiner	431-7703
ALTAR SERVERS	Ann Crowley	594-7575
	annbakercrowley@yahoo.com	
DIRECTOR of MUSIC	Vivian Doughty	422-5430
CHURCH SACRISTANS	Lily & Joe Dang	493-2198

ST. JOSEPH SCHOOL

562-596-6115

PRINCIPAL	Cheryl Hebestreit
VICE-PRINCIPAL	Erin Wright
SECRETARY	Julie Gianessi
PTO PRESIDENT	

RELIGIOUS EDUCATION

562-598-0519

DIRECTOR of RELIGIOUS EDUCATION	Virginia Young
SECRETARY	Veronica Gibb

CHILDREN'S MINISTRY

ELEMENTARY, MIDDLE SCHOOL	Virginia Young	598-0519
CONFIRMATION	Marianna Wescott	598-0519
EARLY CHILDHOOD	Shannon Carpenter	430-6840
LITURGY/CHILDREN	Virginia Young	598-0519
RCIC (Children)	Virginia Young	598-0519
SUNDAY NURSERY	Shannon Carpenter	430-6840
BEREAVEMENT MINISTRY FOR CHILDREN	Mimi Bloeser	597-0785

ADULT MINISTRY

RCIA	Peter Baine	598-4130
BIBLE STUDY	Rita Smith	714-761-4376
BAPTISM PREPARATION	Roman & Julia Escoto	425-4834
	Teri Traucht	
SMALL CHRISTIAN COMMUNITIES	Don & Tina Gath	598-5202

EUCCHARISTIC MINISTERS TO THE SICK

Nancy Miller	429-2546
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PARISH ORGANIZATIONS

PASTORAL COUNCIL	Tim Clark	431-4385
FINANCE COUNCIL	Randall Ely	430-0142
	rely5@verizon.net	
WEBSITE COORDINATOR	Mike Santy	799-0660
	msanty@verizon.net	
	www.stjosephparishcommunity.com	
MOVEMENT FOR A BETTER WORLD	John & Jan Minter	430-5839
BEREAVEMENT MINISTRY	Dave Desmond	429-3316
RESPECT LIFE COUNCIL	Michelle Needham	922-5065
SENIOR GROUP	Betty Maligie	596-8287
TOGETHER IN MISSION	Victoria Higgins	597-6979
KNIGHTS OF COLUMBUS	Ron Steiner	431-7703
ENGAGED ENCOUNTER	Tom & Diane Krause	310-316-4857
	www.ceeofla.org/schedule.htm	
MARRIAGE ENCOUNTER	Tom & Pat Halliwell	799-0921
NATURAL FAMILY PLANNING	Greg & Beth Gath	377-5877
SAFEGUARD THE CHILDREN	Monica Munoz & Julie Gray	598-0519
PROJECT ACHIEVE	Tina Gath	598-5202
	Olga Cuda	594-4657
PRECIOUS LIFE SHELTER	Greg Shea	221-8673
CUB SCOUTS	Tom Neton	429-2030
BOY SCOUTS	Tom Lane	496-4223

BULLETIN NOTICES DEADLINE - MONDAY 1:00 PM
 PLEASE SUBMIT NOTICES IN WRITING WITH NAME & PHONE